

The Tie that Binds

I n t e r n a l N e w s l e t t e r



Holland Christian
Homes

May 2025

Editor: Kelly Pereira, Manager of Tenant Business Services

Kelly.pereira@hch.ca

May was a busy month when I was teaching, as we prepared for the end of the school year, but in a much different way. We used May to prepare and pack for our 3-week canoe trip in June. This involved portage practice (carrying the canoe with a small group around the property), gear checks, and food packing. It also involved doing a simulated canoe tipping in the North Saskatchewan River in early May, often with chunks of ice all around us on the shoreline.

For those from the Netherlands, May 5 is Dutch Liberation Day. 2025 is the 80th anniversary. This year will feature memorable celebrations throughout the Netherlands, as well as in Ottawa and Toronto. Freedom is a wonderful gift, which we can never take for granted!



Pastor Bodini steering a canoe in Northern Saskatchewan, June 1994.

Our June canoe trips were an experience of freedom... from the confines of a classroom, a city, a vehicle... to the wild outdoors in the north of Canada, far from towns and people. We journeyed with 25 to 30 students and staff and 4 or 5 large canoes to explore the wonders and the freedom of the Canadian Shield, vast forests, and the fresh water of northern Saskatchewan, Manitoba, Alberta, and the Northwest Territories for the last 3 weeks of June.

The freedoms we have in this vast country of Canada should not be taken for granted. This land was discovered, tended, and kept by our Indigenous brothers and sisters for many years. Today, we have the privilege of living into this gift as we tend and care for the land in order to share it with coming generations. Canadian and Allied soldiers brought freedom to the Netherlands that was completed on May 5, 1945. That freedom was earned at a high cost in the lives that were lost. Dutch people continue to say thank you each year to Canadians. Several other European countries commemorate VE Day on May 8 or 9 (Italy is on April 25). Freedom is experienced so differently by each one of us. Peter writes in 1 Peter 2, “¹⁵ For it is God’s will that by doing good you should silence the ignorant talk of foolish people. ¹⁶ Live as free people, but do not use your freedom as a cover-up for evil; live as God’s slaves. ¹⁷ Show proper respect to everyone, love the family of believers, fear God, honor the emperor.”

Freedom or liberty is not a license to do as we please. Freedom is submitting to God and to the freely elected earthly authorities. During this month of May celebrate and give thanks, share and enjoy the gifts of freedom.

Pastor Richard Bodini

From the desk of the CEO

Dear Holland Christian Homes Community,



Please join us outside at the flag pole on **Monday May 5th at 1:30pm**, as we celebrate **Dutch Heritage Day**. This year marks the 80th Anniversary of the Liberation of the Netherlands from Nazi occupation following the Second World War, a historic milestone and a time for reflection on the triumph of freedom, the strength of resilience, and our deep gratitude for the peace we are privileged to enjoy today. The Dutch Consulate and other dignitaries are excited to attend. ***Don't forget to wear orange!*** See the poster in the Tie that Binds and on channel 990 for more details regarding this and other special events taking place during the month of May in celebration of Dutch Heritage Month.

The front entrance has finally returned back to full access after the recent water main break. I truly appreciated your understanding and support as we worked to address this unfortunate incident.

On April 8th, 2025, I attended the Tenant Advisory Committee (TAC) meeting and a summary of the discussion(s) follows my report.

On April 15th, we held several, well attended town hall meetings with representatives from Rogers to review the upcoming changes to the cable service to install new Rogers Xfinity cable boxes. This is not a choice. All tenants must make the switch and cannot keep their current cable box, as this old box will soon be obsolete. Once installed, cable charges will increase by \$5.00 per month.

Rogers plans to start installing the new cable boxes on the Kingknoll side of the street first (tentatively to start in late May). Tenants can now get two boxes. If tenants have two TVs (the 2nd box is a choice and provided at no additional cost). If tenants need more than two boxes, tenants will have to

rent these at their own expense. Rogers will set appointments with each tenant, so tenants can be home at the time of the install in order to ask questions and to ensure that each tenant is comfortable using the new box. Rogers technicians will do the actual installation with each individual tenant and provide ongoing support throughout this transition. HCH will install the new Rogers cable boxes for Grace Manor residents only, and provide ongoing support throughout this transition and moving forward.

HCH staff will also support tenants and residents with using the new app for accessing for the front entrance cameras, channel 990, and the BVN (Dutch Channel). If you do not have a smart TV compatible with an Android operating system, the cable boxes will work however the app for accessing the lobby channel and 990 may not work. The solution will be for you to purchase a “Firestick”. This is available from Amazon (one-time cost only @ \$49.99). HCH will support you in this purchase process as well if required.

Tenants who wish to have Rogers contact a family member first (rather than the tenant themselves) when setting up this install appointment must contact Jemmie Ramprashad, Director of TNO (ext. #5248). Jemmie is maintaining the list of contacts for whom Rogers should call. Once we have more information, we will communicate this.

On April 16th, we held a special dinner award event to show appreciation and honour our most loyal team members who had reached monumental years of service and have remained committed to Holland Christian Homes. It was an amazing evening with amazing people! ***Thank-you and congratulations on your years of service!***

We held an “All Candidates” meeting on April 17th, with all four major parties in attendance. The federal election was held on April 28th with polling stations available in Heritage Hall, Horizon Hall, Grace and Faith Manors. The successful candidate re-elected as Member of Parliament for Holland Christian Homes (Brampton South) is Sonia Sidhu (Liberal candidate).

On Friday April 18th, there was a faulty smoke detector in Grace Manor that set off the fire panel in GM, PeT and KT numerous times. As we waited for the fire monitoring company to arrive to do the repair, the Fire Department would not allow us to reset the fire panel which grounded the elevators. We apologize for this. We have analyzed this incident and have an action plan to address any deficiencies noted. Following this incident, I had a few questions with regards to understanding why the buildings are on the same panel and impacted by bells from other buildings. As a result, we have published a Fire Safety and Elevators Q & A in this edition of the Tie to hopefully clarify this.

On Sunday April 19th, I attended the Easter dinner organized by Lydia Booth and her amazing volunteers. The room was full, the meal was delicious and wonderful fellowship was shared. The event reminded us that no matter how dark things may seem, there is always hope in the power of resurrection and new beginnings.

On April 22nd, we recognized Earth Day by going outside and cleaning up garbage around our property. It was a day to celebrate Mother Nature and the wonderful planet we live on, but also an opportunity for us to reflect and be mindful of our actions so we may protect and preserve its beauty. Please do your part in keeping the HCH community beautiful by putting garbage and cigarette butts in their appropriate places, and not on the ground, and reminding your visitors to do the same.

It was my pleasure to celebrate with each of our amazing volunteers during National Volunteer Week! On April 30th we celebrated with a lovely lunch and musical entertainment. Holland Christian Homes could not do what we do without the assistance of our volunteers. ***Thank-you for all that you do!***

We applied to Service Canada for a funding grant to support our hiring of students for the summer. We are pleased to report that we were approved funding to support the hiring of 12 students this summer. Please say hello and welcome these students when you see them throughout HCH this summer.

With the warmer weather approaching, we are starting to hear some increased noise (revving of car engines etc) from the College Plaza next door. I have reached out to the City who have responded stating that they have contacted Condor Properties to once again put an action plan in place to address the noise issue before it gets out of control again.

Just as a reminder, Brampton by-law requires landlords of residential buildings to maintain a minimum indoor temperature of 20 degrees between September 15th and June 1st of the following year. This means that we will not switch over to air conditioning/cooling until June 1st. If high temperatures are expected in the long forecast prior to June 1st, HCH may turn on the air conditioning earlier, however a few days of a hot spell followed by cool weather forecast will not warrant the switch. The process to switch from heating to cooling does take a few days, so we can't go back and forth (PeT & KT).

National Nursing Week is being held May 12th to 16th, and this year's theme is "Celebrating nursing action and impact". Holland Christian Homes recognizes and celebrates the contributions of the tremendous impact that nurses and our staff have on individuals, communities, and the future of health care. We will be hosting various fun events for staff during this week. Please join us by participating in some of the activities, theme days and in thanking our staff during this week for all that they do! See the poster in the Tie that Binds and on channel 990 for more details.

Thank you to all tenants who returned the annual Tenant Survey. Our team met to review the results of the Tenant Survey and a high-level summary of the results has been published in this edition of the Tie. I was personally moved by the many positive comments. We will be working with the Tenant Advisory Committee to finalize an action plan to respond to these results.

