



## Designated Caregivers

COVID-19 Directive #3 for Long-Term Care Homes under the LTCH Act, 2007 issued by the Chief Medical Officer of Health establishes requirements for visits to LTC homes. Under Directive #3 a Designated Caregiver is defined as a type of essential visitor who is designated by the resident and/or their substitute decision-maker (SDM) to provide direct care to the resident (e.g., supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision making). Please note the following:

- Designated caregivers must be at least 18 years of age
- The designation must be made in writing to the home
- A resident and/or their SDM may change a designated caregiver, either temporarily (e.g. due to illness) or permanently.
- Examples of caregivers include family members who provide meaningful connection, a privately hired caregiver, paid companions and translators.
- As of December 14, 2021, only 2 designated caregivers per resident are permitted.
- All designated essential caregivers must be fully immunized against COVID-19 and must demonstrate proof of their immunization status.

I \_\_\_\_\_ (name of resident) Room: \_\_\_\_\_ designate the following individual/s as my Designated Caregivers effective \_\_\_\_\_ (DATE)

Name: \_\_\_\_\_ Relation: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Type of Care that *Designated Caregiver* will be providing: \_\_\_\_\_

☐ The individual is fully immunized against COVID-19 (please attach copy of vaccination record)

Name: \_\_\_\_\_ Relation: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Type of Care that *Designated Caregiver* will be providing: \_\_\_\_\_

☐ The individual is fully immunized against COVID-19 (please attach copy of vaccination record)

\_\_\_\_\_  
 Signature (Resident)

or

\_\_\_\_\_  
 Signature of SDM / POA

\_\_\_\_\_  
 Print Name of Substitute Decision Maker/ POA