

2020 MARCH ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10am English Service HeH</p> <p>2pm Coffee Social HaH</p> <p>7pm English Service HeH</p> 	<p>2</p> <p>10am Catholic Service HaH</p> <p>10am PcT Coffee Social HoH</p> <p>10am Canadian Reformed Bible Study PTMR</p> <p><u>1-3 Chiropractic Clinic</u></p> <p>2pm Earl Clint Travelouge HaH</p> <p>4pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Klaverjassen HaH</p> <p>7pm- Prayer Group PTMR</p>	<p>3</p> <p>9:30am Bus to Sobeyes</p> <p>9:30am Growing in Grace Bible Study PTMR</p> <p>9:45am Coffee Social HaH</p> <p>10am Catholic Service GMCP</p> <p>10:30am Fun & Fit I HeH</p> <p>11am Chair Yoga GMCP</p> <p>12:30pm Bridge KTMR</p> <p><u>B12 Injections:</u></p> <p><u>TT/HT/PT: 1:30 to 2:45 p.m. and</u></p> <p><u>CT/KT/PT: 2:45 to 3:45 p.m.</u></p> <p>2pm CT Coffee Social CT Balcony</p> <p>2pm Prayer Shawls PTMR</p> <p>3:30pm LHIN Exercise & Falls Prevention Class HoH</p> <p>4:30pm LHIN Exercise & Falls Prevention Class HeH</p>	<p>4</p> <p>9am Busy Hands TTMR</p> <p>9:30am Heritage Fellowship Bible Study PTMR</p> <p>9:45am Bus to Superstore CT Entrance</p> <p>10-11am KT Bible Study KTMR</p> <p>10:30am Chapel Service HaH</p> <p>1:30pm Art Expression Group TTMR</p> <p>2pm TT Coffee Social HaH</p> <p>2pm Milk Bag Brigade</p> <p>4pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Bid Euchre HoH</p> <p>7pm Chess PTMR</p> <p>7pm Men’s Bible Study</p>	<p>5</p> <p><u>Denturist</u></p> <p>10am Line Dancing HaH</p> <p><u>1-4pm Hearing Aid Clinic</u></p> <p>3:30pm LHIN Exercise & Falls Prevention Class HoH</p> <p>4:30pm LHIN Exercise & Falls Prevention Class HeH</p> <p>6:45pm HCH Ktee Euchre Club HoH</p> <p>7pm Dutch Hymn Sing HaH</p> 	<p>6</p> <p>9am The Dressing Room HoH</p> <p>9:45am Bus to Superstore CT Entrance</p> <p>10:30am Fun & Fit I HeH</p> <p>10:30am LHIN Exercise & Falls Prevention Class HeH balcony</p> <p>4pm LHIN Exercise & Falls Prevention Class HoH</p> <p>6:30pm Games Night HaH</p> <p>7pm Games Night KTMR</p>	<p>7</p> <p>9:00am PT Coffee Social PTMR</p> <p>10am HT Coffee Social HT</p> <p>10am KT Coffee Social HoH</p>
<p>8</p> <p>10am English Service HeH</p> <p>2pm Coffee Social HaH</p> <p>7pm English Service HeH</p>	<p>9</p> <p>10am Catholic Service HaH</p> <p>10am PcT Coffee Social HoH</p> <p>10am Canadian Reformed Bible Study PTMR</p> <p><u>1-3 Chiropractic Clinic</u></p> <p>2pm Bingo HaH</p> <p>4pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Klaverjassen HaH</p> <p>7pm- Prayer Group PTMR</p> 	<p>10</p> <p>9:30am Growing in Grace Bible Study PTMR</p> <p>9:45am Coffee Social HaH</p> <p>10am Catholic Service GMCP</p> <p>10:30am Fun & Fit I HeH</p> <p>11am Chair Yoga GMCP</p> <p>12:30pm Bridge KTMR</p> <p>2pm CT Coffee Social CT Balcony</p> <p>2pm Prayer Shawls PTMR</p> <p>3:30pm LHIN Exercise & Falls Prevention Class HoH</p> <p>4:30pm LHIN Exercise & Falls Prevention Class HeH</p>	<p>11</p> <p>9am Stars of Modern Jewellery HeH</p> <p>9am Busy Hands TTMR</p> <p>9:30am Heritage Fellowship Bible Study PTMR</p> <p>9:45am Bus to Superstore CT Entrance</p> <p>10:30am Chapel Service HaH</p> <p>1:30pm Art Expression Group TTMR</p> <p>1:30pm Cribbage PTMR</p> <p>2pm TT Coffee Social HaH</p> <p>2pm GM Special Events Tea HoH</p> <p>4pm LHIN Exercise & Falls Prevention Class –HeH</p> <p>7pm Prayer Service HeH</p> <p>7pm Bid Euchre HoH</p> <p>7pm Chess PTMR</p>	<p>12</p> <p><u>Denturist</u></p> <p><u>Foot Care Nurse</u></p> <p>10am Line Dancing HaH</p> <p>10:30am Music to Movement HoH</p> <p>3:30pm LHIN Exercise & Falls Prevention Class HoH</p> <p>4:30pm LHIN Exercise & Falls Prevention Class HeH</p> <p>6:45pm HCH Ktee Euchre Club HoH</p> <p>7pm Dutch Hymn Sing HaH</p>	<p>13</p> <p>8:25am Bus Trip: Mountsberg CT Entrance</p> <p>9am Living Books HeH</p> <p>9:45am Bus to Superstore CT Entrance</p> <p>10:30am Fun & Fit I HeH</p> <p>10:30am LHIN Exercise & Falls Prevention Class HeH balcony</p> <p>1:30pm Book Club PTMR</p> <p>4pm LHIN Exercise & Falls Prevention Class HoH</p> <p>6:30pm Games Night HaH</p> <p>7pm Games Night KTMR</p>	<p>14</p> <p>9:00am PT Coffee Social PTMR</p> <p>10am HT Coffee Social HT</p> <p>10am KT Coffee Social HoH</p>

