

September 2023 Grace Manor 3 N ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Channel 990 Devotion at 9:30 Tuesday Wednesday & Thursdays 10:00 Every Tuesday Morning Catholic Mass 	All group activities are subject to modification to 1:1 visits according to Public Health directives	Every Wednesday Ice-cream Truck 1:30-3:00 Catholic Mass :Tuesday 10:00 in GM Chanel 			1 10:00 Hymn Sing 11:00 Calendar Visits 2:00 Back to School Game 3:00 Musical Movie 4:00 1:1 Activity 6:00 Game	2 9:30 Rise & Shine Stretches 10:30 Walking Group 2:00 Bingo GM3S 3:00 1:1 Visits 
3 10:00 Church Ch. 990 11:00 Musical 1:30 1:1 Activity 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	4 Labor Day 9:30 Stretches 10:30 Ring Toss 2:00 Fancy Nails 3:00 1:1 Visits	5 9:30 Rise & Shine Stretches 10:30 Sweet Melodies 11:00 1:1 Visits 2:00 Art Therapy	6 9:30 Stretches 10:30 Walking Group 11:00 1:1 Visits 2:00 Travelogue to Saskatoon 3:00 Devotion Reading 6:15pm Bingo! (Atrium)	7 9:30 Rise & Shine Stretches 10:30 Walking Group 2:00 Balloon Art Special Program 3:15 1:1 Visits	8 10:00 Hymn Sing 11:00 Musical 2:00 Tim Hortons Cart 3:00 1:1 Visit 	9 9:30 Rise & Shine Stretches 10:30 Walking Group 2:00 Bingo GM3S 3:00 1:1 Visits 
10 10:00 Church Ch.990 11:00 Musical 1:30 1:1 Activity 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	11 9:30 Stretches 10:30 Ball Toss 11:00 Musical Moments 1:30 Dutch Program GM3N 3:00 1:1 Visits & Talks 	12 9:30 Stretches 10:30 Sweet Melodies 2:00 Apples Season Discussion & Tea Social 3:00 1:1 Visits 	13 9:30 Rise & Shine Stretches 10:30 Walking Group 11:00 1:1 Visit's 2:00 Musical moments 3:00 Stepping Out 6:15 Bingo (Atrium)	14 9:30 Rise & Shine Stretches 10:30 Walking Group 1:30 Children Singing DVD 3:00 Out & About 4:00 1:1 Activity 6:00 Walking Group	15 10:00 Hymn Sing GM3S 12:00 BBQ (Atrium) 2:00 Resident Council Social GM3S Dining Room 4:00 1:1 Activity 6:00 Ball Toss 	16 10:00 Sit & Stretch 11:00 1:1 Visits 2:00 Bake Apple Pie 3:00 1:1 Visits  
17 10:00 Church Communion Ch. 990 11:00 Musical Movie 1:30 1:1 Activity 4:20 Nederland Zingt Ch. 990	18 9:30 Rise & Shine Stretches 10:30 Ball Toss 2:00 Resident Council Meeting GM2S Dining Rm. 3:30 1:1 Visits 	19 9:30 Rise & Shine Stretches 10:30 Sweet Melodies 11:00 1:1 Visits 2:00 Art Therapy 3:00 Devotions 1:1	20 9:30 Rise & Shine Stretches 10:30 Walking Group 11:00 1:1 Visits 2:00 Craft Time GM3N 3:00 Puzzles 6:15 Bingo! (Atrium)	21 9:30 Rise & Shine Stretches 10:30 Walking Group 11:00 1:1 Visits 2:00 Word Game 3:00 Musical Movie	22 10:00 Hymn Sing 11:00 Musical Movie 2:00 Ice Cream Cart 3:00 Out & About 	23 9:30 Rise & Shine Stretches 10:30 Walking Group 2:00 Bingo GM3S 3:00 1:1 Visits 
24 10:00 Church Ch.990 11:00 Musical Movie 1:30 1:1 Activity 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	25 9:30 Stretches 10:30 Ball Toss 1:30 Dutch Program GM3N 3:00 1:1 Visits 	26 9:30 Rise & Shine Stretches 10:30 Sweet Melodies 11:00 1:1 Visits 2:00 Painting Group 3:00 Devotions 1:1	27 9:30 Rise & Shine Stretches 2:00 Jazz Trio Band 3:00 1:1 Visits 6:15 Bingo (Atrium)	28 9:30 Stretches 10:30 Walking Group 2:00 Outdoor Social 4:00 1:1 Activity 6:00 Walking Group	29 10:00 Hymn Sing 2:00 September Birthday Party on GM3N 3:00 Sensory Stimulation 4:00 1:1 Activity 6:00 Ball Toss 	30 9:30 Rise & Shine Stretches 10:30 News & Views 2:00 Bingo GM3S 3:00 1:1 Visits 



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