



2017 DECEMBER ACTIVITIES CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TT = Trinity Tower KT = King Tower PT = Providence Tower CT = Covenant Tower HT = Hope Tower PeT = Peace Tower HeH = Heritage Hall HaH = Harmony Hall HoH = Horizon Hall BR = Board Room GMCP = Grace Manor Chapel</p> <p><i>Italics</i> = Special Events/Bus Trips <u>Underline</u> = Towers Nursing Office</p>				<p>1 9:15am Choir HaH <i>Morning - Sinterklass</i> 9:45am Bus to Superstore CT Entrance 10:30am Fun & Fitness I HeH 10:30-11:15am CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HeH balcony 4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 6:30pm Games Night HaH</p>	<p>2 9:30am PT Coffee Social PTMR 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH 7pm Week Closing HaH</p>	
<p>3 10am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p>	<p>4 10am Catholic Service HaH 10am PcT Coffee Social HoH 10am Canadian Reformed Bible Study PTMR 2:30pm Bingo HaH 7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>5 9am Growing in Grace PTMR <u>B12 Injections:</u> <u>CT/KT/PeT: 8-9am; 9:30am – 10:30am</u> <u>TT/HT/PT: 1:30-2:15pm</u> 9am-12pm Growing in Grace Bible Study-PTMR 9:45am Coffee Social HaH 10:30am Fun & Fitness I HeH 1pm Bridge KTMR 2pm CT Coffee Social CT Balcony 3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HeH 4:30-5:15pm CCAC Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 7pm GM3 Christmas Program HoH</p>	<p>6 9am Busy Hands TTMR 9:30am – 3:30pm Vendor: <i>Sterling Silver HeH</i> 9:45am Bus to Superstore CT Entrance 10:15am Bus Trip: Mayfield Senior Citizens’ Christmas Social CT Entrance 10:30am Chapel Service HaH 9:30am Heritage Fellowship Bible Study PTMR 2pm Trinity Tower Coffee Social HaH 2pm-4pm Art Expression Group TTMR 4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 7pm Chess PTMR 7pm Men’s Bible Study KT#103 7pm GM2 Christmas Program HoH 7:30pm Entertainment: Rose Orchestra HeH</p>	<p>7 <u>Denturist</u> 9:30am – 3:30pm Vendor: <i>Suzanne M. Jewelry HeH hallway</i> 9:30am – 3:30pm Vendor: <i>Nelly’s Shoes HeH hallway</i> <u>1-4pm Hearing Aid Clinic</u> 3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HoH 4:30-5:15pm CCAC Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 6:45pm HCH Ktee Euchre Club HoH 7pm Prayer Group PTMR 7pm GM1 Christmas Program GM Atrium</p>	<p>8 9:15am Choir HaH 9:45am Bus to Superstore CT Entrance 10:30am Fun & Fitness I HeH 1:30pm Book Club PTMR 10:30-11:15am – CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HeH balcony 4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 6:30pm Games Night HaH balcony 7pm Games Night KTMR</p>	<p>9 9:30am PT Coffee Social PTMR 10am HT Coffee Social HT 10am KT Coffee Social HoH</p>

10

10am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

**11**

10am Catholic Service HaH
 10am PcT Coffee Social HoH
 10am Canadian Reformed Bible Study PTMR
1-3 Chiropractic Clinic
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

12

8:30am Tenant Advisory Committee
 9am Growing in Grace PTMR
 9:30am Bus to Sobeyes
 9:45am Coffee Social HaH
 9am-12pm Growing in Grace Bible Study-PTMR
10:45am Entertainment: Credo Christian School HeH
 1pm Bridge KTMR
 2pm CT Coffee Social CT balcony
 3:30-4:15pm CCAC Exercise & Falls Prevention Class –HoH
 4:30-5:15pm CCAC Exercise & Falls Prevention Class –HeH
7:30pm Entertainment: Te Deum Laudemus Choir HeH

13

9am Busy Hands TTMR
9:30am – 3:30pm Vendor: Noreen’s Creations HeH
 9:45am Bus to Superstore CT Entrance
 10:30am Chapel Service HaH
 9:30am Heritage Fellowship Bible Study PTMR
 1:30pm-3:30pm Cribbage PTMR
 2pm Trinity Tower Coffee Social HaH
 2pm Art Expression Group TTMR
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 7pm Chess PTMR