We have still not heard back from the Landlord and Tenant Board regarding the rent increase (above the approved guideline) for which we applied. We will notify tenants once we hear back.

From May 5th to May 9th, we will celebrate Health and Safety Week. Health and Safety and Health Week is an annual observance held in the first full week of May to spread awareness about occupational safety and health and to bring in systems that ensure the safety and well-being of our HCH care partners (staff). There will be a number of sessions/events being offered for staff during that week.

Have you seen the new ***“Give a little, take a little” donation area*** (for small items not being donated to Encore)? A few shelving units have been installed in the basement of PeT where the foosball table was located. The foosball table was relocated to the main lobby of PeT across from the elevators. This area will allow anyone, including staff, tenants, families to leave donated items or take donated items at no cost. Bins have been added to the shelves to hold smaller type items. Signage has already been posted in the area. Everyone is encouraged to start taking advantage of this.

A water cooler has been installed in the lobby / entrance area to the Red Tulip (where the coffee machine used to be). A gentle reminder that the Red Tulip is now leased by Tyndall Nursing Home, please do not enter this space at any time. Thanks for your cooperation.

We are in discussions with our vendor about another coffee machine for the Kingknoll side of the complex. More information to follow.

On May 11th, we will celebrate Mothers! “Motherhood is a million little moments that God weaves with grace, redemption, laughter, tears, and most of all, love”.

We continue to prepare for our Annual General Meeting for members which will be taking place on June 14th, 2025 starting at 10:00am in Heritage Hall.

Blessings,

Tracy

TENANT ADVISORY COMMITTEE UPDATE (TAC)

The Tenant Advisory Committee meeting was held on Tuesday April 8th, 2024 at 8:30am. Tracy Kamino, CEO attended the meeting. The following is a summary of our discussion(s):

Business arising from last meeting

- Previous concerns regarding the front entrances being dirty due to winter salt have been addressed. All front entrances have been power-washed and thoroughly cleaned.
- Next year, the snow removal tractor will be left in a different location that is a little less visible to tenants.
- Physiotherapy has completed their move into their new space in TNO.
- Window washing will be done in May this year.
- Signage directing tenants to the car washing station has been installed.

General Discussion

- We now have a proposed space for the “give a little, take a little” donation area (for small items not being donated to Encore). A shelving unit will be installed in the basement of PeT where the foosball table was located. The foosball table will be relocated to the main lobby of PeT across from the elevators. This area will allow anyone, including staff, tenants, families to leave donated items or take donated items. Bins will be added to the shelves to hold smaller type items. Signage has already been posted in the area.
- The three guest rooms have been recently renovated with new furniture and flooring. There is now a queen size bed and a queen-size pull-out couch in each guest suite. The price will increase from \$80 a night to \$100 a night effective July 1st, 2025. Some members expressed an interest in seeing the upgraded rooms.
- A member informed the committee of a proposal to upgrade the flower bed in the back of KT. It was suggested to enhance the area with ebony mulch, similar to what’s used in front of Duca, along with the addition of crawling plants and new planters. Members agreed with this proposal.

- It was noted that some tenants have been moving their vehicles from their designated parking spot to a vacant visitor spot to allow family members to park in their reserved parking spot. We already have a parking issue, and this action only adds to this issue, especially if the tenant stays in a visitor spot for weeks while family only visits one day a week or less often. This is essentially using two parking spots. Members agreed this is not acceptable. Tracy reminded members that unregistered vehicles found parked in a tenant reserved spot may be at risk of being towed at the owner's expense.
- Tenants expressed appreciation for how efficiently the recent water main break was handled, and for the effective communication. All necessary steps were taken and completed promptly. Tracy also expressed appreciation for tenants understanding and support as we worked to address this unfortunate incident.
- Tracy stated that in the recent month, there has been a number of incidents whereby tenants have used inappropriate language with staff. There is now a sign posted at reception reminding everyone that this kind of behavior will not be tolerated. Members agreed this is not acceptable.
- A member inquired about how Tyndall will access their space while occupying Bethany Place. Tracy stated that Tyndall will be using the Bethany Place entrance, and a sign has already been posted on that door.
- The deadline for submitting the annual Tenant Survey has passed. The response rate was good, and the overall comments were quite positive. Staff are working on compiling the results and will make these available for discussion and action planning at the next TAC Meeting.
- A member inquired about having new staff (i.e. managers) names and pictures posted in places that tenants can easily access i.e. The Tie that Binds. Tracy stated that this can easily be accommodated, and will speak to HR to make sure this happens moving forward.
- Tracy stated that town hall meetings have been scheduled next week with Rogers to discuss the change over from the old cable boxes to the new ones.

- Members thanked Tracy for all the amazing work she does and continues to do here at HCH.

Trinity Tower

- Tenants are happy with the new floors.
- A member inquired whether the lobbies would be updated along with the hallways. Tracy clarified that only the hallways are being updated at this time. If there are concerns regarding touch-ups needed in the main lobby areas, tenants are encouraged to submit a request for repair to reception.
- As a reminder, all maintenance issues should be submitted through a request for repair to reception.

Hope Tower

- A member stated that he was asked to suggest bringing in portable toilets or using vacant apartments in the event of another water main break and shut-off. Members present felt this was not necessary.
- A concern was brought forward regarding a large scooter being parked in the lobby area in Hope Tower specifically. Members agreed that scooters can be parked in basement areas, but not in the main lobbies. This will be addressed by the Tenant Business Office with the owner of the specific scooter in question.

Covenant Tower

- A member asked a question about the door closures on tenants' apartment doors, as they are making it difficult for some tenants to open and close their doors. Tracy mentioned that these are required as per the fire code, however maintenance can adjust the pressure of the door closure. Tenants who require this adjustment can submit a request for repair to reception.
- There was discussion that if a tenant cannot open the door once this closure adjustment has been made, then the tenant may need to consider whether independent living is the best setting for keeping the tenant safe (should an immediate emergency evacuation be required).

Providence Tower

- A member stated that there has been salt damage to some of the concrete and pillars in front of Providence Tower. The member has already spoken to the Maintenance Manager about this and they have a plan on how this will be addressed.

Peace Tower

- No concerns.

King Tower

- A member stated that the concrete blocks in the back-parking lot behind KT/PeT have shifted due to the winter and snow removal resulting in some of the rebar being exposed causing a potential safety issue. Maintenance will be informed immediately to repair.
- A tree along the sidewalk beside Steeles, but on HCH property has been damaged. Some of the branches have broken off over the winter and needs to be cleaned up. Maintenance will be informed immediately to clean up.
- Cigarette butts are littering the back-parking lot despite there being a butt station close by. Maintenance will be informed and asked to clean it up. Tracy noted that during Earth Day clean-up, cigarette butts are everywhere. It is unfortunate that people do not show more respect for the property.

**Next Meeting will be held on
Tuesday May 13, 2025 at 8:30am in the Boardroom.**

**Respectfully Submitted on behalf of TAC,
Leah Lenstra and Cor Buikema, Co-Chairs**



Tenant Advisory Committee

If you have any tenant concerns that you wish to be discussed at the Tenant Advisory Committee, please contact your Tower representative.

Trinity Tower

Ms. Maria DeMelo	TT501
Ms. Sandra Morello	TT612

Hope Tower

Mr. John Versteeg	HT509
Mr. Keith Lohnes	HT612

Covenant Tower

Ms. Leah Lenstra	CT 711
Mr. Len Joosse	CT1001

Providence Tower

Ms. Lucy Vandersluis	PT501
Mr. Simon Riemersma	PT904

King Tower

Ms. Barbara McMahon	KT402
Mr. Cor Buikema	KT805

Peace Tower

Ms. Liz Terpstra	PeT1004
Ms. Trudy Adema	PeT1504

Fire Safety and Elevators – Q & A:

Why can't I use the elevators during a fire alarm?

During an active fire alarm, all elevators in CT, PeT and KT automatically switch to fire mode and come down to the ground floor to be ready for use by the firefighters. In TT, PT and HT, the elevators stay on the floor where they are.

The elevators will stay in fire mode until all activated devices are cleared, and the panel is showing normal and the fire panel has been reset. This is a fire code requirement.

- Elevators could become a smoke shaft during a fire.
- The power could fail to leave you trapped in the elevator car.
- The door could open at the fire floor exposing you to extreme heat and smoke.
- Firefighters need the elevators to transport manpower and equipment to the upper floors as quickly as possible.

