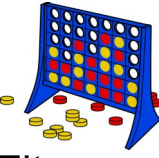


August Windmill Way Neighborhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Catholic Service Every Mon at 10:00 (Harmony Hall) Devotions Tues/Wed/Thurs at 10am CH.990 Spiritual Care Visits Mon, Tue, Thurs 	.All group activities subject to modification into 1:1 visits according to public Health directives	St. Johns Pet Visits weekly 		4th Annual Family Fun Day Event with Elvis, Vendors, kids corner, Ice- Cream Truck & Critter visits. 1:30PM- 3:30PM FM courtyard 	1 Calendar Distribution 10am Fun & Fitness 2pm Word Game 3pm 1:1 Visits 7pm Busy Hands	2 Ice Cream Sandwich Day 10am Ball Toss 2pm Ice Cream Sandwich Social 3pm Balcony Visits
3 10am Church Service Ch.990 2pm Table Games 3pm Andre Rieu Concert 	4 Civic Day 11am Fun & Fitness 3pm History of Civic Day 4pm Relaxing in Nature	5 10am Fun & Fitness 2pm Bingo 3pm Connect 4 7pm Music On the Patio 	6 Happy Birthday Lucy 10am Fun & Fitness 2pm Wonders of the World 3pm I Love Lucy Marathon 7pm Evening Paint & Sip	7 10am Flower Arranging 2pm Hymn Sing With Eldon 2:30pm Bible Study Reflection 3pm 1-1 Visits	8 10am Fun & Fitness 2pm Men's Social Club 3pm Relaxing in Nature	9 11am Balloon Tennis 3pm Outside Strolls 4pm Movie Hour
10 10am Church Service Ch.990 3pm 1:1 Visits 4pm Gaither Band Music 	11 10am Fun & Fitness 2pm Finding Home -Google Earth 3pm Windmill Way Calendar Huddle 7pm Room Visits	12 10am Fun & Fitness 2pm Bingo 3pm Connect 4 	13 11am Fun & Fitness 3pm Word Game 4pm Movie Hour 	14 10am Flower Arranging 11am YIPI Day 1:30pm Faith Fun Fair-Courtyard 3:30 Movie Hour	15 BBQ Lunch Day 10am Fun & Fitness 2pm Fresh Peach Fruit Social 3pm Euchre Club- 5th Neighborhood 7pm Ladies Group (Manicures)	16 10am Outside Strolls 2pm Baking Club 3pm Blue Jays Vs Rangers 
17 10am Church Service Ch.990 2pm Table Games 7pm Church Service ch.990 	18 11am Fun & Fitness 3pm Outdoor Strolls 4pm Relaxing Hymns	19 10am Fun & Fitness 2pm Bingo 3pm Movie Hour 7pm Music On the Patio 	20 10am Fun & Fitness 2pm Shopping Spree 3pm Windmill Garden Club-Huddle 7pm Room Visits	21 10am Flower Arranging 2pm Sing Along with Eldon 2:30pm Bible Study Reflection 3pm Windmill Way Book Club	22 10am Fun & Fitness 2pm Windmill Way Colouring Club 3pm Movie Hour	23 11am Balloon Tennis 3pm 1:1 Visits 4pm Blue Jays Vs Marlins 
24/31 10am Church Service Ch.990 3pm Outside Strolls 	25 10am Fun & Fitness 2pm Resident Spotlight 3pm 1:1 Visits 7pm Busy Hands	26 10am Fun & Fitness 2pm Bingo 3pm Andre Rieu 	27 11am Fun & Fitness 3pm Outside Strolls 4pm Movie Hour 	28 10am Flower Arranging 1:30pm 4th Annual Fun Day!-Courtyard 3:30pm Movie Hour	29 Resident Council 10am Fun & Fitness 2pm August Birthday Party Social! 3pm Resident Council 7pm Blue Jays Vs Brewers 	30 10am Coffee & Tea Social 2pm Craft Club 3pm Relaxing in Nature

Welcome to Windmill Way Neighborhood !



August Word Search

F	H	X	L	I	J	K	B	E	I	R	A
R	U	I	P	O	P	S	I	C	L	E	S
E	E	N	N	L	O	M	K	J	K	L	U
A	N	E	K	M	X	U	I	H	T	A	M
D	A	C	Y	T	Q	P	N	S	R	X	M
I	T	R	S	T	A	V	G	N	A	M	E
N	I	C	E	C	R	E	A	M	V	L	R
G	X	A	S	T	Y	E	B	J	E	A	H
L	E	M	O	N	A	D	E	H	L	Y	W
W	F	R	I	E	N	D	S	R	M	P	Z
S	N	O	W	C	O	N	E	P	O	O	L
N	M	X	O	R	L	P	U	H	J	K	G

BIKING	POOL	READING	FRIENDS
POPSICLES	SNOW CONE	RELAX	TRAVEL
SUMMER	ICE CREAM	LEMONADE	FUN



Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.