14

Denturist
 3:30-4:15pm CCAC Exercise & Falls Prevention Class –HoH
 4:30-5:15pm CCAC Exercise & Falls Prevention Class – HeH
 6:45pm HCH KTEE Euchre Club HoH
 7pm Dutch Hymn Sing HaH
 7pm Prayer Group PTMR

15

9:15am Choir HaH
 9:45am Bus to Superstore CT Entrance
9:30am – 3:30pm Vendor: Asiri’s Treasures HoH
 10:30am Fun & Fitness I HeH
 10:30-11:15am CCAC Exercise & Falls Prevention Class – HeH balcony
2pm FM Dessert Social HaH
 4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH
 6:30pm Games Night HaH
 7pm Games Night KTMR

16

9:30am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am KT Coffee Social HoH
 7pm Week Closing HaH

**17**

10am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

**18**

10am Catholic Service HaH
 10am PcT Coffee Social HoH
 10am Canadian Reformed Bible Study PTMR
1-3 Chiropractic Clinic
2:30pm Bingo HaH
 4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

19

9am Growing in Grace PTMR
 9am-12pm Growing in Grace Bible Study-PTMR
 9:45am Coffee Social HaH
 10:30am Fun & Fitness I HeH
12:30am Bus Trip: Christmas Lights Tour CT Entrance
 1pm Bridge KTMR
 2pm CT Coffee Social CT balcony
 3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HoH
 4:30-5:15pm CCAC Exercise & Falls Prevention Class –HeH

20

9am Busy Hands TTMR
9:30am-3:30pm Vendor: Avon HeH
 9:45am Bus to Superstore CT Entrance
 10:30am Chapel Service HaH
 9:30am Heritage Fellowship Bible Study PTMR
1-3pm Mobility Maintenance Clinic
 1:30pm-3:30pm Cribbage PTMR
 2pm Trinity Tower Coffee Social HaH
 2pm Art Expression Group TTMR
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 7pm Chess PTMR
TBD Ride to the Rose: Christmas Carol CT Entrance

21

Denturist
1-4pm Hearing Aid Clinic
2pm Movie Afternoon: Miracle on 34th Street HeH
 3:30-4:15pm CCAC Exercise & Falls Prevention Class – Stretch n’ Strength HoH
 4:30-5:15pm CCAC Exercise & Falls Prevention Class – Stand Strong HeH
 6:45pm HCH KTEE Euchre Club HoH
 7pm Prayer Group PTMR

22

9:45am Bus to Superstore CT Entrance
 10:30am Fun & Fitness I HeH
 10:30-11:15am CCAC Exercise & Falls Prevention Class –HeH balcony
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 6:30pm Games Night HaH
 7pm Games Night KTMR

23

9:30am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am KT Coffee Social HoH

**24**

10am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

31

10am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

25

MERRY CHRISTMAS

10am Catholic Service HaH
 10am PcT Coffee Social HoH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

**26**

9am Growing in Grace PTMR
 9:45am Coffee Social HaH
 9am-12pm Growing in Grace Bible Study-PTMR
 1pm Bridge KTMR
 2pm CT Coffee Social CT balcony

27

9am Busy Hands TTMR
 9:45am Bus to Superstore CT Entrance
 10:30am Chapel Service HaH
 9:30am Heritage Fellowship Bible Study PTMR
 1:30pm-3:30pm Cribbage PTMR
 2pm Trinity Tower Coffee Social HaH
 2pm Art Expression Group TTMR
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 7pm Chess PTMR

28

Denturist
 3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HoH
 4:30-5:15pm CCAC Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH
 6:45pm HCH KTEE Euchre Club HoH
 7pm Prayer Group PTMR

29

9:45am Bus to Superstore CT Entrance
 10:30am Fun & Fitness I HeH
 10:30-11:15am CCAC Exercise & Falls Prevention Class –HeH balcony
 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH
 6:30pm Games Night HaH
 7pm Games Night KTMR

**30**

9:30am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am KT Coffee Social HoH

