




2018 DECEMBER ACTIVITIES CALENDAR

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|--|---|---|
|  | | | | <p>TT = Trinity Tower KT = KT PT = Providence Tower CT = Covenant Tower HT = Hope Tower PeT = Peace Tower HeH = Heritage Hall HaH = Harmony Hall HoH = Horizon Hall BR = Board Room GMCP = Grace Manor Chapel</p> <p><i>Italics = Special Events/Bus Trips</i> <u>Underline = Towers Nursing Office</u></p> | | <p>1 9:00am PT Coffee Social PTMR</p> <p><i>10am Entertainment: St. Jerome's Parish Caroling CT Snack Bar</i></p> <p>10am HT Coffee Social HT</p> <p>10am-11:30am KT Coffee Social HoH</p> <p>7pm Week Closing HaH</p> |
| <p>2 10am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p>  | <p>3 10am Catholic Service HaH 10am PcT Coffee Social HoH 10am Canadian Reformed Bible Study PTMR</p> <p><i>10am-3:30pm Vendor: Nelly's Shoes HeH</i></p> <p>4-4:45pm CCAC Exercise & Falls Prevention Class –HeH</p> <p>7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p> | <p>4 9:30am Growing in Grace PTMR 9:30am Bus to Sobey's 9:45am Coffee Social HaH 10:30am Fun & Fitness I HeH 1pm Bridge KTMR</p> <p><u>B12 Injections:</u> <u>TT/HT/PT: 1:30 to 2:45 p.m. and</u> <u>CT/KT/PT: 2:45 to 3:45 p.m.</u></p> <p>2pm CT Coffee Social CT Balcony</p> <p>3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH</p> <p>4:30-5:15pm CCAC Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p> <p>7pm Grace Manor 3 Christmas Program HoH</p> <p>7:30pm Entertainment: Chorus of Praise Male Choir HeH</p> | <p>5 9am Busy Hands TTMR</p> <p><i>9:30am-3:30pm Vendor: Sterling Silver HeH</i></p> <p><i>10:15pm Bus Trip: Mayfield Senior Citizens' Christmas Social CT Entrance</i></p> <p>9:45am Bus to Superstore CT Entrance 10-11am KT Bible Study KTMR 9:45am Heritage Fellowship Bible Study PTMR 10:30am Chapel HaH 2pm Trinity Tower Coffee Social HaH 1:30pm Art Expression Group TTMR 4-4:45pm CCAC Exercise & Falls Prevention Class –HeH 7pm Chess PTMR 7pm Men's Bible Study KT 103</p> <p>7pm Grace Manor 2 Christmas Program HoH</p> <p>7:30pm Entertainment: Rose Orchestra HeH</p> | <p>6 <u>Denturist</u></p> <p><i>10:30am Dance Class HeH</i></p> <p><u>1-4pm Hearing Aid Clinic</u></p> <p>3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH</p> <p>4:30-5:15pm CCAC Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p> <p>6:45pm HCH Ktee Euchre Club HoH</p> <p>7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p> <p>7pm Grace Manor 1 Christmas Program Grace Manor Atrium</p> | <p>7 9:15 Soli Deo Gloria HaH</p> <p><i>9:30am-3:30pm Vendor: The Dressing Room for Seniors HoH</i></p> <p>9:45am Bus to Superstore CT Entrance</p> <p>10:30-11:15am – CCAC Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH balcony</p> <p>4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH balcony</p> <p>6:30pm Games Night HaH 7pm Games Night KTMR</p> <p>7pm Faith Manor Christmas Program HeH</p> | <p>8 9:00am PT Coffee Social PTMR 10am HT Coffee Social HT lounge 10am KT Coffee Social HoH</p> <p>7pm Week Closing HaH</p>  |

