

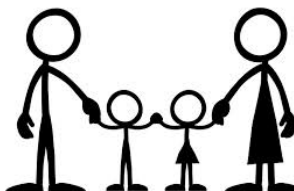


2019 JUNE ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TT = Trinity Tower KT = KT PT = Providence Tower CT = Covenant Tower HT = Hope Tower PeT = Peace Tower HeH = Heritage Hall HaH = Harmony Hall HoH = Horizon Hall BR = Board Room GMCP = Grace Manor Chapel</p> <p><i>Italics = Special Events/Bus Trips</i> <u>Underline = Towers Nursing Office</u></p>						<p>1 9:00am PT Coffee Social PTMR 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>
<p>2 10am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p> 	<p>3 10am Catholic Service HaH 10am PcT Coffee Social HoH 4-4:45pm LHIN Exercise & Falls Prevention Class –HeH 7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>4 8:30am Tenant Advisory Committee 9:30am Growing in Grace PTMR 9:30am Bus to Sobeys 9:45am Coffee Social HaH 1pm Bridge KTMR <u>B12 Injections:</u> <u>TT/HT/PT: 1:30 to 2:45 p.m. and</u> <u>CT/KT/PT: 2:45 to 3:45 p.m.</u> 2pm CT Coffee Social CT Balcony 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH</p>	<p>5 9am Busy Hands TTMR 9:45am Bus to Superstore CT Entrance 9:45am Heritage Fellowship Bible Study PTMR 10-11am KT Bible Study KTMR 1:30pm Cribbage PTMR 2pm GM Special Events Tea HoH 2pm Trinity Tower Coffee Social HaH 4-4:45pm LHIN Exercise & Falls Prevention Class –HeH 7pm Chess PTMR 7pm Bid Euchre HoH</p>	<p>6 <u>Denturist</u> <i>11:30am Bus Trip: IMAX Film CT Entrance</i> <u>1-4pm Hearing Aid Clinic</u> 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 6:45pm HCH Ktee Euchre Club HoH 7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>7 <i>9:30am-3:30pm Vendor: Barbara Jean HoH</i> 9:45am Bus to Superstore CT Entrance 10:30-11:15am – LHIN Exercise & Falls Prevention Class – STRETCH N’KRACHT – Stretch n’ Strength HeH balcony 4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 7pm Games Night KTMR <i>7pm Music in the Towers HeH</i></p>	<p>8 9:00am PT Coffee Social PTMR 10am Annual General Meeting of Holland Christian Homes 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>

