

SEPTEMBER FAITH MANOR 4



All group activities subject to modification into 1:1 visits according to public health directives

MONDAY WEDNESDAY

10am Exercise Group 11:30am Paula French Preforms 2pm Men's Group 3pm Mr. Bean 2 10am Fresh Fruit Friday 11am Fun & Fitness 1:15pm 1-1 Visits 2pm Mind Aerobics 3pm I Love Lucy 7pm Nail Care 3 10am Hymn Sing 2pm Walk & Talk 3:30pm Movie Hour

SATURDAY

4
10am Church Service CH#990
11am Exercises
2pm Bingo
3pm 1:1 Visits
4pm Sunday Movie Time

5 Labour Day
11am Lets get Fit
1:30pm Walk & Talk
3pm Wheel of
Fortune

6
10am Word Game
11am Fun & Fitness
2pm Reading Group
3:30pm Tv Show
7pm Friendly Visit

7
10am Bible Study
CH#990
11am Fun & Fitness
3pm Lets be Creative
3.30pm Music
Concert

8 10am Flower Arranging 11am Fun & Fitness 1:15pm 1-1 Visits 2pm Hymn Sing 3pm Movie time 10am Fresh Fruit
Friday
11am Fun n Fitness
1:30pm 1-1 Visits
2pm Bingo
3:30pm I Love Lucy

11 10a

10am Church Service CH#990 11am 1-1 Visits 3pm Hand n Nail Care/ Outdoor Visits 12
10am Resident
Council
11am Fun & Fitness
2pm Bingo
3pm Walk & Talk
7pm Evening
Games

10am Bake a Cake 11am Fun & Fitness 2pm Table Games 3:30pm Wheel of Fortune 10am Bible Study CH#990 11am Fun & Fitness 3pm Walk n Talk 15
10am Flower
Arranging
11am Time to Burn
Calories
2pm Board Games

16
10am Fruity Friday
11am Fun & Fitness
1:15pm 1-1 Visits
2pm Outdoor Strolls
7pm Sing Along

17
10am Hymn Sing
2pm Lets Solve
Puzzles
3pm Walk & Talk
3:30pm Movie
Hour

18
10am Church
Service CH#990
11am Exercises
2pm Word Game
3pm Sunday Movie Time

19
11am Fun & Fitness
3pm Strolls
3:30pm Music
Concert
20
10am
Cook
11am
2pm |
3:30p
Fortu

20
10am Bake the
Cookies
11am Lets be Fit
2pm Everyday Trivia
3:30pm Wheel Of
Fortune
7pm Table Games

21
10am Bible Study
CH#990
11am Fun and Fitness
2pm Winning Time
Game Show
7pm Nail Care

22 Falls Begins
10am Flower
Arranging
11am Burn Calories
2pm Hymn Sing
3pm Tv Show

23
10am Fresh Fruit
11am Burn Calories
1:15pm 1-1 Visits
2pm Ring Toss
3:30pm I Love Lucy

24
10am Sing along
11am 1:1 visit
3pm Outdoor
Walk
3:30pm Movie
time

25 Communion 10am Church Service CH#990 11am Morning Stretches 3pm Movie Afternoon 26 10am Making Words 11am Lets Get Fit 2pm Mr. Bean Show 3pm Walk & Talk 7pm Reading Group

27
10am Mental Aerobics
11am Fun & Fitness
1:15pm 1-1 Visits
2pm Bowling
3:30pm Wheel of
Fortune

28 10am Bible Study CH#990 11am Exercises 3pm Table Game 3.30pm Walks 29
10am Flower
Arranging
11am Burn Calories
2pm Hymn Sing
3pm Tv Show

30 10am Fresh Fruit 11am Fun n Fitness 1:30pm 1-1 Visits 2pm Bingo 3:30pm I Love Lucy 7pm Hymn Sing

OARC

Resident Council Week September 12-18

September2022 Welcome to

Faith Manor 4 Activity Calendar: "Sunshine"