Why is the fire alarm sounding in one building when the issue or reason for the activation is tripped in another building or an adjacent building?

This happens when there is more than one level shared between two or more buildings. This is a fire code requirement.

- Covenant Tower shares 3 levels with Bethany Place and Faith Manor (underground/basement/garage, 1st floor/ground floor and 2nd floor).
- King Tower shares 2 levels with Peace Tower and Grace Manor (underground/garage/basement, and 1st floor/ground floor).

In the above cases, there may be two fire panels however they operate as one. If there is a trouble warning, it impacts all of the shared buildings, regardless of what building the trouble is in.

Important Note: If anyone tampers with a life safety device in their apartment unit, there would be a trouble indicator on the panel. This trouble indicator would need to be cleared before the panel can be reset. Such action could result in the alarm bells ringing longer than they have to, as well as delaying the elevators from being put back in service.

Such action is also a violation of the fire code (and your lease agreement), which could result in a hefty fine by the Fire Department or eviction from your apartment, not to mention the risk to your own personal safety and those of others.

Why can't HCH just separate the buildings?

HCH tried at the time of construction to have separate fire panels and systems, however the fire department would not allow it. The fire code is even more stringent now and our buildings are not structured to comply with any new fire code requirements should we try to change this now.

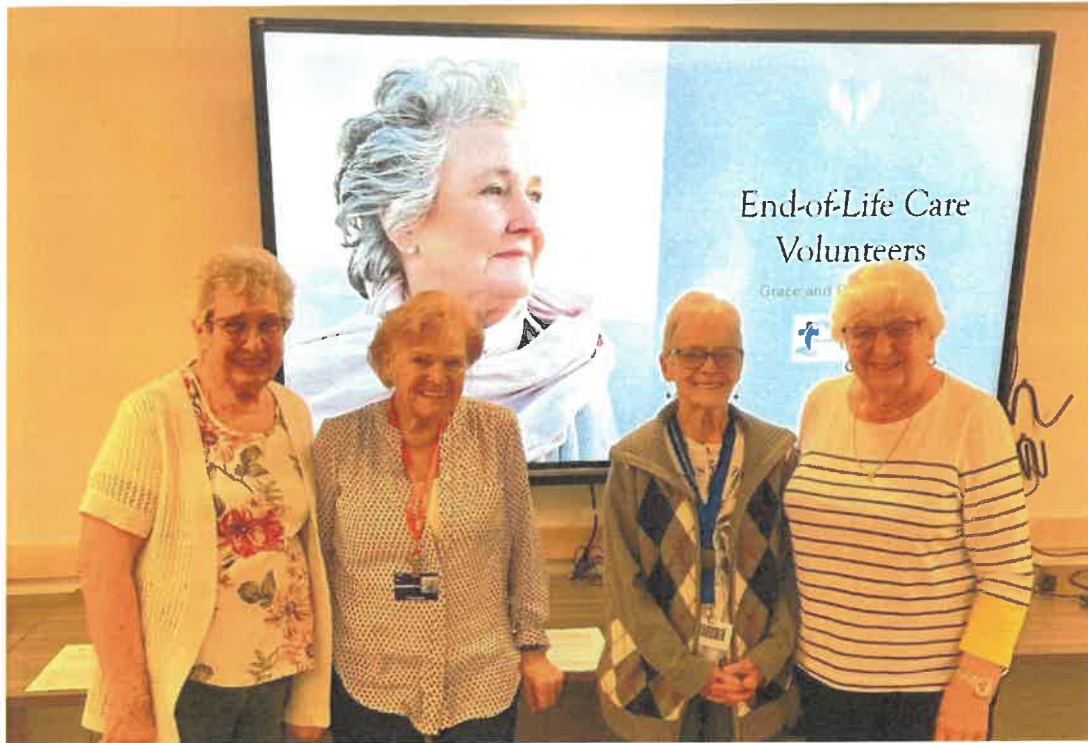
Why are the bells ringing all the time for Fire Drills?

We realize that hearing audible alarms can be disturbing and upsetting, especially when the issue or drill is not in your building. Long-term care homes are required by the fire code to do fire drills every month.

Fire drills are an important training requirement for all HCH staff. They help ensure that we know how to keep you safe in any situation. Fire drills occur once a year in TT, once every three months in HT and PT, and once a month in CT, KT, and PeT. As mentioned above, these three buildings are connected to FM and GM.

If a fire occurred in long-term care home, many of the residents would need help getting to a safe place. While the fire alarm is disruptive, it is important that all of our elders are safe and that staff are well trained.

***If you have any questions about fire safety, please contact:
Ingrid Malmberg, Emergency Management Coordinator at ext. #5242.***



🌿 Welcome to Our New End-of-Life Care Volunteers 🌿

Following an in-depth training session held on April 14th, 2025, we are honored to introduce the newest members of our care community at **Grace and Faith Manor – our End-of-Life Care Volunteers.**

These compassionate individuals will walk alongside our residents and their families during one of life's most tender journeys. Their presence will provide comfort, companionship, and emotional support when it is needed most.

Their role is a vital extension of our mission to offer dignity, peace, and compassion at every stage of life. We are deeply grateful for their willingness to serve with empathy and grace.

Please join us in welcoming them and thanking them for the incredible heart they will bring to our Manors. If you are interested in becoming an End-of-Life Care Volunteer, please speak to Glenda McKay, Volunteer Coordinator at ext. 5225. 💖



2025 Annual Tenant Satisfaction Survey Results

Thanks to everyone who took the time to respond to the survey.

218 Surveys Returned

- Hope (35)
- Trinity (26)
- Providence (40)
- Peace (31)
- King (32)
- Covenant (35)
- Tower not identified (19)

Age of Respondents

- 65-70 (9)
- 70-80 (45)
- 80-90 (100)
- 90-100 (56)
- 100+ (1)
- No age identified (7)

Top Theme Responses:

What Holland Christian Homes does well

- Caring Christian Community
- Communication (keeping tenants informed) and communication tools like the Tie that Binds, Notices/Memos, Channel 990
- The amount of activities / lots of opportunities for social/fitness, can get involved as little or as much as you want
- Beautiful gardens and grounds
- Safe and Clean environment
- Issues handled promptly (administration, maintenance, upkeep, R4R handled promptly)

- People are friendly, approachable and kind and show love to make people feel welcome (staff and tenants, open door policy)
- Coffee Socials
- The availability and response to emergencies
- Spiritual life, church, bible studies
- Apartments are comfortable size, clean with reasonable rent
- Tenant surveys and acting on results
- The way we are able to walk safely in the tunnels during the winter time.
- The convenience of having access to various amenities on site (ie. Maintenance, laundry, doctors and nursing clinics, bank, Dutch store, access to hot food, Shoppers, etc).
- Keeping the facility Christian.
- TAC is useful and works well for tenant general concerns.
- School bus 2x's a month
- HCH is honest and fair, addresses concerns with transparency
- Soliciting volunteers to help with efficient matters in keeping the towers humming. Makes the place pleasant.

What Holland Christian Homes could do better

- Improved internet service
- Parking (increase – not enough)
- Heritage – upgrade audio, movie projector – visual, need a better screen for movies
- Fix the fire alarm annunciator panel in CT and train staff to speak clearly at all panels (cannot understand what they are saying)
- Reduce the number of unannounced fire alarms / bells ringing
- Outside grounds and landscape - garbage and debris not cleaned up timely
- Snack bar prices are too high, portion sizes vary (should be consistent), and food is not always good
- There is dust - air vents in apartments need to be cleaned more often

- More timely and better snow removal (keeping sidewalks cleared in the winter), less salt
- Increased access to Doctors or Nurse Practitioner
- Better elevators - too many breakdowns or not functioning properly
- Window washing (no one to help with the windows that tenants cannot do on their own inside the apartment)
- Pets - more owners with barking dogs brought in, which disturbs the peaceful quiet environment one would expect at a senior's residence. Some seniors have anxiety in close quarters with dogs.
- Balcony floors needing painting
- More timely response to maintenance requests, after hour and weekend response - repairs are not completed timely.

Are staff friendly, responsive and accommodating?

- Yes (pleasant, friendly, responsive, polite, respectful, helpful, courteous, receptive)
- Some staff are great and some staff could do better, not everybody is friendly (one particular staff was identified in several comments)
- Open door policy is appreciated
- Some managers need to be reminded to respond to emails and telephone calls more timely
- All staff are friendly and always willing to help in any way.