15
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

16
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
1-3 Chiropractic Clinic
 4pm LHIN Exercise & Falls Prevention Class –HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

17
 9:30am Bus to Sobey's
 9:30am Growing in Grace Bible Study PTMR
 9:45am Coffee Social HaH
 10am Catholic Service GMCP
 10:30am Fun & Fit I HeH
 11am Chair Yoga GMCP
 12:30pm Bridge KTMR
1-3pm Mobility Maintenance Clinic
 2pm CT Coffee Social CT Balcony
 2pm Prayer Shawls PTMR
 3:30pm LHIN Exercise & Falls Prevention Class HoH
 4:30pm LHIN Exercise & Falls Prevention Class HeH
7pm Movie Night: State Fair HeH

18
9am Seniors Mobile Shop HeH
 9am Busy Hands TTMR
 9:30am Heritage Fellowship Bible Study PTMR
 9:45am Bus to Superstore CT Entrance
 10-11am KT Bible Study KTMR
 10:30am Chapel Service HaH
10:45am Bus Trip: Famous People Players CT Entrance
 1:30pm Art Expression Group TTMR
 1:30pm Cribbage PTMR
 2pm TT Coffee Social HaH
 2pm Milk Bag Brigade
 4pm LHIN Exercise & Falls Prevention Class –HeH
 6pm Rose Orchestra Rehearsal HeH
 7pm Bid Euchre HoH
 7pm Chess PTMR
 7pm Men's Bible Study

19
Denturist
 10am Line Dancing HaH
1-4pm Hearing Aid Clinic
 3:30pm LHIN Exercise & Falls Prevention Class HoH
 4:30pm LHIN Exercise & Falls Prevention Class HeH
 6:45pm HCH Ktee Euchre Club HoH
 7pm Dutch Hymn Sing HaH

