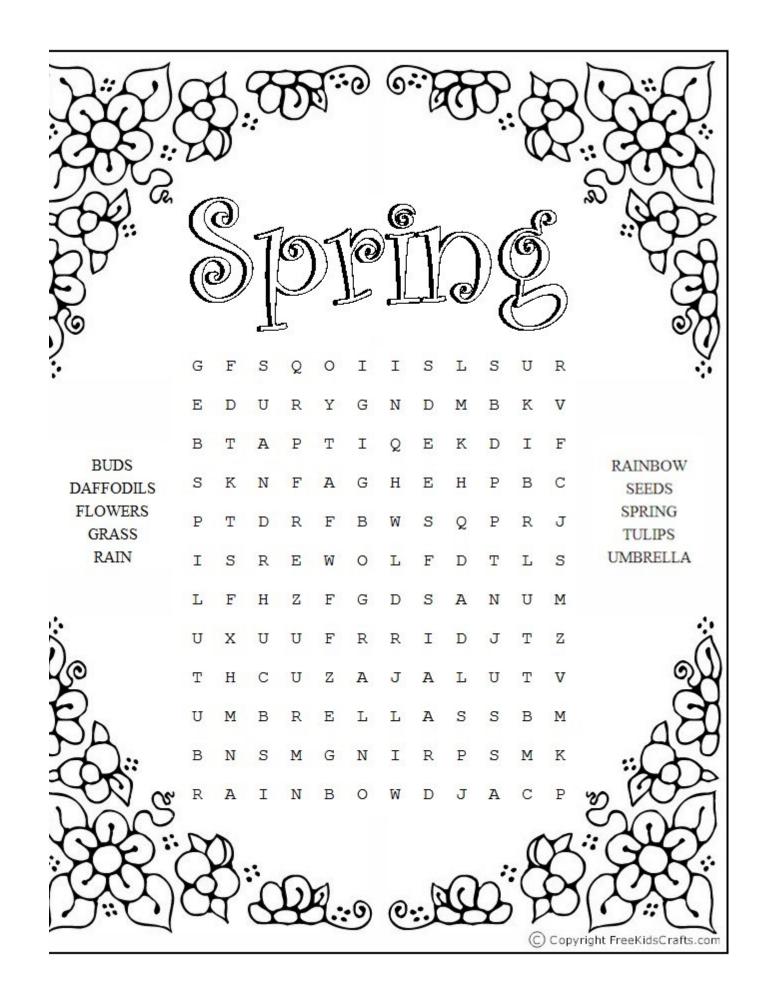
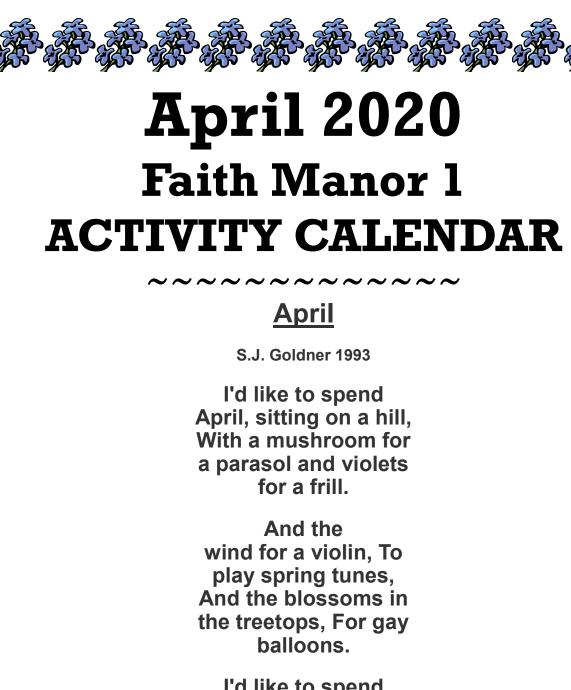
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SUNDAY Restorative Exercise everyday at 11:15am -Activities will be facilitated in multiple locations on the unit in small spread groups or 1:1 only.	MONDAY <u>Family Connections</u> (Video Chat & Phone <u>calls</u> ) M- F, Alphabetical order to Last Name Email Diane in Activites dianna@hch.ca	TUESDAY On Channel # 990 10am Daily Devotions 2pm Daily Movie	WEDNESDAY 1 Daily Meditations Hymns from Afar Fitness from Afar Artistic Expression 1:1 Visits	T H U R S D A Y2Daily MeditationsSing from AfarFitness from aDistanceFlower Collages1:1 Visits	<b>FRIDAY</b> 3 Daily Meditations Spelling Bee Bible readings Fruit on Wheels 1:1 Activities Nail & Hand Care	4 Fitness from a Distance Afternoon Movie Saturday Pajama Supper Party
5 <i>Palm Sunday</i> 10a Church Service Fun & Fitness 3pm Nederland Zingt Ch# 990 7pm Church Service	6 Daily Meditations Catholic Mass Fitness from Afar "Bird Dance Fun" Travelogue "Italy" 1:1 Visits	7 Daily Meditations Mental Aerobics YouTube Babies and Animals Art Therapy 1:1 Visits	8 Daily Meditations Hymns from Afar Fun & Fitness Bible Trivia 1:1 Visits	9 <i>Holy Thursday</i> Daily Meditations Communion Fitness from Afar Sing from Afar 1:1 Visits	10 <i>Good Friday</i> Daily Meditations Church Service Hot Cross Buns 1:1 Visits Dominoes	11 Fun & Fitness Word Game Saturday Pajama Supper Party
