

Holland Christian Homes Faith Manor
Family Council Meeting Minutes

Wednesday January 18, 2023 @ 7:00pm
FM ZOOM

Chairs: Lynn Vanlieshout
Co –Chair: vacant
Secretary: vacant
Treasurer: vacant

Present: 5

Business Arising: Lynn welcomed everyone. Review of previous minutes approved by x2 attendees.

New Business: Home Update: new entry of Faith Manor almost complete. FOBS, access etc. still being addressed to support IPAC measures. Outbreak lifted pending x1 PCR test.

Education: Kamal Sekhon-education coordinator attended the meeting. Wished everyone Happy New Year! Asked members if they had any suggestions on education for the Year? Kamal stated she can try to put together anything they are interested in (within reason); stated the Alzheimer's Society offer free courses but must have at least 6 people in attendance before they arrange to come on site. She indicated a good variety of courses could be offered based on interest, need etc. IE personal expression, delirium, depression. Several on-site as well as webinars, workshops all can be arranged based on interest level. She also informed they offer LDJ (learning the dementia journey) which is hands on by our certified members and BSO leads-therapeutic clinicians. It was open to everyone last year. Some discussion on a family member loved one and challenges around personal care-bath time, adl's (activities of daily living). Some concerns over the 1:1 assignment for residents with personal expressions and the challenges around that program. Sellinor explained last fall in detail the criteria of the program. Kamal said she would inquire to the nursing team on behalf of the attendee (as its very concerning-various methods have been trialed-BSO, nursing team, psychogeriatric outreach with no success). Another family member shared a bit on her loved one and that once she is dressed, she will often refuse. Jody said at times, recreation staff have assisted with ADL's as we don't wear uniforms

and our approach is different than staff in uniforms (can be a trigger for some residents) and can often get the resident through the shower/bath experience. A different approach may be needed-non-pharmalogical.

Kamal finished off with information on the LDJ workshop-accessible to families-help to understand techniques. We are also supporting the culture change with new wording of old terms (responsive behaviors to “personal expressions”; instead of resident home area, refer to it as neighborhood-HCH has partnered with RIA to support the culture change journey. Kamal said if families have any topics they would like to learn about to reach out to her or Jody for continued support!

Recruitment and Time Commitment: Lynn/Jody will follow up with Trish re poster to go out in the billings looking to recruit more families. We will also post internally in the elevators and on the floors. Lynn will reach out to Trish.

Wishing Well Program: No ballots to note. Jody said with the new entry and wishing well is in site now, she would like to re-vamp the program and set up some festive balloons and do up a nice poster informing people better about the program etc. Will aim for spring! Also add to the newsletter, Tie that Binds.

RAPS Programs and Environment Subcommittee Update: Jody gave the latest update on some of the programs being worked on. The music and memory was just registered (as funding came through) so next step is setting up education then we will assess needs/supplies as per the organization suggestions (have to be mindful that what works for some may not for others). Definitely need a trial period with core residents, document and go from there. Jody will keep everyone posted. The tovertafel is set up however lighting is an issue and Jody is working with admin and Director of Environmental Services.

Q: family asked about the Spotify account and if they would be able to use it while onsite visiting. Jody didn't think it would be an issue at all especially if staff are doing paperwork etc. or its during down time and they aren't using it as its one profile per home area. She will look into this further and follow-up at February's meeting. The program could be synced with HDMI cable and followed on the tv's etc.

Family member also shared about the use of nail polish and at times doesn't seem suitable to families. Jody said she would follow up with staff gentle

reminder. In addition, if its resident choice, she will ask them to do a progress note as we support residents' rights. That being said, it must be respectful and acceptable.

Who am I- discussion on x3 rooms for 3rd floor-not sure where poster is? Jody will inquire with rec staff to make sure of completion. Maybe something happened she is unaware of. Will address this at February's mtg.

Open Discussion: some light discussion on old Faith Manor and what will happen to it. Jody indicated that HCH is currently undergoing strategic planning sessions and that is included in the planning process! Updates will be made available as we merge through this transition.

Chair position: Lynn VanLieshout-Lynn.VanLieshout@humber.ca

Co-Chair: NA

Secretary: NA

Treasurer: NA

Closing Remarks/ Adjournment: mtg finished 8:37pm.

Motion to close: x2 members.

Next Meeting Date and Time

- Next meeting will take place February 15, 2022, at 7:00pm-8:00pm via Teams. Please check the website for the upcoming memo and Zoom ID number and password to log in.

Infection Control: This meeting was via zoom; No concerns or break in infection control practice.

Communication: (This section to be implemented in each meeting moving forward.)

- What from this meeting needs to be communicated-**follow up with Trish for poster (Lynn & Trish).**
- Who are we communicating this information to- any family, visitors etc.- minutes kept in master binder at resident/family board outside entrance to FM 1st floor (temporarily on 2nd due to construction).

- How will we communicate this information-posted on website and kept in master binder and is also sent electronically.
- When will we communicate this information-one week prior to next meeting.
- Who is responsible to ensure this information is communicated Jody and Chair of council.

Communication: Jody/Trish will work together to post next meeting zoom ID number and password on the web site.

Note: Aleksandra Grzeszczuk, Administrator has a standing invitation to attend all Family Council Meetings.

For more information about Faith Manor Family Council, please contact:

Chair position: Lynn VanLieshout- Lynn.vanlieshout@humber.ca



Lynn VanLieshout

February 16, 2023