



June , 2023 Grace Manor 3 N ACTIVITIES



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All group activities are subject to modification to 1:1 visits according to Public Health directives		JUNE IS SENIORS MONTH 	Every Wednesday Ice Cream Truck 1:30-3:00 Tuesdays 10:00 Catholic Mass GM Chapel 	1 9:30 Sit & Stretches 9:45 Calendar Visits 2:00 Outdoor Balcony 3:00 1:1 Visits 6:00 Pet Visit	2 10:00 Hymn Sing 11:00 Musical Movie 2:00 Tim Horton Snack 3:00 Devotions 	3 9:30 Exercise 9:45 Ball Toss 2:00 Bingo 3:00 1:1 Visits
4 10:00 Church Service ch.990 2:00 Hymn Sing w/Lyrics 3:00 1:1 Visits 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	5 9:30 Sit & Stretches 9:45 Walking Group 11:00 Musical Singalong 2:00 Ladies Time/Nails 3:00 1:1 Visits 	6 9:30 Sit & Stretches 9:45 Walking Group 10:30 Special Piano Music 2:00 Off the unit walk 3:00 1:1 Visits	7 9:30 Stretches 9:45 Walking Group 2:00 Active Game 3:00 1:1 Visits 6pm Bingo! (Atrium)	8 9:30 Sit & Stretches 9:45 Walking Group 2:00 Suzie Q 3:00 1:1 Visits 4:00 Word Game 6:00 Art Group/Pet Visit	9 10:00 Hymn Sing 11:00 Musical Movie 2:00 John Moorhouse Atrium 4:00 Dominoes 6:00 Strolls	10 9:30 Exercise 9:45 Ball Toss 2:00 Walk & Talk 3:00 1:1 Devotion
11 10:00 Communion Ch.990 2:00 Hymn Sing w/Lyrics 3:00 1:1 Visits 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	12 9:30 Sit & Stretches 9:45 Walking Group 11:00 Children's Musical Netflix 2:00 Ladies Time/Nails 3:00 1:1 Visits 	13 9:30 Sit & Stretches 9:45 Walking Group 10:30 Special Piano Music 2:00 Off the unit walk 3:00 1:1 Visits	14 9:30 Sit & Stretches 9:45 Walking Group 2:00 Active Game 3:00 1:1 Visits 6:00 Bingo (Atrium)	15 9:30 Sit & Stretches 9:45 Walking Group 2:00 Outdoor Balcony 3:00 1:1 Visits 6:00 Pet Visit	16 10:00 Hymn Sing 11:00 1:1 Visits 2:00 Ice Cream cart 3:00 Devotions 	17 9:30 News & Views 9:45 1:1 Visits 2:00 Men's Group 3:00 Strolls
18 Father's Day 10:00 Church Ch.990 2:00 Hymn Sing w/Lyrics 3:00 1:1 Visits 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990  	19 9:30 Sit & Stretches 9:45 Walking Group 11:00 Musical Singalong 2:00 Resident Council GM3S Dining Room 3:30 1:1 Visits 	20 9:30 Sit & Stretches/ 9:45 Walking Group 10:30 Special Piano Music 2:00 Balcony Time 3:00 Musical Singalong	21 First Day of Summer 9:30 Sit & Stretches 9:45 Walking Group 2:00 Summer Game 3:00 1:1 Visits 6pm Bingo! (Atrium) 	22 9:30 Sit & Stretch 9:45 Walking Group 11:00 Old Music 2:00 Smile Serenader's Room to Room 3:00 1:1 Visits 4:00 Word Game 6:00 Ball Toss/Pet Visit	23 10:00 Hymn Sing 11:00 Musical 12:00 BBQ 2:00 1:1 Activity 4:00 Creative Hands 6:00 Word Game  	24 9:30 Exercise 9:45 Walking Group 2:00 Craft Time 3:00 Friendly Visits
25 10:00 Church Ch.990 2:00 Hymn Sing w/Lyrics 3:00 1:1 Visits 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	26 9:30 Sit & Stretches 9:45 Walking Group 11:00 Musical Singalong 2:00 Ladies Time /Nails 3:00 1:1 Visits 	27 9:30 Sit & Stretches 9:45 Walking Group 10:30 Special Piano Music 2:00 Summer Game 3:00 Wildlife History	28 9:30 Sit & Stretches 9:45 Walking Group 11:00 Musical Movie 2:00 Outdoor walks 3:00 1:1 Visits 6:00 Bingo (Atrium)	29: 9:30 Sit & Stretches 9:45 Walking Group 2:00 Outdoor Walks 3:00 1:1 Visits 6:00 Pet Visit	30 10:00 Hymn Sing 11:00 Musical 2:00 Ice cream Cart 3:00 1:1 Visits 4:00 Creative Hands 6:00 Word Game 	Channel 990 9:30 Devotion on Tuesdays & Thursdays 

My Daddy is...

as Brave as **Captain America**

as Strong as **Hulk**

as Fast as **Spiderman**

as Smart as **Iron Man**

He's my Favorite
Superhero

June 2023
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Activity Calendar

