COVID-19

Stop infection
Wear a mask

When it's hard to maintain physical distance and where mandatory inside public spaces.

1 Before putting on your mask, **wash your hands** with soap and water for at least 20 seconds or use alcohol-based hand sanitizer.

2 **Secure the elastic loops** or ties of the mask around your ears.

3 **Cover your nose, mouth and chin** with the mask and make sure there are no gaps between your face and the mask.

4 **Do not touch** the front of the mask while you wear it. If you accidentally touch your mask, clean your hands.

5 **To take off the mask**, remove the elastic loops or ties of the mask from around your ears.

6 **Hold only the loops or strings** and place the mask in a garbage bin with a lid, or if reusable, directly into the laundry.

7 **Wash your hands** with soap and water for at least 20 seconds or use alcohol-based hand sanitizer after you have discarded your mask.

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For more information visit peelregion.ca/coronavirus

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