Favorite part about living at Holland Christian Homes

- The overall good-heartedness of other tenants (friends and neighbors)
- Affordable rent
- Cozy, clean apartment
- Friendliness of the people, able to share stories
- Finding old friends, meeting new people
- Having things to do, socializing together i.e. Lydia & Patti's dinners, birthday parties, bible studies, coffee socials, exercise

classes, playing cards & other games all are very important & enjoyable.

- Caring Christian community
- Feeling welcome
- Gezelligheid at coffee time
- Sharing many books through lending libraries.
- Knowing we matter
- Knowing that I have a safe and secure place to live and that I am well looked after
- Independent and free
- Everything
- Having access to so many care services, amenities, programs and activities
- Being able to go anywhere in the complex without going outside
- Being able to serve as a volunteer
- Flowers and plants are so beautiful.
- Getting communication updates, knowing what is going on - Channel 990 and internal newsletters
- Living in a community of like-minded people, who look out for each other.

Would you recommend Holland Christian Homes to Others?

- Yes (202)
- No (3)
- No response (13)

Quotes taken from the Survey

“HCH has a “Servants Heart” and cares about everyone at HCH. Very responsive to tenant concerns”.

“HCH makes people feel like they belong in this diverse community. People feel cared for and accepted for who they are. The open-door policy is a fantastic concept”.

“You have a campus of family here that captures what seniors of all ages need. From building to building, we all belong. There is a glowing light from some people who know how to make things happen and grow and move along, energies are apparent. Faith is alive, strong and constant”.

“Living at HCH is like having a holiday in PARADISE!”

“HCH is a good place to live, the best version of ourselves.”

“Social gatherings and entertainment are well organized. Your monthly Tie that binds unites the campus. No one needs to be lonely here”.

“It feels like HCH loves to pamper their tenants in every way possible. God bless HCH”.

National Nurses Week

May 12-16

***Join us in Thanking the
amazing staff here at HCH!***

**May
12**

"We are Canadian"

Dress in your best Canada Gear, wear red and white. Also join us outside of CT for the start of the Ice Cream Truck Season. Bring your \$\$

**May
13**

Crazy Hair/Funny Hat

**May
14**

Thank a Staff Member today

**May
15**

Around the World Day

Wear something that Celebrates your culture!

**May
16**

Honour our Nurses Day

Wear white in Honour of the Hard work our nurses do.



Holland Christian
Homes

"Celebrating Nursing Action & Impact"

Tenant Corner

We enjoyed another community dinner on Easter Sunday in Horizon hall!
A big thank you to all of the amazing people that help make this happen.

-Lydia Booth



		1	4		2	3		
	8			1			4	
2				7				5
5								6
6								7
	1						8	
		3				9		
			7		5			
			6					

3			8		1			2
2		1		3		6		4
			2		4			
8		9				1		6
	6						5	
7		2				4		9
			5		9			
9		4		8		7		5
6			1		7			3

Sewing Sisters

FUNDRAISER

**Peace Tower Lobby
Thursday, May 8, 10 – 2**


Placemats, tote bags,
lap quilts, baking and more...

Just in time for Mother's Day

BIBLE DONATIONS

**WE ARE STILL ACCEPTING
DONATIONS OF BIBLES
FOR THE CHRISTIAN
SALVAGE MISSION.**

You can drop off your
Bibles and other
Literature to the
Pastors Office.
Your donation is a real
showing of your love
for Christ.



A note from Patti,

Thank you to everyone who attended the Easter Dinner.

**Mother's Day & Father's Day will be celebrated on May 24th. Featuring Conn
Country. Tickets for this Roast Beef Dinner as selling fast.**

Canada Day Dinner tickets are on sale now for Saturday June 28th.



Hello from the Volunteer Office!

Happy May everyone! Spring is HERE! The grass is growing and those who are blessed with green thumbs are happy and excited to get to the garden work. How wonderful to watch our garden volunteers eager to get going for this up and coming growing season!

The month of April was Volunteer Month – the theme this year was “**Volunteers Make Waves**”. We had a wonderful time, celebrating our fabulous Volunteers during **Volunteer Appreciation week from April 27 to May 3**. It was such fun to see all our hard-working, active volunteers gather together in Heritage Hall and enjoy a feast together! Many volunteers pointed out to me that they were surprised at all the volunteer assignments that our volunteers are involved in. This was a good eye-opener, it pointed out all the work that is done on a daily basis around our community, the small things all the way to the big things, and that all, the big and the small, are all important and together contribute to the amazing place that Holland Christian Homes is! You all prove that you truly do “Make Waves, having a powerful impact” and especially that you show that you are “**Here to Care**”! A big **Thank You** to you all!!!

We celebrated all of our volunteer contributions. We highlighted 18 volunteers who reached special service milestones this year. **A special “shout out” to Eda Klompmaker, who reached the “45 YEAR” milestone this year. Wow! 45 years of volunteering is truly a wonderful giving from the heart!**

The following volunteers were recognized for reaching special Years of Service Milestones:

Forty-five Years:

Eda Klompmaker

Forty Years:

George VanDyk

Twenty Years:

Bill Temple

Fifteen Years:

Len Joosse, Clare Laning, Barend Zinkweg

Ten Years:

Carol Benner, Ann Pingyin, Margrit Gould

Five Years:

Weit Siderius, Lucy Vandersluis, Audrey Hoekstra, Gera Koster, Trudy Ormel, Afina Hoeijenbos, Imke VanLoo, Tina Whittle, Ann Williams

We also celebrated special recognition for 10 other volunteers for outstanding service hour contributions in two other categories. **Congratulations to our top 5 volunteers who contributed the highest number of hours in 2024.** Audrey Schreuders (401 hours), Bev Harris (357 hours), Zwaantje DeJong (336 hours), Yola Bouckaert (317 hours) & Sandy Best (311 hours)! Amazing!

Congratulations to our top 5 volunteers who contributed the highest number of lifetime hours! Audrey Schreuders (3,749.22 hours), Beverley Carkner (2,250.92 hours), Len Joosse (1,176.53 hours), Gerda Veenstra (1,200.95 hours) & Zwaantje DeJong (1,066.77 hours)! **Thank you to all our amazing volunteers for your dedication to our Volunteer Team!**

And last but not least, a huge THANK YOU!!! to Hofland and to Kuyvenhovens for the generous donations of Cyclamens and Lillies which were beautiful décor as well as gifts to bless our volunteers. Thank you so much for your kind generosity.

Here is a list of volunteer assignments that are currently available. Are you interested?

- Smile and Serve Team – helping to prepare & serve coffee/tea for events
- Meals on Wheels Delivery Team
- Bingo Support on Wednesday Evenings in Grace Manor Atrium
- Friendly Visiting in Faith Manor and in Grace Manor
- Activation Support in Faith Manor and in Grace Manor
- Faith Manor Mealtime Assistance and Grace Manor Mealtime Assistance
- Do you play a portable instrument? Do you know anyone who does? Would you like to go to Grace Manor and play music for residents in their rooms? Be a “wandering minstrel”?

Are you friendly and welcoming? Do you have reception experience? Would you like to join our new “Volunteer Faith Manor Reception” Team? It is a great opportunity to meet new people and be a support in our community.

If you are interested in any of these available volunteer assignments and would like **a job description** with more details or if you have any questions, please contact Glenda in the volunteer office at Ext. 5225 or by email at glenmc@hch.ca Also, please feel free to stop by for a chat or to book an appointment, please call to discuss a time that works for you! If you are new to our Holland Christian Homes community and you would like to join our volunteer team, you are most welcome and we look forward to hearing from you!

Welcome May



April has been remarkable, as the Eden Kickoff event proved to be an excellent occasion. Each Manor has selected a pilot neighborhood, and we are enriching our community through the introduction of plants, pets, and meaningful activities.

Guinea Pigs

Olive and Cherry have moved to their new home , Salty Shores (2N) in Grace Manor and are settling in nicely!

Pilot Neighborhoods

Picking of the Pilot Neighborhood was a random draw by a resident.

Grace Manor: Salty Shores (2N)

Faith Manor: Windmill (2nd floor)



Goal of Culture Change = person-directed care

If you have any questions, feel free to contact me.

