
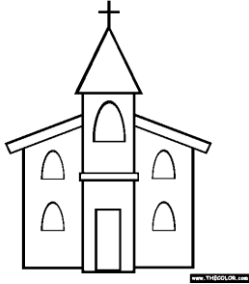
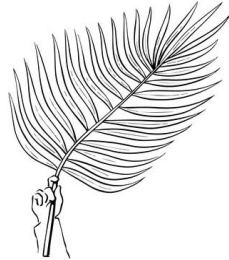


2019 APRIL ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10am Catholic Service HaH 10am PcT Coffee Social HoH 10am Canadian Reformed Bible Study PTMR</p> <p>2pm Bingo HaH</p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>2</p> <p>9:30am-3:30pm Vendor: Noreen's Creations HeH hallway</p> <p>9:30am Growing in Grace PTMR 9:30am Bus to Sobeyes 9:45am Coffee Social HaH 10:30am Fun & Fitness I HeH</p> <p>1pm Bridge KTMR</p> <p><u>B12 Injections:</u> <u>TT/HT/PT: 1:30 to 2:45 p.m. and</u> <u>CT/KT/PT: 2:45 to 3:45 p.m.</u></p> <p>2pm CT Coffee Social CT Balcony</p> <p>3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH</p> <p>4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p> <p>7:30pm Entertainment: Andre Knevel Concert HeH</p>	<p>3</p> <p>9:30am-3:30pm Vendor: The Dressing Room HeH</p> <p>9am Busy Hands TTMR</p> <p>9:45am Bus to Superstore CT Entrance 9:45am Heritage Fellowship Bible Study PTMR</p> <p>10-11am KT Bible Study KTMR 10:30am Chapel HaH</p> <p>1:30pm Art Expression Group TTMR 2pm Trinity Tower Coffee Social HaH</p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Chess PTMR 7pm Men's Bible Study KT 103 7pm Bid Euchre HoH</p>	<p>4</p> <p><u>Denturist</u> 9:30am-3:30pm Vendor: The Chocolate House HeH Hallway</p> <p>10am Line Dancing HaH</p> <p><u>1-4pm Hearing Aid Clinic</u></p> <p>3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH</p> <p>4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p> <p>6:45pm HCH Ktee Euchre Club HoH</p> <p>7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>5</p> <p>9:15 Soli Deo Gloria HaH 9:45am Bus to Superstore CT Entrance</p> <p>10:30am Fun & Fitness I HeH 10:30-11:15am LHIN Exercise & Falls Prevention Class – HeH balcony</p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH</p> <p>6:30pm Games Night HaH 7pm Games Night KTMR</p>	<p>6</p> <p>9:00am PT Coffee Social PTMR</p> <p>10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>
<p>7</p> <p>10am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p> 	<p>8</p> <p>10am Catholic Service HaH 10am PcT Coffee Social HoH 10am Canadian Reformed Bible Study PTMR</p> <p><u>1-3 Chiropractic Clinic</u></p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>9</p> <p>8:30am Tenant Advisory Committee</p> <p>9am Bus Trip: Bramalea City Centre CT Entrance</p> <p>9:30am Growing in Grace PTMR 9:45am Coffee Social HaH 10:30am Fun & Fitness I HeH</p> <p>1pm Bridge KTMR</p> <p>2pm CT Coffee Social CT Balcony</p> <p>3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH</p> <p>4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p>	<p>10</p> <p>9:30am-3:30pm Vendor: Barbara Jean HeH hallway</p> <p>9am Busy Hands TTMR</p> <p>9:45am Bus to Superstore CT Entrance 9:45am Heritage Fellowship Bible Study PTMR</p> <p>10-11am KT Bible Study KTMR 10:30am Chapel HaH</p> <p>1:30pm Art Expression Group TTMR 2pm Trinity Tower Coffee Social HaH</p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Chess PTMR 7pm Men's Bible Study KT 103 7pm Bid Euchre HoH</p>	<p>11</p> <p><u>Denturist</u> 10am Line Dancing HaH 10:30am Dance Class HeH</p> <p><u>1-4pm Hearing Aid Clinic</u></p> <p>3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH</p> <p>4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p> <p>6:45pm HCH Ktee Euchre Club HoH</p> <p>7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>12</p> <p>9:15 Soli Deo Gloria HaH 9:45am Bus to Superstore CT Entrance</p> <p>10:30-11:15am – LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH balcony</p> <p>1:30pm Book Club PTMR</p> <p>4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH</p> <p>6:30pm Games Night HaH 7pm Games Night KTMR</p>	<p>13</p> <p>9:00am PT Coffee Social PTMR</p> <p>10am-2pm GM Vendor Show HoH</p> <p>10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>

14 Palm Sunday
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH



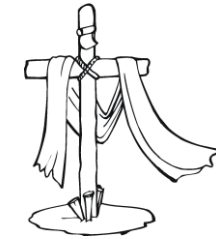
15
 9:30am-3:30pm Vendor: Nelly's Shoes HeH
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
1-3 Chiropractic Clinic
 2pm Bingo HaH
 4-4:45pm LHIN Exercise & Falls Prevention Class -HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

