

MEMO

MEMO TO: Residents/Tenants and Care Partners
FROM: Emergency Management Committee
DATE: August 7-8, 2025
RE: Poor Air Quality– Code Grey

On Thursday August 7th and Friday August 8th, the air quality in Brampton is forecast to be medium risk or a 4 out of 10 as per Environment Canada's Air Quality Health Index. This index may get worse or better over the next few days. Regardless, we should remain on the alert assessing for symptoms and responding accordingly.

Prolonged exposure to smoke can cause the following symptoms:

- ✓ Nose, throat, eye and sinus irritation, mild cough or headache. (People with heart or breathing problems are at greater risk.)

Please seek immediate medical help if you have the following symptoms:

- ✓ Trouble breathing or chest pain, heart palpitations, wheezing or severe cough or dizziness.

People with heart or breathing problems are at greater risk. It is important to follow your doctor's usual advice about exercising and managing your conditions. Consider reducing or reschedule strenuous activities outdoors if you are experiencing symptoms.

For the Manors, if you are at risk, please speak to the Charge Nurse. For tenants, please speak to TNO staff.

As the situation changes or is warranted, we will post regular updates to the HCH website and channel 990.