Jacque #5246



**Our Eden Kick off was a great success!
It was a wonderful time connecting with
Residents,
tenants, family and employee care
partners
Thank you for joining us...**

**THE
eden
ALTERNATIVE®**



Coco's Birthday



Henriette's Poem



Oh, my name is Henriette, I'm perched so high,
In my little cage where I love to fly.
Don't move me around, I like where I stay,
Keep my home steady, don't whisk me away!

I'm social and sweet, love to chat and play,
So come, make acquaintance, don't delay.
Whistle a tune or dance with delight,
I'll chirp along, and we'll have a good night!

Hygiene's a must, please clean with care,
My bottom tray's waiting, so I feel fresh in there.
Water and food, serve with a smile,
I'll thank you, I promise, it'll be worth your while!

Not too sunny, not too much breeze,
I like it just right, with comfort and ease.
And those little shells, they need a good blow,
Don't forget, please—let them go!

So come chat with me, let's have some fun,
I'm Henriette the bird, and we'll never be done!

-Purty K.

A
P
R
I
L

H
I
G
H
L
I
G
H
T
S

Budgies at Grace Manor



Denise & Jax



SUNSHINE
therapy dogs

Please say hi to **Denise** and
her dog **Jax** from Sunshine
Therapy Dogs! We're
excited to have them here at
HCH, visiting both Manors!
The residents really
enjoyed their visit on
April 11.



Olive & Cherry on Salty Shores




NEWS FROM TOWERS ACTIVITIES



Communications/Events Board

All of our communications/events will now be on these boards, located by the mailboxes/elevators in each building. In addition, there is one by the Towers Nursing Office & Reception. We will no longer be putting posters in the elevators, so please check the boards for all the goings on here at HCH.

Remember to Bring Your Mug!

As part of good sustainability practices, this is a friendly reminder to please remember to **always** bring your mug across **designated activities** **with this** **mug indicator:** 

Amount of Walking

All trips have indicators informing you how much walking is involved on the trips:



Minimal or no walking



Moderate walking



Lots of walking

Trips and Event Sign up

Sign up and make payments for programs, events, and trips at Front Reception after 4pm during the week or during the day on weekends between 9am – 9pm. Please note that each trip must be paid for separately. Please address your cheques to “HCH Towers

Activities". **Please date cheques for the date of the event/trip. Reception only accepts exact cash amount or cheque. If you need change it will be given to you when Towers Activity Coordinator picks up money from Front Reception at the end of the week.**

Refund & Missed Activities

If a tenant does not show up on time for a program, Towers Activities cannot guarantee there will be materials left for them once the activity has finished. Tenants cannot bring materials home for another tenant, unless Towers Activities has been given notice and approved this. **No refunds are given out for activities costing \$15 or less.** Rescheduling and alternate arrangements are done on a case-by-case basis, at the discretion of the Towers Activities Coordinator.

Billiards Room

HCH has two lovely Billiard rooms that are available for use. One is located across from Anne's hair salon by front reception. The room is kept locked but you can get the key from front reception and return it when you're done playing. The second billiards room right beside Horizon Hall is kept locked and can be opened using your apartment key. The billiards table in the hallway of Peace Tower is also available free to use.

Games Nights

Join us Friday nights in Horizon Hall for Games Nights starting at 7pm. Whether you're looking to challenge a friend, try something new, or just enjoy a relaxed night with good company, there's something for everyone! All are welcome!

Morning Devotions

Morning devotions take place on CH 990 every **Tuesday and Thursday** at 10:00 AM. We look forward to sharing this special time of fellowship, united in faith as we begin the mornings in God's word.

May Blooms – Fresh Flowers for Purchase!

Spring is in full swing, and there's no better way to brighten your space than with a fresh bundle of flowers! A friendly reminder, floral pick-up will now take place **every three weeks** at a **new time of**



11:00 AM in Harmony Hall. This change will help ensure more tenants have a chance to enjoy these lovely blooms. Each bundle is just **\$2**, with limited quantities available — so be sure to sign up early! Whether for yourself or a friend, treat someone to the simple joy of fresh flowers this season.

Exciting New Program Coming Soon!

Do you love music? Have you ever dreamed of joining a choir or making music with friends?

We are excited to share that Holland Christian Homes is working with **Zamar Music Inc.** to launch a brand-new **Music for Seniors** program this May! This initiative will bring the joy of music to both assisted and independent living residents — and even seniors from the Brampton community.

There are two parts to the program:

- Biweekly Music Sessions for assisted living residents featuring singing, rhythm activities, and musical storytelling.
- Community Senior's Choir for independent living residents and community members, with weekly practices and informal performances.

Cost: FREE!

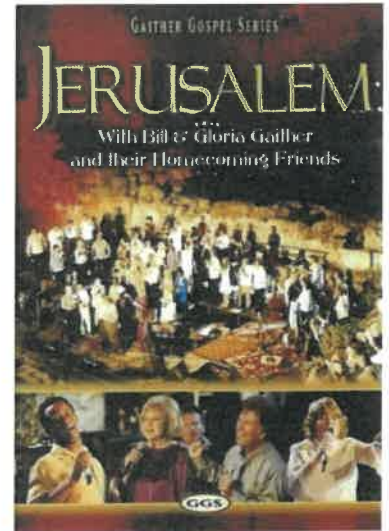
If this sounds like something you'd love to be a part of, please sign up at Front Reception **after 4:00 PM** on weekdays or anytime between **9:00 AM and 9:00 PM** on weekends.

We are still putting this exciting program together — stay tuned to Channel 990 for more announcements and updates!

Movie Matinee



We would like to extend our deepest and most sincere apologies for the technical difficulties that affected our previous screening of the Gaither Gospel Series film, “*Jerusalem: With Bill and Gloria Gaither and their Homecoming Friends*” (2006). We understand how disappointing this experience may have been, and we are truly sorry. In an effort to make things right and ensure everyone has the chance to fully enjoy this special worship film, we will be offering a **rescreening of Jerusalem free of charge, including complimentary coffee, tea, and dessert.**



Join us on Thursday, May 1st at 1:30 PM in Heritage Hall as we revisit this moving film together. “*Experience the stories and miracles of centuries past as Bill and Gloria Gaither and their Homecoming Friends lead us through the sacred sites where Christ’s life, death, and resurrection unfolded. Filmed live at David’s Citadel in Jerusalem, with stirring performances and interviews throughout Israel, this unforgettable concert event is a powerful celebration of the very foundation of our faith. Come sing along, reflect, and be renewed as Jerusalem brings the Hope of the Ages to life once more.*”

No cost – all are welcome. We hope to see you there.

Yoga

Breathe, stretch, and unwind with Yoga at HCH! Join Kathleen Osmond on **Fridays (May 2nd, 9th and 23rd, and 30th) at 11 am in Horizon Hall** for a rejuvenating session that nurtures both mind and body. Yoga blends gentle movements, mindful breathing, and meditation to **reduce stress, enhance relaxation, and promote overall well-being.** Plus, it offers incredible health benefits:

- Improves Balance

- Supports Joint Health
- Teaches Better Breathing
- Improves Flexibility

Best of all? **This is completely FREE thanks to the government grant we receive! No experience is needed** - just bring yourself, an open mind, and a willingness to feel great.

The Rose Orchestra Special Performance

Join us for an evening of singing and Music on **Friday, May 2nd** at **7:30pm in Heritage Hall**, as the Rose Orchestra presents “Legendary Adventures”.

Dutch Heritage Flag Raising Ceremony

May is officially Dutch Heritage Month in Ontario, and we’re celebrating with a special Flag Raising Ceremony! Join us on **Monday, May 5th at 1:30 PM** at the Town Square (in front of the CT Entrance by the flagpole). After the ceremony, enjoy Dutch treats and light refreshments in Heritage Hall. Show your Dutch pride by wearing orange and waving your flags!

We’re also looking for a few volunteers to wear traditional Dutch attire during the ceremony. If you’re interested, please contact Amanda at ext. 5223. We are still welcoming photo submissions for our memory display. Whether it’s a family moment, a memory of life in the Netherlands, or a photo that captures the spirit of freedom, **please visit the Towers Activities Office in Covenant Towers to take part.**

Plus, a taste of the Netherlands is coming to HCH! Kroes Croquettes of Peterborough, ON will be on-site selling a variety of Dutch treats - including croquettes, oliebollen, and poffertjes - on Monday, May 5th and Monday, May 12th from 10:30 AM to 4:00 PM.

Free Grocery/Shopping Bus Trip to No Frills!