16
 9:30am Growing in Grace PTMR
 9:30am Bus to Sobeys
 9:45am Coffee Social HaH
 1pm Bridge KTMR
 2pm CT Coffee Social CT Balcony
 3:30-4:15pm LHIN Exercise & Falls Prevention Class HeH
 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH
 7pm Movie Night: The King & I HeH

17
 9:45am Bus to Superstore CT Entrance
 9:45am Heritage Fellowship Bible Study PTMR
 10am Bus Trip: Toronto Mass Choir CT Entrance
 10-11am KT Bible Study KTMR
 10:30am Chapel HaH
 1:30pm Cribbage PTMR
 2pm GM Special Events Tea HoH
 2pm Trinity Tower Coffee Social HaH
 4-4:45pm LHIN Exercise & Falls Prevention Class -HeH
 7pm Chess PTMR
 7pm Men's Bible Study KT 103
 7pm Bid Euchre HoH

18
Denturist
 9:30am-3:30pm Vendor: Andrea Fashion HeH hallway
 10am Line Dancing HaH
 2pm Learning Session: Seniors & Fraud HaH
 3:30-4:15pm LHIN Exercise & Falls Prevention Class - STRETCH N'KRACHT - Stretch n' Strength HoH
 4:30-5:15pm LHIN Exercise & Falls Prevention Class - STA STERKE - Stand Strong HeH
 6:45pm HCH Ktee Euchre Club HoH
 7pm Dutch Hymn Sing HaH
 7pm Prayer Group PTMR

19 Good Friday
 10am Good Friday Service HeH
 6:30pm Games Night HaH
 7pm Games Night KTMR



20
 9:00am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am-11:30am KT Coffee Social HoH

21 Easter Sunday
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH



22 Easter Monday
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
 10am Canadian Reformed Bible Study PTMR
1-3 Chiropractic Clinic
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

23
 9:30am Growing in Grace PTMR
 9:45am Coffee Social HaH
 10:30am Fun & Fitness I HeH
 1pm Bridge KTMR
1-3pm Mobility Maintenance Clinic
1:30pm Parkinson's Support Group HaH
 2pm CT Coffee Social CT Balcony
 3:30-4:15pm LHIN Exercise & Falls Prevention Class - STRETCH N'KRACHT - Stretch n' Strength HeH
 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH
 7pm Entertainment: Toronto Male Voices Choir HeH

24
 9am Busy Hands TTMR
 9:45am Bus to Superstore CT Entrance
 9:45am Heritage Fellowship Bible Study PTMR
 10-11am KT Bible Study KTMR
 10:30am Chapel HaH
 1:30pm Cribbage PTMR
 1:30pm Art Expression Group TTMR
 2pm Birthday Party HeH
 4-4:45pm LHIN Exercise & Falls Prevention Class -HoH
 7pm Chess PTMR
 7pm Men's Bible Study KT 103
 7pm Bid Euchre HoH
 7:30pm Entertainment: Rose Orchestra Open Rehearsal HeH

25
Denturist
 9:30am-3:30pm Vendor: Margi HeH hallway
 10am Line Dancing HaH
1-4pm Hearing Aid Clinic
 3:30-4:15pm LHIN Exercise & Falls Prevention Class - STRETCH N'KRACHT - Stretch n' Strength HoH
 4:30-5:15pm LHIN Exercise & Falls Prevention Class - STA STERKE - Stand Strong HeH
 6:45pm HCH Ktee Euchre Club HoH
 7pm Dutch Hymn Sing HaH
 7pm Prayer Group PTMR

26
 9:15 Soli Deo Gloria HaH
 9:45am Bus to Superstore CT Entrance
 10:30am Fun & Fitness I HeH
 10:30-11:15am LHIN Exercise & Falls Prevention Class - HeH balcony
 2pm FM Dessert Social HaH
 4-4:45pm LHIN Exercise & Falls Prevention Class - ZITTEN EN FIT - Sit and Be Fit HeH
 6:30pm Games Night HaH
 7pm Games Night KTMR

27
 9:00am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am-11:30am KT Coffee Social HoH

28
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH



29
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
1-3 Chiropractic Clinic
 2pm Bingo HaH
 4-4:45pm LHIN Exercise & Falls Prevention Class -HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

30
 9:30am Growing in Grace PTMR
 9:30am Bus to Sobeys
 9:45am Coffee Social HaH
 10:30am Fun & Fitness I HeH
 1pm Bridge KTMR
 2pm CT Coffee Social CT Balcony
 3:30-4:15pm LHIN Exercise & Falls Prevention Class - STRETCH N'KRACHT - Stretch n' Strength HoH
 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH
 7pm Entertainment: Te Deum Laudemus Mixed Choir HeH

TT = Trinity Tower
KT = KT
PT = Providence Tower
CT = Covenant Tower
HT = Hope Tower
PeT = Peace Tower
HeH = Heritage Hall
HaH = Harmony Hall
HoH = Horizon Hall
BR = Board Room
GMCP = Grace Manor Chapel
Italics = Special Events/Bus Trips
Underline = Towers Nursing Office