12 <i>Easter Sunday</i> 10a Church Service Fun & Fitness 3pm Nederland Zingt Ch# 990	13 <i>Easter Monday</i> Daily Meditations Catholic Mass Fitness from Afar Social Distance Tea Music for the Heart 1:1	14 Daily Meditations Comedy Time YouTube Babies and Animals Pancake Treat	15 Daily Meditations Hymns from Afar Fitness from Afar Math Fun!	16 Daily Meditations Moving Montessori Fitness from Afar Mental Aerobics Challenge 1:1 Visits	17 Daily Meditations Sing Along Bible Study Fruit on Wheels 1:1 Activities Nail & Hand Care	18 Fun & Fitness Afternoon Movie Saturday Pajama Supper Party
19 10a Church Service Fun & Fitness 3pm Nederland Zingt Ch# 990 7pm Church Service	20 Daily Meditations Catholic Mass Fun & Fitness Word Game Ball Toss 1:1 Visits & Strolls	21 Daily Meditations Morning Stretches YouTube Babies and Animals Art Therapy	Daily Meditations Hymn from Afar Fun & Fitness Earth Day Fun	23 Daily Meditations Arm Chair Travelogue Fun & Fitness YouTube Sing Along 1:1 Visits	24 Daily Meditations YouTube Sing Along Bible Study Fruit on Wheels 1:1 Visits 1:1 Activities	25 Fun & Fitness Word Game Saturday Pajama Supper Party
26 10a Church Service Fun & Fitness 3pm Nederland Zingt Ch# 990 7pm Church Service	27 Daily Meditations Catholic Mass Birthday Party Volleyball Strolls	28 Daily Meditations Discussion YouTube Babies and Animals Mental Aerobics	29 Daily Meditations Hymn from Afar Fun & Fitness Baking Cookies	30 Daily Meditations Long Distance Bingo Fun & Fitness Trivia & 1:1 Visits	Birthdays12th Janna V9014th James B8715th Grace V9415th Betty D8318th David S77	Due to the current restrictions, Large Group programs have ceased!





I'd like to spend April sitting on a mound, Watching for the flowers to pop out of the ground.

With their green silk stockings, And new spring clothes, Trying to look taller by dancing on their toes!