Our first of two monthly grocery bus trips will take place on **Tuesday, May 6th**. This trip operates on a first-come, first-served basis, so be sure to sign up soon! The bus will **depart** at 9:30 AM sharp, and **pick-up** will be at the CT Entrance at 9:15 AM. This new trip's destination is No Frills on McLaughlin, and we will return to HCH around noon. This is a lovely location which contains TD Bank, McDonald's, Shoppers Drug Mart, Dry Cleaners, and many more! To sign up, please visit Front Reception **after 4:00 PM** on weekdays or anytime between **9:00 AM and 9:00 PM** on weekends.



Music & Movement

Get ready to move and grove with Music & Movement! Join Frances Chiappetta on **Tuesday, May 6th & 20th at 10 AM** in Horizon Hall for a lively, themed dance experience that's as fun as it is stimulating for the mind. We'll dive into the history behind each song, explore the artist's story, and then let the rhythm take over! Whether you're dancing on your feet or swaying in your seat, this class is all about feeling the music in a way that works for you. Short, upbeat songs and engaging moves will lift your spirits while keeping your brain and body active. **No experience is needed**, just bring your energy!

Holland Christian Homes Got Talent – Auditions Continue!

A big thank you to everyone who came out for our first round of auditions in April! If you missed it, don't worry, we're still looking for performers to join our *HCH Got Talent Showcase* this June in celebration of Seniors Month in Ontario.



Upcoming Audition Dates:

- **Tuesday, May 7th at 11:00 AM** – Heritage Hall
- **Monday, May 12th at 2:00 PM** – Horizon Hall

Do you sing, dance, play an instrument, recite poetry, create crafts, or have a knack for comedy? Whether you shine solo or want to perform with a friend, we'd love to see what makes you unique.

What might be a talent, you ask? Here's what we're *also* looking for:

- Magic Tricks or Illusions
- Floral Arranging
- Craft Display (knitting, crochet, quilting, embroidery)
- Theatre or Dramatic Monologue
- Memory Showcases (Antique items, keepsakes with stories)
- Spoon Playing or Jug Band

How to Sign Up:

- Front Reception: Weekdays after 4 PM, weekends 9 AM–9 PM
- Towers Activities Office: Monday to Friday, 9:30 AM–4:30 PM

No pressure - just fun, creativity, and community spirit. Let's celebrate the wonderful talent right here at HCH!

Credo Christian School Special Performance

Join us on **Thursday, May 8th** at 11:00 AM in Heritage Hall as we welcome back Credo Christian School for a special musical performance. All are welcome!



Armchair Travels

In celebration of Dutch Heritage Month, join us for a special broadcast of Rick Steves' The Netherlands Beyond Amsterdam on Channel 990. Airing **Monday, May 12th** at 11:00 AM, this scenic journey takes you beyond the city streets of Amsterdam to explore the rich beauty and culture of the Dutch countryside. *“Travel by train, bike, and boat as Rick visits iconic destinations—from the historic streets of Haarlem to the modern flair of Rotterdam, and*

from the artistic charm of Delft to the vanished shores of the Zuiderzee. Along the way, you'll discover fragrant cheese markets, vast polder landscapes, impressive dikes, and both old and new windmills. As Rick meets locals and explores the land, you may find yourself thinking, "Everything's so... Dutch!"

Cardinal Choir Special Performance



We are delighted to welcome the Cardinal Choir back to Holland Christian Homes on **Wednesday, May 14th**, at 2:00 PM in Heritage Hall for a special afternoon of music. *This performance will feature the choir's new director, Rob Hennig, alongside violinist and distinguished symphony and opera conductor, Dr. Anton Yeretsky. Coffee, tea, and cookies will be offered beforehand at 1:30 PM.* We are proud to share that several members of the Cardinal Choir are also part of our HCH community. A freewill offering will be collected following the performance.

Movie Night



On **Thursday, May 15th** at 7 PM in Heritage Hall, join us for a timeless classic that continues to capture hearts around the world – “The Sound of Music” (1965). “A tuneful, heartwarming story, it is based on the real-life story of the Von Trapp Family singers, one of the world's best-known concert groups in the era immediately preceding World War II. Julie Andrews plays the role of Maria, the tomboyish postulant at an Austrian abbey who becomes a governess in the home of a widowed naval captain with seven children, and brings a new love of life and music into the home.” **Cost: \$5 (Includes coffee/tea/dessert and movie). Please pay at the door.** Bring a friend and sing along to this cherished story of resilience and hope!



Speaker's Corner



Join us on **Friday, May 16th at 10:30 AM** in Harmony Hall! We are delighted to welcome **Prem Narayan**, an experienced Yoga teacher, who will share his personal philosophy on **Yoga and breathing techniques**. *“With expertise in Hatha Yoga, Meditation, Vinyasa Yoga, Aerial Yoga, Aerial Silk, Acro Yoga, and Yoga Nidra, Prem brings a wealth of knowledge and passion to his practice.”* Come discover how mindful breathing and gentle movement can enhance your daily life. **Light refreshments will be provided.**

Amsterdam – A Virtual Reality Experience!

Join us on **Tuesday, May 20th at 2:00 PM** in Harmony Hall for a guided virtual reality travel experience! Sit back and explore the beauty of the Netherlands, from vibrant floral tours to iconic windmills and breathtaking scenic locations — all from the comfort of your seat. **Tea and coffee will be offered.** To reserve your spot, please sign up at Front Reception after 4:00 PM on weekdays or anytime between 9:00 AM and 9:00 PM on weekends. We look forward to travelling with you!

Bus Trip – Grand River Cruise + Live show by the Blazing Fiddles!

Wednesday, May 21st, 2025

Lunch Bus Trip – Pick up 9:30am CT entrance

Cost: \$140



There are still quite a few spots left for this highly anticipated excursion! We thank all who were able to sign-up. Please check your mailboxes for your itinerary, which is scheduled to go out 1 week prior to our trip date.

Begin your day at “The Landing” near Caledonia. Upon arrival, enjoy a complimentary snack and refreshment from the Dockside café. Shortly after, we’ll gather in the auditorium to enjoy a spectacular show featuring The Blazing Fiddles. After the show, we will then embark on a 2 ½ hour cruise featuring a delicious 3



course meal (Your choice of roast beef or oven-baked chicken breast) served to your private window table and enjoy the river scenery. During the cruise, the captain will give intermittent commentary about the area. You don't want to miss this lovely trip! **Sign up at Front Reception after 4pm during the week or during the day on weekends 9am – 9pm.**

Free Grocery Bus Trip to Food Basics

Our next free bus trip to Food Basics is scheduled for **Thursday, May 22nd**. These trips take place once a month and operate on a first-come, first-served basis, so be sure to secure your spot! The bus will pick us up at the CT entrance at **9:15 AM** and will **depart at 9:30 AM** sharp, heading to the Food Basics plaza at Derry/McLaughlin. We'll return to HCH around noon. To sign up, visit Front Reception after 4:00 PM on weekdays or anytime between **9:00 AM and 9:00 PM** on weekends. A heartfelt thanks to our wonderful fundraising ladies, Audrey and Ann, for making these free bus trips possible!



Speaker's Corner

Join us on **Friday, May 23rd** at 2:00 PM in Harmony Hall for a special presentation with Mi Casa Su Casa Private Care Provider. This is a wonderful opportunity to learn more about services that help individuals maintain independence, dignity, and quality of life. Their team will be sharing an overview of the personalized care services they offer, including:

- At-Home Care Services
- Personal Care
- Companionship Care
- Transportation
- Specialized PSW support trained in Acquired Brain Injury (ABI) care
- Respite Services
- Complex Care
- One-on-One Care
- 24-Hour Care

...And so much more! **Light refreshments will be offered.**

Paint Night returns to HCH!

Celebrate **Dutch Heritage Month** with an evening of creativity, community, and culture! This time, we'll be painting beautiful tulips, a symbol of the Netherlands, as we embrace the vibrant colours of spring. Join us on **Monday, May 26th, at 7 PM in Harmony Hall** as Paint Night returns to HCH with the talented team from ART FUNDamentals. No experience? No problem! With step-by-step guidance, you'll be amazed at what you can create!



Cost: \$30 per person (includes all painting supplies, snacks, and refreshments).

So, bring your friends, unleash your inner artist, and take home a beautiful tulip painting to cherish! Register early to secure your spot!