20
 9:45am Bus to Superstore CT Entrance
 10:30am Fun & Fit I HeH
 10:30am LHIN Exercise & Falls Prevention Class HeH balcony
2pm Dessert Social HaH
 4pm LHIN Exercise & Falls Prevention Class HoH
 6:30pm Games Night HaH
 7pm Games Night KTMR

21
 9:00am PT Coffee Social PTMR
10am The King Choralies
 10am HT Coffee Social HT
 10am KT Coffee Social HoH



22
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH

23
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
 10am Canadian Reformed Bible Study PTMR
1-3 Chiropractic Clinic
 2pm Bingo HaH
 4pm LHIN Exercise & Falls Prevention Class –HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

24
 9:30am Growing in Grace Bible Study PTMR
 9:45am Coffee Social HaH
 10am Catholic Service GMCP
 10:30am Fun & Fit I HeH
 11am Chair Yoga GMCP
 12:30pm Bridge KTMR
1:30pm Parkinson Support Group HaH
 2pm CT Coffee Social CT Balcony
 2pm Prayer Shawls PTMR
 3:30pm LHIN Exercise & Falls Prevention Class HoH
 4:30pm LHIN Exercise & Falls Prevention Class HeH
7pm Crusades Male Chorus HeH

25
 9am Busy Hands TTMR
9am Chocolate House HeH
 9:30am Heritage Fellowship Bible Study PTMR
 9:45am Bus to Superstore CT Entrance
 10-11am KT Bible Study KTMR
 10:30am Chapel Service HaH
 1:30pm Art Expression Group TTMR
 1:30pm Cribbage PTMR
 2pm TT Coffee Social HaH
 4pm LHIN Exercise & Falls Prevention Class –HeH
 6pm Rose Orchestra Rehearsal HeH
 7pm Bid Euchre HoH
 7pm Chess PTMR
 7pm Men's Bible Study

26
Denturist
 10am Line Dancing HaH
 10:30am Music to Movement HoH
 3:30pm LHIN Exercise & Falls Prevention Class HoH
 4:30pm LHIN Exercise & Falls Prevention Class HeH
 6:45pm HCH Ktee Euchre Club HoH
 7pm Dutch Hymn Sing HaH

27
 9:45am Bus to Superstore CT Entrance
 10:30am Fun & Fit I HeH
 10:30am LHIN Exercise & Falls Prevention Class HeH balcony
 4pm LHIN Exercise & Falls Prevention Class HoH
 6:30pm Games Night HaH
 7pm Games Night KTMR

28
 9:00am PT Coffee Social PTMR
 10am HT Coffee Social HT
 10am KT Coffee Social HoH

29
 10:00am English Service HeH
 2pm Coffee Social HaH
 7pm English Service HeH



30
 10am Catholic Service HaH
 10am PcT Coffee Social HoH
1-3 Chiropractic Clinic
2pm Seeing Eye Dogs Speaker HaH
 4pm LHIN Exercise & Falls Prevention Class –HeH
 7pm Klaverjassen HaH
 7pm- Prayer Group PTMR

31
 9:30am Bus to Sobey's
 9:30am Growing in Grace Bible Study PTMR
 9:45am Coffee Social HaH
 10am Catholic Service GMCP
 10:30am Fun & Fit I HeH
 11am Chair Yoga GMCP
 12:30pm Bridge KTMR
 2pm CT Coffee Social CT Balcony
 2pm Prayer Shawls PTMR
 3:30pm LHIN Exercise & Falls Prevention Class HoH
 4:30pm LHIN Exercise & Falls Prevention Class HeH

TT = Trinity Tower
KT = KT
PT = Providence Tower
CT = Covenant Tower
HT = Hope Tower
PeT = Peace Tower
HeH = Heritage Hall
HaH = Harmony Hall
HoH = Horizon Hall
BR = Board Room
GMCP = Grace Manor Chapel

Italics = Special Events/Bus Trips
Underline = Towers Nursing Office

THIS IS THE DAY THAT
The Lord has made;
 LET US REJOICE AND
 BE GLAD IN IT.
 -PSALM 118:24