<p>9 10:00am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p>	<p>10 10am Catholic Service HaH 10am PcT Coffee Social HoH <u>1-3 Chiropractic Clinic</u> 3pm Groot Mannenkoor Choir HeH 4-4:45pm LHIN Exercise & Falls Prevention Class –HeH 7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>11 9:30am Growing in Grace PTMR 9:45am Coffee Social HaH 1pm Bridge KTMR 2pm CT Coffee Social CT Balcony 3:30-4:15pm LHIN Exercise & Falls Prevention Class HeH 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH 7pm Movie Night HeH</p>	<p>12 9:30am-3:30pm Vendor: Noreen's Creations HeH 9am Busy Hands TTMR 9:45am Bus to Superstore CT Entrance 10-11am KT Bible Study KTMR 11:30am Bus Trip: Famous People Players CT Entrance 1:30pm Cribbage PTMR 2pm GM Special Events Tea HoH 2pm Trinity Tower Coffee Social HaH 4-4:45pm LHIN Exercise & Falls Prevention Class –HeH 7pm Chess PTMR 7pm Bid Euchre HoH</p>	<p>13 <u>Denturist</u> 10am Line Dancing HaH 10:30am Dance Class HeH 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 6:45pm HCH Ktee Euchre Club HoH 7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>14 9:30am-3:30pm Vendor: Nelly's Shoes HoH 9:45am Bus to Superstore CT Entrance 10:30-11:15am LHIN Exercise & Falls Prevention Class – HeH balcony 1:30pm Book Club PTMR 4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 6:30pm Games Night HaH 7pm Games Night KTMR</p>	<p>15 9:00am PT Coffee Social PTMR 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>
<p>16 10:00am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p> 	<p>17 10am Catholic Service HaH 10am PcT Coffee Social HoH 2pm Learning Session: Advanced Care Planning Learning Session HaH 7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>18 9:30am Growing in Grace PTMR 9:30am Bus to Sobeyes 9:45am Coffee Social HaH 1pm Bridge KTMR <u>1-3pm Mobility Maintenance Clinic</u> 2pm CT Coffee Social CT Balcony 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HeH 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH</p>	<p>19 9am Busy Hands TTMR 9:45am Bus to Superstore CT Entrance 10-11am KT Bible Study KTMR 1:30pm Cribbage PTMR 2pm Trinity Tower Coffee Social HaH 1:30pm Art Expression Group TTMR 4-4:45pm LHIN Exercise & Falls Prevention Class –HoH 7pm Chess PTMR 7pm Bid Euchre HoH</p>	<p>20 <u>Denturist</u> 10am Line Dancing HaH <u>1-4pm Hearing Aid Clinic</u> 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 6:45pm HCH Ktee Euchre Club HoH 7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>21 9:30am-3:30pm Vendor: Nelly's Shoes HoH 9:45am Bus to Superstore CT Entrance 10:30-11:15am LHIN Exercise & Falls Prevention Class – HeH balcony 2pm FM Dessert Social HaH 4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 6:30pm Games Night HaH 7pm Games Night KTMR</p>	<p>22 9:00am PT Coffee Social PTMR 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>
<p>23/30 10:00am English Service HeH 2pm Coffee Social HaH 7pm English Service HeH</p> 	<p>24 10am Catholic Service HaH 10am PcT Coffee Social HoH <u>1-3 Chiropractic Clinic</u> 2pm Learning Session: Christ Hope International 4-4:45pm LHIN Exercise & Falls Prevention Class –HeH 7pm Klaverjassen HaH 7pm- Prayer Group PTMR</p>	<p>25 9:30am Growing in Grace PTMR 9:45am Coffee Social HaH 1pm Bridge KTMR <u>1:30pm Parkinson's Support Group HaH</u> 2pm CT Coffee Social CT Balcony 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class HeH</p>	<p>26 9am Busy Hands TTMR 9:45am Bus to Superstore CT Entrance 10-11am KT Bible Study KTMR 1:30pm Cribbage PTMR 2pm Birthday Party HeH 2pm Trinity Tower Coffee Social HaH 1:30pm Art Expression Group TTMR 4-4:45pm LHIN Exercise & Falls Prevention Class –HoH 7pm Chess PTMR 7pm Bid Euchre HoH</p>	<p>27 <u>Denturist</u> 9:30am-3:30pm Vendor: Uniform Vendor HoH 10am Line Dancing HaH <u>1-4pm Hearing Aid Clinic</u> 3:30-4:15pm LHIN Exercise & Falls Prevention Class – STRETCH N'KRACHT – Stretch n' Strength HoH 4:30-5:15pm LHIN Exercise & Falls Prevention Class – STA STERKE – Stand Strong HeH 6:45pm HCH Ktee Euchre Club HoH 7pm Dutch Hymn Sing HaH 7pm Prayer Group PTMR</p>	<p>28 9:45am Bus to Superstore CT Entrance 10:30-11:15am LHIN Exercise & Falls Prevention Class – HeH balcony 4-4:45pm LHIN Exercise & Falls Prevention Class – ZITTEN EN FIT – Sit and Be Fit HeH 6:30pm Games Night HaH 7pm Games Night KTMR</p>	<p>29 9:00am PT Coffee Social PTMR 10am HT Coffee Social HT 10am-11:30am KT Coffee Social HoH</p>