Fire Safety Town Hall Sessions

All tenants are invited to attend upcoming Fire Safety Town Hall sessions, featuring a presentation by the Brampton Fire Department and HCH staff. Learn important fire safety procedures for your building!

- **Covenant, King, and Peace Towers: Tuesday, May 27th, 10:00–11:30 AM, Horizon Hall**
- **Trinity, Hope, and Providence Towers: Thursday, May 29th, 10:00–11:30 AM, Harmony Hall**

Your safety matters - please join us!



Birthday Party – Theme: *The Groovy '70s!*



Join us in Heritage Hall on **Wednesday, May 28th, at 2:00 PM** for our bi-monthly birthday celebration! We'll be celebrating May and June birthdays with a lively **“Groovy 70s” theme**. Enjoy an afternoon of peace, love, and music with special guest entertainer John Moorhouse. Guests are encouraged to dress in bright colours, tie-dye, floral prints, and **70s fashion staples** like bell-bottoms and headbands to get into the spirit! Be sure to stop by our picture backdrop by Front Reception and snap some **fun photos** with our **‘70s props**. We'll also be celebrating our birthday participants with the return of our Wishing Tree station – a special place to leave your warm birthday wishes. **Please remember your mug.** We look forward to celebrating with you!

Community Karaoke Afternoon

Join us for an unforgettable afternoon of music, connection, and joy at this month's Community Karaoke Afternoon! This event will take place on **Friday, May 30th**, at 1:30 PM in Harmony Hall. Whether you're ready to belt out your favourite tune or prefer to sit back and enjoy the performances, this event is for everyone. **Light refreshments will be provided.**

Special Programs & Events

Event	Date & Time	Location
Vendor: Janet Scrubs	Thursday, May 1 st 10am – 2pm	Elevators Outside Old FM
Movie Matinee: <i>“JERUSALEM: With Bill and Gloria Gaither and their Homecoming Friends”</i> (2006)	Thursday, May 1 st 1:30pm	Heritage Hall
Yoga with Kathleen Osmond	Friday, May 2 nd 11am	Horizon Hall
Rose Orchestra Special Performance	Friday, May 2 nd 7:30pm	Heritage Hall

Flag Raising Ceremony	Monday, May 5 th 1:30pm	CT Flag Poles
Grocery Store Bus- Sign Up Event (No Frills)	Tuesday, May 6 th 9:15am	CT Pick up
Music and Movement with Francis	Tuesday, May 6 th 10am	Horizon Hall
Vendor: Tradition's Alive	Tuesday, May 6 th 10am – 2pm	Elevators outside old FM
HCH Got Talent Auditions! (Sign-Up)	Wednesday, May 7 th 11am	Heritage Hall
Credo Christian School Special Performance	Thursday, May 8 th 11am	Heritage Hall
Sewing Sisters Fundraiser!	Thursday, May 8 th 10am - 2pm	Peace Tower Lobby
Vendor: AK Scrubs	Thursday, May 8 th 10am – 2pm	Horizon Hall
Yoga with Kathleen Osmond	Friday, May 9 th 11am	Horizon Hall
Armchair Travels with Rick Steeves: <i>"Beyond Amsterdam"</i>	Monday, May 12 th 11am	Ch. 990
HCH Got Talent Auditions! (Sign-Up)	Wednesday, May 12 th 2pm	Horizon Hall
Vendor: Avon	Tuesday, May 13 th 10am-2pm	Elevators outside old FM
Cardinal Choir Special Performance	Wednesday, May 14 th 2:00pm	Heritage Hall
Vendor: Mobile Senior Shop	Thursday, May 15 th 10am – 2pm	Horizon Hall

Movie Night: <i>“The Sound of Music” (1965)</i>	Thursday, May 15 th 7pm	Heritage Hall
Speaker’s Corner: Prem Yoga	Friday, May 16 th 10:30am	Harmony Hall
Music and Movement with Frances	Tuesday, May 20 th 10am	Horizon Hall
Vendor: Bijoux Treasures	Tuesday, May 20 th 10am – 2pm	Elevators outside old FM
Exploring Amsterdam with Virtual Reality! (Sign-up event)	Tuesday, May 20 th 2pm	Harmony Hall
Bus Trip – <i>Grand River Cruise + Live show by the Blazing Fiddles!</i>	Wednesday, May 21 st 9:30am	CT Pick up
Grocery Store Bus- Sign Up Event (Food Basics)	Thursday, May 22 nd 9:15am	CT Pick up
Yoga with Kathleen Osmond	Friday, May 23 rd 11am	Horizon Hall
Speaker’s Corner: Private Care Info. Session	Friday, May 23 rd 2pm	Harmony Hall
Paint Night! (Sign-Up Event)	Monday, May 26 th 7pm	Harmony Hall
Fire Safety Townhall	Tuesday, May 27 th 10am – 11:30am	Horizon Hall
Vendor: Stars of Modern Jewelry	Tuesday, May 27 th 10am – 2pm	Elevators outside Old FM

Birthday Party! Theme: The Groovy '70s – Special Guest John Moorhouse	Wednesday, May 28th 2pm	Heritage Hall
Fire Safety Townhall	Tuesday, May 29th 10am – 11:30am	Harmony Hall
NEW! Vendor: Comfort Shoe Haven	Thursday, May 28th 10am – 2pm	Elevators outside Old FM
Yoga with Kathleen Osmond	Friday, May 30th 11am	Horizon Hall
Karaoke!	Friday, May 30th 1:30pm	Harmony Hall

Reoccurring Programs

Event	Date & Time	Location
Peace Tower Coffee Social	Mondays 10:30am	Horizon Hall
Roman Catholic Mass	Mondays 10am	Harmony Hall
BINGO	Mondays 2pm & Fridays 7pm	Harmony Hall
Let's Sing	Mondays 7pm	Heritage Hall
Hope & Trinity Tower Coffee Social	Tuesdays 10am	Harmony Hall
Current Events	Tuesdays 10:30am	King Tower Library

Fun + Fitness (CANCELLED Tuesday, May 13 th)	Tuesdays & Fridays 11am	Heritage Hall
Bridge Club	Tuesdays 1pm	King Tower Library
Covenant Tower Coffee Social	Tuesdays 2:30pm	Covenant Tower Lounge
Bid Euchre	Tuesdays 6:30pm	Providence Tower Meeting Room
Busy Hands	Wednesdays 9am	Trinity Tower Meeting Room
Hymn Sing and Bible Study	Wednesdays 10am	Horizon Hall
Cribbage Club	Wednesdays 1:30m	Providence Tower Meeting Room
Art Expressions	Wednesdays 1:30pm	Trinity Tower Meeting Room
Operation Mercy Yarn Pick up	Wednesdays 2pm	Harmony Hall
Klaverjassen	Thursdays 1pm	King Tower Library
Tai Chi	Thursdays 10am	Horizon Hall
Prayer Shawl Group	Thursdays 2pm	Covenant Tower Lounge

KTEE Euchre	Thursdays 7pm	Horizon Hall
Games Night	Friday 7pm	Horizon Hall
Providence Tower Coffee Social	Saturdays 10am	Providence Tower Meeting Room
King Tower Coffee Social	Saturdays 10am	Horizon Hall

UPCOMING EVENTS

June is Seniors Month!

Let's celebrate the incredible contributions, wisdom, and spirit of seniors in our community! We have a wonderful lineup of fun events planned throughout the month — stay tuned for more details.

*There are currently less than **10 tickets left!** Get ready for this highly-anticipated roaring adventure! We're thrilled to announce our upcoming bus trip to see the spectacular Lion King Musical at the Princess of Wales Theatre!*

Bus Trip: The Lion King - at the Princess of Wales Theater 🦶🦶

When: Wednesday, June 25th 2025

Pick Up: 11:00am Covenant Tower Entrance. 11:30am

Departure

Cost: \$140 this includes bus fare, and ticket sale. No meal is associated with this trip, please ensure you have a meal before we go or pack a snack/light meal with you to have on the bus there or back as we will be back around 4pm. There will be a concession at the theater for snacks and drinks at your own cost. **Sign up at Front Reception after 4pm during the week or during the day on weekends 9am – 9pm.**



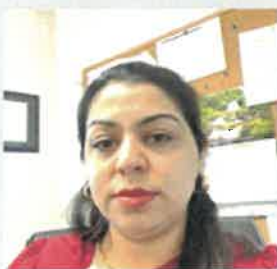
Towers Nursing News

Dates are subject to change. Announcements for date/time changes will be posted on CH990.

