



COVID-19 Policies: What Residents Can Expect in Faith and Grace Manor

(As of October 14, 2022)

All residents may* ...

- Spend time with visitors and caregivers without wearing masks in your room. If you are sharing a room, then masks can be removed but only if the curtain is completely closed. Masks must be worn when the curtain is open and when in any other area of the home.
- Enjoy the company of visitors, indoors or outdoors, consistent with our visitor and/or vaccination policies
- Participate in group social activities, including games, clubs and exercises
- Have meals in the dining room, including buffet and family-style meals
- Leave the home for all types of absences, including social day and overnight absences, and not have to test or quarantine upon return to the home**

*Unless otherwise directed by the local public health unit, during outbreaks in the home or when isolating

**Unless you do not pass screening, such as having symptoms of COVID-19

What measures are in place to safeguard Faith and Grace Manor?

- Everyone must screen for symptoms of or exposure to COVID-19*
- Individuals visiting or working indoors must also be tested.
- All staff, students, support workers and volunteers are required to wear masks and applicable personal protective equipment when interacting with residents.
- All caregivers and general visitors are required to wear a mask when in common or shared spaces of the home, and are recommended to wear a mask in a resident's room.
- Infection prevention and control measures continue to be followed, including physical distancing, hand washing and enhanced cleaning.

*Grace and Faith Manor may have additional policies for screening and testing requirements from time to time.

What if the home is in outbreak?

Residents can expect the following if the area of the home they live in is in outbreak*:

- Group activities, dining and social gatherings may continue in non-outbreak areas if residents can follow public health measures.
- For outbreak areas of a home, residents will be cohorted in small groups for all essential activities. Group activities for cohorts may continue/resume if operationally feasible.
- Communal dining, non-essential activities and personal care services may be suspended or modified.
- Caregivers can still visit.

*Unless otherwise directed by the local public health unit

COVID-19 Safety Measures for Absences

(As of October 14, 2022)

Whenever outside of the home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently
- Consider maintaining physical distancing and avoid large gatherings with crowding

What happens when I return home?

When residents return from a day or overnight absence they will:

- Be screened for symptoms of or exposure to COVID-19
- Only need to test and isolate if they have symptoms of COVID-19

Commonly reported symptoms of COVID-19 include:

- sore throat, runny nose, sneezing, new or worsening cough, shortness of breath or difficulty breathing, temperature equal to or more than 38°C, feeling feverish, chills, fatigue or weakness, muscle or body aches, new loss of smell or taste, headache, abdominal pain, diarrhea and vomiting, and just feeling very unwell.

What if I come into contact with someone with COVID-19?

Residents regardless of COVID-19 vaccination status:

- Monitor for symptoms, but no longer need to isolate unless they develop symptoms or their roommate has COVID-19
- For residents whose roommate has COVID-19, they must isolate until a negative result is obtained from the day five PCR test. Residents with symptoms or who test positive for COVID-19 must isolate for 10 days
- All residents are still permitted to see their caregivers while in isolation

If you don't feel well or if you have any symptoms, even if mild, assume you may have COVID-19. Immediately inform the Registered Nurse or a PSW on your floor.