



November 2023 Grace Manor 3S



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

St. John's Pet Visits
Thursday afternoon



1
9:30 Sit & Stretch
10:30 Calendar Visits
12:00 Outing Swiss Chalet
6:15pm **Bingo! (Atrium)**



2
9:30 Sit & Stretches
9:45 Singing
2:00 Active Activity
3:00 Documentary

3
10:00 **Hymn Sing**
2:00 **Crafts**
3:00 Movie Time
4:30 1:1 Activity
6:00 Shuffleboard

4
9:30 Exercise
9:45 News/Views
2:00 Bingo
3:00 1:1 Visits



5
10:00 Church Ch. 990
11:00 Musical
1:30 1:1 Activity
4:20 Nederland Zingt Ch. 990
7:00 Church Ch. 990



6
9:30 Sit & Stretch
9:45 Active Activity
11:00 Movie Time
2:00 Puzzles
3:00 Room Visits

7
9:30 Sit & Stretch
10:30 Piano Music
2:00 Bread Making/Knitting Club
3:00 Room Visits



8
9:30 Sit & Stretch
9:45 Active Activity
11:00 Devotion Reading
2:00 Craft Time
3:00 Room Visits
6:15pm **Bingo! (Atrium)**

9
9:30 Sit & Stretch
9:45 Singing
2:00 Tulip Restaurant Outing
4:30 1:1 Activity
6:00 Walking Group



10
10:00 **Hymn Sing**
2:00 Birthday Party GM3S
3:30 Room Visits
4:00 Dominoes
6:00 Movie Time



11
10:00 Remembrance Day Service Ch. 990
2:00 Travelogue of Holland
3:00 Room Visits

12
10:00 Church Ch.990
1:30 1:1 Activity
4:20 Nederland Zingt Ch. 990
7:00 Church CH 990



13
9:30 Sit & Stretch
9:45 Puzzles
11:00 Movie Time
2:00 Active Activity
3:00 1:1 Visits

14
9:30 Sit & Stretch
10:30 Piano Music
2:00 Art Group
3:00 Room Visits

15
9:30 Sit & Stretch
9:45 Active Activity
2:00 Crafts
3:00 Room Visits
6:15 Bingo (Atrium)

16
9:30 Sit & Stretch
9:45 Puzzles
2:00 **Critter Visits-Atrium**
3:00 Room Visits



17
10:00 **Hymn Sing**
2:00 Travelogue of Saskatoon
3:00 Walk & Talk

18 10:00-2:00 Christmas Market Place in Heritage Hall, lots of Vendors



19
10:00 Church Ch.990
11:00 Musical Movie
1:30 1:1 Activity
4:20 Nederland Zingt Ch. 990
7:00 Church Ch. 990



20
9:30 Sit & Stretch
9:45 Active Activity
11:00 Movie Time
2:00 Puzzles
3:00 Room Visits

21
10:00 Sit & Stretch
10:30 Piano Music
2:00 Knitting Club
3:00 Room Visits



22 9:30 Sit & Stretches
9:45 Singing
11:00 Susie Q
2:00 Art Therapy
3:00 Room Visits
6:15 **Bingo! (Atrium)**

23 9:30 Sit & Stretch
9:45 Active Activity
2:00 Suzie Q/
4:00 Word Game
6:00 Walking Group

24
10:00 **Hymn Sing**
2:00 Jewelry Making
4:00 1:1 Activity
6:00 Dominoes

25
9:30 Exercise
9:45 Singing
11:00 Documentary
2:00 Christmas Choir



26
10:00 Church Ch.990 Communion
1:30 1:1 Activity
4:20 Nederland Zingt Ch. 990
7:00 Church Ch. 990



27
9:30 Sit & Stretch
9:45 Active Activity
11:00 Movie Time
2:00 Resident Council Meeting 2S Dining Room

28
10:00 Sit & Stretch
10:30 Piano Music
2:00 Celebration Of Life Harmony Hall
3:00 Pathways Music

29 9:30 Sit & Stretche
9:45 Active Activity
11:00 Susie Q
2:00 Knitting
3:00 Room Visits
6:15 **Bingo! (Atrium)**

30 9:30 Sit & Stretch
9:45 Active Activity
2:00 Suzie Q/
4:00 Word Game
6:00 Walking Group

All group activities are subject to modification to 1:1 visits according to Public Health

Channel 990 Devotion at 9:30 Tuesday Wednesday & Thursdays
10:00 Every Tuesday Morning Catholic Mass in GM Chapel





**November 2023
Activity Calendar
Grace Manor 3S**

REMEMBRANCE DAY
11 NOVEMBER

