

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30-11:00 -Music & Relaxation -Chair Zumba -Snap & Fold 1:00-3:00 -Dominoes -Creative Coloring Labor Day	9:30-11:00 -Sensory Stimulation -Pathways Sing Along -Snap & Fold 1:00-3:00 -Shuffleboard -Game Show-AGT	9:30-11:00 -Music & Relaxation -Snap & Fold -Word Game 1:00-3:00 -Creative Coloring -Loops & Laugh Club	9:30-11:00 -Music & Relaxation -Snap & Fold 1:00-7:00 -Water Painting -Nail Spa 'Manicure' -Netflix Movie Night	9:30-11:00 -Sensory Stimulation -Snap & Fold -Chair Zumba 1:00-3:00 -Magazine Browsing -Creative Coloring	9:30-11:00 -Music & Relaxation -Travelogue 'Europe' -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 -Sensory Stimulation -Snap & Fold -Bible Trivia 1:00-3:00 -Loops & Laugh Club -Andrea Bocelli Grandparents Day	9:30-11:00 -Music & Relaxation -Snap & Fold 1:00-7:00 -Dominoes -Seasonal Coloring -Netflix Movie Night	9:30-11:00 -Sensory Stimulation -Pathways Sing Along -Snap & Fold 1:00-3:00 -Table Game- 'Ludo' -Family Feud	9:30-11:00 -Music & Relaxation -Snap & Fold -Word Game 1:00-7:00 -Loops & Laughs Club -Creative Coloring	9:30-11:00 -Aromatherapy -Snap & Fold -Music & Memory 1:00-3:00 -Virtual Headset -Water Painting	9:30-11:00 -Sensory Stimulation -Snap & Fold -Jeopardy Trivia 1:00-3:00 -Magazine Clippings -Scrapbooking	9:30-11:00 -Music & Relaxation -Chair Zumba -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 -Sensory Stimulation -Snap & Fold -Gaither's Singers 1:00-3:00 -Loops & Laugh Club -Andre Rieu	9:30-11:00 -Music & Relaxation -Snap & Fold -The Price is Right 1:00-3:00 -Sensory Stimulation -Seasonal Coloring	9:30-11:00 -Sensory Stimulation -Pathways Sing Along -Snap & Fold 1:00-3:00 -Seasonal Craft -Canada Got Talent	9:30-11:00 -Music & Relaxation -Snap & Fold -Word Game 1:00-3:00 -Water Painting -Loops & Laugh Club	9:30-11:00 -Music & Relaxation -Snap & Fold 1:00-7:00 -Virtual Games -Creative Coloring -Magazine Browsing	9:30-11:00 -Sensory Stimulation -Snap & Fold -Who Am I? 1:00-3:00 -Magazine Clippings -Scrapbooking	9:30-11:00 -Music & Relaxation -Chair Zumba -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour Oktoberfest Begins
9:30-11:00 -Sensory Stimulation -Snap & Fold -Bible Trivia 1:00-3:00 -Loops & Laugh Club -Andre Rieu	9:30-11:00 -Music & Relaxation -Snap & Fold 1:00-7:00 -Dominoes -Seasonal Coloring -Nail Spa Rosh Hashanah Begins Autumn Begins	9:30-11:00 -Sensory Stimulation -Pathways Sing Along -Snap & Fold 1:00-3:00 -Seasonal Craft -The Price is Right	9:30-11:00 -Music & Relaxation -Snap & Fold -Word Game 1:00-7:00 -Loops & Laughs Club -Water Painting	9:30-11:00 -Aromatherapy -Snap & Fold -Music & Memory 1:00-3:00 -Apple Pie Social -Creative Coloring	9:30-11:00 -Sensory Stimulation -Snap & Fold -You Be the Judge! 1:00-3:00 -Magazine Clipping -Scrapbooking	9:30-11:00 -Music & Relaxation -Chair Zumba -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 -Sensory Stimulation -Snap & Fold -Bible Trivia 1:00-3:00 -Loops & Laugh Club -Andrea Bocelli	9:30-11:00 -Music & Relaxation -Snap & Fold -Chair Zumba 1:00-3:00 -Seasonal Coloring -Magazine Browsing	9:30-11:00 -Sensory Stimulation -Pathways Sing Along -Snap & Fold 1:00-3:00 -Seasonal Craft -Let's Make a Deal				

September 2025

Harmony House Life Enrichment Programs



Life Enrichment Glossary

Snap & Fold----- Folding of Clothes Protector

Virtual Games----- Tovertafel or Obie

Sensory Stimulation- (Items on Snoezelen Cart or Activity Bins)

Aromatherapy----- Baking, Diffuser, Air Purifier

Chair Zumba-----Exercise

Music & Relaxation (Snoezelen Room/ Snoezelen Cart) ---Soothing Music, Hand Massage, Lights

Seasonal- (Coloring, Painting, Craft) --Fall

Loops & Laughs Club- Knitting, Crocheting or Embroidery

Breakfast Club-----Calendar Discussion, Resident Spotlight, Daily Chronicle, Ties That Binds, Culture Change Chronical

The Cookie Jar Club----Baking (Cupcakes, Cookie, Cake)