- ❖ **Denturist clinic:** Call (905) 453-3393 to send your information in for appointment. CARRS will contact you with an appointment time.
- ❖ **Mobility Clinic:** Occurs Wednesday, May 21st, Clinic starts at 1pm.
- ❖ **Hearing Aid Clinic:** Call 905-793-3962 or 416-843-1986 to book an appointment with Wendy Caswell.
- ❖ **Foot Care Nurse:** Wednesday, May 7th and 21st. Please sign up on the list at TNO.
- ❖ **Chiropractor:** Call Dr. Douglas Vlaskamp's for an appointment at 905-451-3963. Open Friday afternoons 1:30-3:40pm.
- ❖ **Physiotherapy Department:** Call 647-717-3422 to book an appointment.



WELCOME NEW STAFF



Priyanka Sharma
Director of Resident Care
Grace manor



Ashfiya Sufyani
Dietary manager
Faith Manor



Rubalpreet Kaur
Food Service Supervisor
Faith Manor

We're happy to welcome our new team members to Holland Christian Homes. Your support and care make a meaningful difference in the lives of our residents. We're excited to have you on board!



Safety, Security & Respect

✓ If you notice any signs of bed bugs or any other type of bug in your unit, please report it to management immediately. Early detection helps prevent the spread and keeps everyone safe and comfortable.

There is absolutely no shame in reporting. Bed bugs can happen to anyone — they are not a reflection of cleanliness or personal habits. What matters most is acting quickly. Your cooperation is essential. Thank you for helping maintain a healthy living environment for all.

✓ Please do not feed the Geese. Feeding geese may seem kind, but it's unhealthy for them and leads to messy walkways. Let's keep our grounds clean by enjoying them from a distance. It is Illegal to feed wildlife and you could be fined \$350 for doing so.

✓ Please note: Should you ever find yourself stuck in the elevator, always push the telephone button. This alerts the monitoring company directly and helps us diagnose what/why the elevator stopped at that moment.

✓ Reception staff truly enjoy being part of this wonderful community and value the relationships we've built with each of you. While we always appreciate a friendly chat, please understand that there are times when staff may need to attend to other duties or assist other residents.

We thank you for being mindful of our time and understanding when we need to keep conversations brief. Your support helps us serve everyone more efficiently!





*You're
invited*

Towers Fire Safety Town Halls

Dear Tenants,

You're invited to fire safety town hall sessions hosted by members of the HCH Emergency Management Committee and a guest speaker from the Brampton Fire Department!

While participating in fire drills is optional for tenants, it is highly recommended that you take time to learn the fire safety procedures for your building.

A fire life safety educator from Brampton Fire Department will give a fire safety presentation. Following this, HCH staff will give a presentation on the exact fire alarm procedures for each apartment building.

For tenants who live in Covenant, King, and Peace Towers:

- **May 27, 2025 10:00 am – 11:30 am in Horizon Hall**

For tenants who live in Trinity, Hope and Providence Towers:

- **May 29, 2025 10:00 am – 11:30 am Harmony Hall**



FROM THE DESK OF THE ADMISSIONS OFFICE

Following you will find the changes that have taken place at Holland Christian Homes during the month of April

We welcome to the Towers:

Mr. Allen Kuipers	CT 507
Mr. Joseph & Mrs. Edit Kovacs	PeT 604
Ms. Judy Carolino	TT 209
Mr. Ignacio & Mrs. Teodora Tanguin	TT 603
Mr. Albert & Mrs. Beverly Henry	KT 207
Mr. Herbert & Mrs. Anna Eitner	KT 1203
Mrs. Ruth Dearlove	HT 411

We welcome to Faith Manor:

Mrs. Trinidad Cuenca	FM 223-2
Mr. Simon Vandenbroek	FM 312
Mrs. Mitsuko Teramoto	FM 318
Mrs. Joyce Welygan	FM 419

We welcome to Grace Manor:

Mrs. Zulmira Carreiro	GM 316S
-----------------------	---------

Changes within the facility:

Mr. Douglas Colquhoun	GM 216N to GM 307-2
Mr. Hector Aldaz Reyes	FM 125-2 to FM 218
Mr. Cyril Martin	FM 318 to FM 315-2

We had to say Good-Bye to:

Mrs. Kathleen Burgess	TT 103
Mr. Bruce Knights	PT 1105
Mrs. Jenny Draaistra	KT 1205
Mrs. Maria Nunez C De Aldaz	FM 125-1
Mrs. Anna Hoogstraten	PT 1007
Mrs. Florence Buisman	KT 1003
Mr. Bert Kamphuis	KT 608

Our thoughts and prayers are with the loved ones of those that have passed away:

We remember:

Mrs. Hendrika VanSpronsen-Omitted in Error	GM 209
Mrs. Patricia Howarth	CT 1004
Mr. Natale Futia	GM 316S
Mrs. Elsie Bron	FM 312
Mrs. Jantje Folkerts	FM 218
Mrs. Bernadette Smits	FM 419
Mrs. Pauline Leder	FM 315-2
Mrs. Aldeen Lu Fung	FM 315-1
Mr. Armando Cuenca	GM 307-2
Mrs. Marie Hudson	PT 205
Ms. Anne Doorduyn	CT 808

*Sincerely,
Gifty Adjei
Tenant Business Services*



Buffet May 7th 2025

Roast Turkey Gravy & Cranberry Sauce

Poultry Gravy

Spaghetti and Meatballs

Garlic Bread

Mashed Potatoes

Glazed Carrots

Green Salad

Potato Salad

Assorted Desserts

Tea/Coffee

\$20

**No take outs or containers from home
allowed**

HAPPY MOTHERS DAY

May Birthdays

PT 809	Jane Ponsen	02-May
TT 103	Kathleen Burgess	02-May
HT 511	Wenda Hydeman	07-May
PT 403	Joan Arends	04-May
CT 804	Sandra Best	04-May
HT 304	Pat Adema	08-May
TT 314	Grace Ackin	24-May
HT 712	Hendrik Schenk	08-May
PT 103	Nellie Jonkman	09-May
CT 607	Carol Pasma	10-May
CT 1001	Len Joosse	13-May
CT 1103	Paul Morrison	14-May
HT 402	Sheilagh Horsten	15-May
KT 503	Susan Sharp	15-May
HT 711	Audrey Schreuders	21-May
Pet 1101	Gerda Vandyk	23-May
HT 107	Betty Greidanus	25-May
KT 1202	Alice DeGoeij	28-May
Pet 1501	Rita Knibbe	30-May



June Birthdays

HT 109	Anna Adema	05-Jun
Pet 605	Ina Pelkey	05-Jun
KT 904	Marianne Goertzen	06-Jun
Pet 606	Caroline Nobels	10-Jun
CT 904	Dorothy Carson	11-Jun
HT 415	Anita Stone	16-Jun
CT PH03	Margrit Gould	19-Jun
Pet 1103	Harry Speelman	20-Jun
TT 613	Kathy Siderius	22-Jun
CT 911	Ginnie Leong	25-Jun
KT 201	Anita Bergs	27-Jun
Pet 1104	Anna DeRooy	29-Jun



Victoria Day

Word Search



BIRTHDAY

BRITISH

CAMPING

CANADA

COMMEMORATE

CONFEDERATION

EMPIRE

FLAGS

GARDENING

GUN SALUTE

HOLIDAY

LONG WEEKEND

MAY

MONARCH

MONDAY

PARADE

PICNIC

PRINCE ALBERT

QUEEN

REIGN

SUMMER

TWO FOUR

UNION JACK

VICTORIA

Editor's Note

Dear Tenants,

Welcome to the May edition of our community newsletter! This month is full of exciting updates, helpful information, and moments worth celebrating.

One very special highlight is **National Nurses Week**, which runs from May 6th to May 12th. On behalf of our entire community, I would like to extend a heartfelt **thank you** to all the incredible nurses who dedicate their time, energy, and compassion to caring for others. Your tireless commitment does not go unnoticed, and we are deeply grateful for the vital role you play in keeping us healthy, supported, and safe.

As you flip through this issue, you'll find updates on upcoming programs, health tips, and community spotlights. Be sure to check out our special events calendar—we have lots planned to keep everyone moving, engaged, and connected.

Wishing you a joyful and healthy month ahead!

Warm regards,

Kelly Pereira

Tie that Binds Feedback Form

Name:

Comments: