



## Designated Caregivers

COVID-19 Directive issued by the Chief Medical Officer of Health establishes requirements for visits to LTC homes. A Designated Caregiver is defined as a type of essential visitor who is designated by the resident and/or their substitute decision-maker (SDM) to provide direct care to the resident (e.g., supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision making).

Please note the following:

- Designated caregivers must be at least 18 years of age
- The designation must be made in writing to the home
- A resident and/or their SDM may change a designated caregiver, either temporarily (e.g. due to illness) or permanently.
- Examples of caregivers include family members who provide meaningful connection, a privately hired caregiver, paid companions and translators.
- Residents may designate up to 4 essential caregivers.

I \_\_\_\_\_ (name of resident) Room: \_\_\_\_\_ designate the following individual/s as my Designated Caregivers effective \_\_\_\_\_ (DATE)

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Type of Care that *Designated Caregiver* will be providing: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Type of Care that *Designated Caregiver* will be providing: \_\_\_\_\_



Name: _____	Relation: _____
Telephone: _____	Email: _____
Type of Care that <i>Designated Caregiver</i> will be providing: _____	

Name: _____	Relation: _____
Telephone: _____	Email: _____
Type of Care that <i>Designated Caregiver</i> will be providing: _____	

\_\_\_\_\_  
Signature (Resident)

or

\_\_\_\_\_  
Signature of SDM / POA

\_\_\_\_\_  
Print Name of Substitute Decision  
Maker/ POA