9

10am English Church Service HeH

2pm Coffee Social HaH

7pm English Service HeH

16

10am English Service HeH

2pm Coffee Social HaH

7pm English Service HeH



23

10am English Service HeH

2pm Coffee Social HaH

7pm English Service HeH

30

10am English Service HeH

2pm Coffee Social HaH

7pm English Service HeH

10

10am Catholic Service HaH
10am PcT Coffee Social HoH

1-3 Chiropractic Clinic

2:30 pm Bingo HaH

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

7pm Klaverjassen HaH

7pm- Prayer Group PTMR

17

10am Catholic Service HaH

10am PcT Coffee Social HoH

10am Canadian Reformed Bible Study PTMR

1-3 Chiropractic Clinic

2:30 pm Bingo HaH

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

7pm Klaverjassen HaH

7pm- Prayer Group PTMR

24

10am Catholic Service HaH

10am PcT Coffee Social HoH

1-3 Chiropractic Clinic

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

7pm Klaverjassen HaH

7pm- Prayer Group PTMR

31

10am Catholic Service HaH

10am PcT Coffee Social HoH

1-3 Chiropractic Clinic

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

7pm Klaverjassen HaH

7pm- Prayer Group PTMR

7pm New Year's Eve Church Service HeH

11

8:30am Tenant Advisory Committee

9:30am-3:30pm Vendor:
Fifth Avenue Collection HeH

9:30am Growing in Grace PTMR

9:45am Coffee Social HaH

10:45am Entertainment: Credo Christian School HeH

1pm Bridge KTMR

2pm CT Coffee Social CT Balcony

3:30-4:15pm CCAC Exercise & Falls Prevention Class HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class HeH

7pm Entertainment: Soli Deo Gloria HeH

18

9:30am Bus to Sobeys

9:45am Coffee Social HaH

10:30am Fun & Fitness I HeH

1pm Bridge KTMR

1-3pm Mobility Maintenance Clinic

2pm CT Coffee Social CT Balcony

3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class HeH

25

10am Christmas Day Church Service HeH

1pm Bridge KTMR

2pm CT Coffee Social CT Balcony

3:30-4:15pm CCAC Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class HeH



12

9am Busy Hands TTMR

9:30am-3:30pm Vendor:
Asiri's Treasures HeH

9:45am Bus to Superstore CT Entrance

10-11am KT Bible Study KTMR

10:30am Chapel HaH

1:30pm Cribbage PTMR

2pm Trinity Tower Coffee Social HaH

1:30pm Art Expression Group TTMR

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

7pm Chess PTMR

7pm Men's Bible Study KT 103

7pm Bid Euchre HoH

19

9am Busy Hands TTMR

9:45am Bus to Superstore CT Entrance

10-11am KT Bible Study KTMR

1:30pm Cribbage PTMR

2pm Trinity Tower Coffee Social HaH

1:30pm Art Expression Group TTMR

4-4:45pm CCAC Exercise & Falls Prevention Class –HoH

7pm Chess PTMR

7pm Bid Euchre HoH

26

9am Busy Hands TTMR

10-11am KT Bible Study KTMR

1:30pm Art Expression Group TTMR

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH balcony

7pm Chess PTMR

7pm Bid Euchre HoH

13

Denturist

12pm Bus Trip: Niagara Falls Christmas Lights Tour CT Entrance

3:30-4:15pm CCAC Exercise & Falls Prevention Class –HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class – HeH

6:45pm HCH KTEE Euchre Club HoH

7pm Dutch Hymn Sing HaH

7pm Prayer Group PTMR

20

Denturist

9:30am-3:30pm Vendor: Andrea's Fashions HeH

10:30am Dance Class HeH

1-4pm Hearing Aid Clinic

3:30-4:15pm CCAC Exercise & Falls Prevention Class – Stretch n' Strength HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class – Stand Strong HoH

6:45pm HCH KTEE Euchre Club HoH

7pm Dutch Hymn Sing HaH

7pm Prayer Group PTMR

27

Denturist

3:30-4:15pm CCAC Exercise & Falls Prevention Class – Stretch n' Strength HoH

4:30-5:15pm CCAC Exercise & Falls Prevention Class – Stand Strong HoH

6:45pm HCH KTEE Euchre Club HoH

7pm Prayer Group PTMR



14

9:15 Soli Deo Gloria HaH

9:45am Bus to Superstore CT Entrance

10:30am Fun & Fitness I HeH

10:30-11:15am CCAC Exercise & Falls Prevention Class – HeH balcony

1:30pm Book Club PTMR

4-4:45pm CCAC Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH

6:30pm Games Night HaH

7pm Games Night KTMR

21

9:15 Soli Deo Gloria HaH

9:45am Bus to Superstore CT Entrance

10:30-11:15am CCAC Exercise & Falls Prevention Class –HeH balcony

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH balcony

6:30pm Games Night HaH

7pm Games Night KTMR

28

9:15 Soli Deo Gloria HaH

9:45am Bus to Superstore CT Entrance

10:30-11:15am CCAC Exercise & Falls Prevention Class –HeH balcony

4-4:45pm CCAC Exercise & Falls Prevention Class –HeH

6:30pm Games Night HaH

7pm Games Night KTMR

15

9:00am PT Coffee Social PTMR

10am HT Coffee Social HT lounge

10am KT Coffee Social HoH

7pm Week Closing HaH

22

9:00am PT Coffee Social PTMR

10am HT Coffee Social HT lounge

29

9:00am PT Coffee Social PTMR

10am HT Coffee Social HT lounge

10am KT Coffee Social HoH



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