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# *The Tie that Binds*

Internal Newsletter



October 2025

Editor: Trish Krale, CQI & Risk Mitigation Specialist  
[trish.krale@hch.ca](mailto:trish.krale@hch.ca)

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## **Farewell – but not Goodbye**

After four years with Heritage Fellowship CRC and the greater Holland Christian Homes community, the time has come to say farewell to Pastor Eric. We thank him so much for the blessing he has been to our community and wish him God's richest blessings as he enters his retirement years. And we pray that this new chapter in his life will be a wonderful change for him and his family.

The congregation of Heritage Fellowship will gather after the morning service on October 19<sup>th</sup> to wish Pastor Eric well, as this will be his last church service. In addition, there will a retirement tea on Friday, October 17<sup>th</sup> from 12pm – 3pm in Harmony Hall. Tenants are welcome to stop by and wish Pastor Eric well.



## Why Church Still Matters?

*"Let us hold fast the confession of our hope without wavering, for he who promised is faithful. And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another..."- Hebrews 10: 23-24a*

As we age, we often look back—on the homes we’ve lived in, the family we’ve raised, the jobs we’ve worked, and the paths we’ve walked. And as the world changes around us, one question still rises to the surface: **Does the Church still matter?**

This question, “Does Church Still Matter” became especially pressing for me during the period of COVID. Public health mandates made gathering for worship in a Church building no longer legal. Zoom became the place where we saw each other face-to-face....or screen-to-screen. I was grateful for that piece of technology, though ask me to meet on Zoom and unless you are a hundred miles away I’ll likely give a curt, ‘not a chance!’. What did I learn about why Church still matters through this experience?

- 1) **The Church is where we encounter the Divine** - I hear the responses to this. I meet God while on a hike or when I’m gardening or wherever.... But the Church - the gathering of God’s people - is where we slow down and remember the most important truth: **God loves you. Deeply. Unfailingly. Eternally.** We all need reminding: *“The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning.”* (Lamentations 3:22–23)
- 2) **Church is where we enjoy the fellowship of the saints** - In today’s world, isolation is real. Children grow up and move away. Friends pass on. Days can feel long, and the phone may not ring as often as it used to. But Church—Church is where loneliness meets its match. In the fellowship of the saints, we laugh together, we cry together, we share meals and memories. We are part of something bigger than ourselves. *“Behold, how good and pleasant it is when brothers dwell in unity!”* (Psalm 133:1)

I believe with all my heart the answer to our question, “Does the Church still matter?” is a resounding **“yes!”**. The Church still matters—not just as a building, but as a living, breathing community rooted in the love of Christ.

**Rev. David Tigchelaar**

## From the desk of the CEO

Dear Holland Christian Homes Community.

Fall is indeed upon us as we are already into October. It's a lovely time of year to enjoy the cooler weather, but hopefully winter is still far off!

I'm sure most of you have seen the memo that came out from Case Geleynse, the Chair of our Board of Directors, regarding my health and my medical leave from Holland Christian Homes. I want to thank you from the bottom of my heart as I know that so very many of you are praying for me. Many of you also made me feel so special on my birthday last month, thank you so much. The support you have shown me has been overwhelming. I feel very confident that God will bring me through this challenging time and will bring me healing - and I know that He is carrying me through it all!



The team is supporting me in so many ways, and they have stepped up to fill the gap during my absence. You will see Jemmie Ramprashad now sitting in my office as acting CEO. She will address day to day tenant needs, with the support of the Board of Directors and the rest of the leadership team. I know you will give Jemmie and the rest of the team the same support that you have shown me.

I want to ask all of you, when you are communicating with our care partners (staff), please approach these conversations with kindness and grace. Too often lately, we are having encounters with tenants that are unkind, and sometimes even rude, and this is not fair for our team members. Please remember also that there are many things happening behind the scenes that you don't see, our team is always working hard to keep HCH running well, to ensure our tenants have everything they need and to support each other. We are happy to engage with you and to answer your questions, but please approach us with grace and with Christian love in your heart, and together we can continue to make HCH a wonderful place to live and work.

Good news – the ongoing noise issue with the fire alarm speakers in Covenant Tower has been fixed. The messages coming over this speaker should now be much clearer. Thanks for your patience as we rectified this problem.

Winter is coming (I'm not happy about it either!) and the Maintenance team continues to closely monitor the temperatures in the buildings.

- For Providence and King Tower tenants – Maintenance has scheduled a contractor for September 22<sup>nd</sup> to turn off the air conditioning in those buildings and prepare the heating for winter. The heating will not be turned on yet as it is still not cold enough, however it will be ready to go at a moments notice. We do realize that there may be still some warm days ahead and that it would be nice to have the air conditioning on, however it takes approximately 2 weeks to schedule in a contractor to do the work necessary for the transfer from cooling to heating, therefore we have to schedule in the contractor ahead of the cold season.

- For Trinity, Hope and Covenant Tower tenants - heating is available year-round which tenants can control themselves by adjusting their own thermostat. Air conditioning in these towers is not supplied by HCH and is up to the tenants to install, maintain, and operate.

- For Peace Tower tenants - heating and cooling are available year-round provided by HCH for which tenants can control themselves by adjusting their own thermostat.

If you have any heating or cooling related concerns, please contact Front Reception to complete a request for repair.

Prior to my medical leave, I have worked closely with the Board and the leadership team on some signature HCH initiatives, including the Remembrance Day service, the Nativity Tree lighting and beginning the work on the next Strategic Plan. You will see upcoming communications about these initiatives, and I hope you will get involved.

The new Strategic Plan will guide the work at HCH over the next number of years. We have developed a framework for this plan and a team has been assembled to begin the process of developing the plan, which will include a stakeholder survey. I hope you will all take part in this survey and I look forward to seeing the results when I return. Over the next year the team will meet regularly and we will communicate you along the way as we have updates to share.

I wish you all a happy and blessed Thanksgiving!

Blessings, **Tracy**

## **TENANT ADVISORY COMMITTEE UPDATE (TAC)**

The Tenant Advisory Committee meeting was held on Tuesday September 9, 2025 at 8:30am. Tracy Kamino, CEO attended the meeting. The following is a brief summary / highlights of our discussion(s):

### **Election of Chair and Co-Chair**

- The first month of the new year for the Tenant Advisory Committee is held in September. At the first meeting of the new year/term, a Chair and a Co-chair need to be elected.
- Leah Lenstra was confirmed as the ongoing Chair, while Len Joosse was voted in as Co-chair. Congratulations.

### **Minutes of the June 10<sup>th</sup>, 2025 meeting**

- A member asked if the pet policy could be revised to no dogs over 50lbs to be allowed in the apartments. Tracy stated that she is pretty sure there is no size limitation, but will look into the Brampton pet by-laws for clarification.

### **Business arising from last meeting**

- Page 3 paragraph 3 – revise “....CRC is open to all Christians living here at HCH.” to ...” CRC is open to all people living at HCH”.
- Page 4 Covenant Tower – it was clarified that staff should not be speaking their own language when in common areas. We cannot control the language spoken during breaks or in break areas.

### **General Discussion / CEO Message**

- Tracy informed members of her current health situation and requested that Omer and Jemmie be permitted to attend the October and November TAC meetings in her absence. Members agreed. Members expressed their well wishes to Tracy for a speedy recovery, while Pastor Lohnes led the committee in prayer.
- All the committee members had concerns raised around the message in the Tie that Binds about package deliveries. Tracy stated that the message was intended to be a safe practice and not a hard rule. Tracy stated that we will publish an updated clarification about deliveries in the October issue of the Tie that Binds.
- **Tracy spoke about recent incidents whereby tenants have not treated staff very kindly.**

- Committee members would like to see the polite notice put in the Tie that Binds. Tracy stated that she will publish something under her CEO message about this.
- There is often misinformation swirling amongst tenants. TAC members can address these issues if they come across them. If the misinformation is greater than the TAC members knowledge, they are asked to forward the tenant to a staff member.
- There were some questions around HCH process for admitting tenants to the apartments. A few recent admissions appeared to be inappropriate for independent living right from the start. Tracy stated that screening for new tenants is going to be tightened up. The plan is to put together an Admissions committee which will review applicants' medical forms and set up interviews before the potential tenant(s) are accepted and sign a lease.
- An update for Tyndall was requested. Tracy informed members they are having to complete a few more upgrades and if all goes well they will start moving the first 15 residents within the next two weeks.
- Members expressed concern about parking once Tyndall residents move in. Tracy explained that the HCH agreement with Tyndall explicitly requires Tyndall staff and contractors to park off HCH property. Tyndall has a parking agreement with Sheridan College for their staff/workers and contractors.
- Tracy provided an update for Rogers. There is a date set in October for tenants in Peace Tower and King Tower to start the changeover to Xfinity. Rogers will have to go into each unit to complete the upgrade. Members were also reminded that our IT and a Rogers technician will be available to walk them through this process.
- Tracy also mentioned that over the next few months a new Strategic Plan will be rolling out. Tenants and stakeholders will be given the opportunity to complete a survey.

### **Providence Tower**

- Members raised a concern regarding dogs moving into Providence Tower. One dog in particular has been an issue. Tracy will work with Kelly to further address this specific issue as per the lease agreement and HCH pet policy.

### **Trinity Tower**

- The elevators have been making announcements, asking to contact building management to address the phone issue. Tenants have been known to get off the elevator and take the stairs because they thought they were out of order. Quality Allied, the elevator company is aware of this on-going issue.

- Elevators are dark. An R4R had been submitted the previous day for the lights in the elevators. They are working on improving the lighting, but it is a bigger job than just changing the light bulbs.
- A neighbor questioned why a bed sheet is allowed to be rolled up and placed against the bottom of the outside of another tenant's door. The member offered to have a work order put in, to get a door sweep put on for the tenant, however the tenant declined. Tracy asked that such issues be brought to her attention so it can be addressed either through the TNO or landlord.

### **Hope Tower**

- A new member requested clarification as to what information committee members are allowed to share following a TAC meeting. Keith reminded members the policy is to wait for the Tie that Binds for details.
- A letter was sent to Tracy regarding concerns about smoke smells entering from an adjacent apartment. There was discussion that often the older buildings don't filter certain smells as effectively as newer buildings. Tracy reported that action was taken following receipt of this letter.
- It was requested to add page numbers to the Tie That Binds for easier reference when sharing information.

### **Covenant Tower**

- A picnic table was placed outside at the end of Bethany Place, and people are now using it to sit and smoke against the building. It was questioned if this goes against city by-laws and the HCH non-smoking policy. No one should be smoking there. We will look at no smoking signs being placed there.
- A member brought up the gardens and landscapers. This member felt that they did not do a good job, and planted poor quality flowers. Other members disagreed. Tracy stated that it has been difficult to meet the different expectations of tenants. We have had tenants yell at the landscapers, chase them away, insult them etc. As a result, Tracy informed the members it has been difficult to retain a landscaping and snow removal company as they do not want to take on a facility like ours. Tracy asked if anyone knows of any company, please let us know.

### **Peace Tower**

- Visitors are parking at the front door and dropping off tenants/visitors causing an issue for other tenants to get in and out of the building. Tenants should be reminded that this is a fire route and to park further away from the entrance.



- A concern was raised over the cost of Hall Rentals – a tenant was upset they had to pay the fee despite being a tenant and volunteer for years. Tracy reminded members that this policy was approved by the TAC and can be reviewed again if you wish. If an event is a tenant led event for tenants only, then there is no fee. However, if external people are attending, then the rental fee applies. We have a lower fee for internal tenant rentals and a higher fee for external renters. The fee covers the cost for use of all the kitchen equipment and full use of the room for 5 hours. If one was to look outside HCH for the same package, the cost would be close to triple and have access to the space for much less time.
- Emergency Pull cords – a cord on a pull station in a tenant’s apartment broke apart when they tried to call for TNO. An R4R will be submitted after this meeting.
- The doorbell on the TNO door is too high for people in wheelchairs and needs to be lowered.

### **King Tower**

- The bushes in the garden placed near the rear parking lot of King Tower are already dying. Tracy stated that it has been an extremely hot and dry summer and unfortunately some plants did not survive these harsh temperatures. The gardens needed more attention to watering.
- A concern was raised about the smell in the King Tower garbage room. It was mentioned that tenants with breathing issues may have a hard time breathing. Tracy informed members there was an external company that came to clean and deodorize the room. Housekeeping was already informed to install a deodorizer in the garbage room.
- There was discussion around the medical report that is to be completed before potential tenants move in and admissions is to decide if they are the right fit for HCH.

***The next meeting will be held on Tuesday, October 7<sup>th</sup>, 2025.***

**Respectfully submitted on behalf of TAC,  
Leah Lenstra and Len Joesse, Co-Chairs**



## **Tenant Advisory Committee**

If you have any tenant concerns that you wish to be discussed at the Tenant Advisory Committee, please contact your Tower representative.

### **Trinity Tower**

Ms. Maria DeMelo TT501

Mr. John Merritt TT616

### **Hope Tower**

Mr. Keith Lohnes HT612

Mr. Terry Dunn HT608

### **Covenant Tower**

Ms. Leah Lenstra CT711

Mr. Len Joosse CT1001

### **Providence Tower**

Ms. Lucy Vandersluis PT501

Mr. Simon Reimersma PT904

### **King Tower**

Mr. Cor Buikema KT805

Mr. Len Roos KT1301

### **Peace Tower**

Ms. Liz Terpstra PeT1004

Ms. Trudy Adema PeT1504



*From Your Social Worker*

## **Privacy Matters**

Here to Care, this is our motto. We see this lived out day to day within our wonderful Christian community. It is amazing to see the staff caring for tenants and family, friends and neighbours who also care for each other. In my role here at HCH I have the privilege to work with all of you and some of your families too! At times we are working together to celebrate good things and often we are working together in challenging times, times when support is needed.

The HCH team supports individuals and their families as per their request, we are working behind the scenes to ensure accurate information and community resources are provided. As we are a caring Christian community it is easy to forget that one's health care information is private, it is natural to ask how someone is doing. While some choose to share their circumstances with family, friends and neighbours, others do not want folks to know. I am writing this message to remind everyone that we are unable to share private health care information about friends and neighbours. When we decline to share information about someone you know, it's not to be difficult or unkind, but to protect their privacy. The HCH team kindly asks that if you are not the power of attorney for someone, that you please do not ask staff to discuss personal health information that does not directly relate to yourself. HCH staff will not be able to provide details regarding people's specific situations. Of course, family, friends and neighbours are always welcome to advocate and bring concerns forward, we appreciate and encourage you to continue to care for each other.

We would also like to remind you all that when you have issues or concerns that you need to bring to HCH (as the landlord), it is important that we are connecting directly with the leaseholder (tenant) themselves. Sometimes family members call us and want to advocate on behalf of their family member (the tenant), and this can lead to some challenging situations. We know that sometimes this is necessary due perhaps to cognitive challenges or some other reason. But if the tenant is able to contact us themselves, it is important that HCH (as the landlord) deal directly with the tenant (who is the leaseholder). Thanks for your cooperation in this matter.

God's blessings,

**Marsha**

## **Update on Deliveries**

Last month in the Tie, we communicated about deliveries and requested that tenants meet their deliveries at the entrance to their building, rather than having delivery folks come to your apartment doors. This raised concerns with some tenants so we would like to clarify this information.

It is very important for safety reasons that we do not have strangers moving unattended throughout our facility. This is the main reason this was communicated in the first place and this remains the recommended approach.

However, we do realize that for some tenants, it would cause undue hardship to come down to receive each delivery, and it is not always possible to have someone else receive a delivery for you. If this is the case for you, you can still allow your delivery to come to your apartment door. But where possible, we ask tenants to come to the entrance to limit the number of delivery folks entering our facilities.

The issue of delivery people parking in fire routes continues to be a concern as well. It is important that they come and go very quickly from our parking area so they do not block these important safety routes.

In addition, a reminder to all tenants that when someone is picking you up or dropping you off in front of your building, please ensure the drivers are not blocking the ramp/accessibility areas at the building entrance so other tenants are not negatively impacted.

We appreciate everyone's cooperation in these issues as we continue to work to make HCH as safe as possible for all.



**OUR  
COMMUNITY  
IS OUR  
STRENGTH.**

## Christmas FUNdraiser

We know that it is too early to talk about Christmas. We haven't even celebrated Thanksgiving yet!! ...But...

We wanted to let you know that we will be doing a Christmas FUNdraiser again this year so that the Grocery Bus will be able to continue with 2 trips per month in 2026. As with everything, costs have gone up so we need to continue to raise money so this essential service for the tenants of HCH can continue.

Starting immediately, donations for the Grocery Bus Fund can be made at Front Reception. Donations of \$20 or more will qualify for a tax receipt that will be provided in the New Year.

The Christmas FUNdraiser will be starting on Monday, November 3, 2025. We will be in the Covenant Tower lobby on Monday, Wednesday and Friday each week until the draw on Friday, December 5, 2025. We will not be selling tickets on Monday, November 10<sup>th</sup> in respect for Remembrance Day on the 11<sup>th</sup> of November.

Please watch for more details about the amazing prizes available at this year's FUNdraiser in the November issue of The Tie That Binds.

Thank you to everyone at HCH for your kind and generous support over the years!

We look forward to seeing you again in the CT lobby!

Blessings to you and we wish you all a Happy Thanksgiving!

**Audrey Schreuders and Anne Pennells**





## Family Fun Day Event

Huge thanks to all the amazing care partners and volunteers who made the day such a success! We're thrilled to announce the basket raffle raised a total of \$765, with the proceeds going to support resident programming at Grace and Faith Manor! A big congratulations to the winners: First Prize goes to Cor Buikema from King Tower, and Second Prize goes to Lydia Booth from Peace Tower!



## Classic Car Show

A beautiful day of classic cars, community, and fun!



# BICYCLE REGISTRATION

OCT 28, 2025 IN THE TENANT BUSINESS OFFICE  
(TT 117)



IF YOU OWN A BIKE  
AND STORE IT IN ONE  
OF OUR BIKE RACKS  
PLEASE COME SEE US  
TO REGISTER. ANY  
BIKES IN THE RACKS  
AFTER NOVEMBER 15<sup>TH</sup>  
THAT HAVE NOT BEEN  
REGISTERED WILL BE  
REMOVED.



## Scam Alert

If a white Bronco suddenly stops and approaches you – DO NOT go close to the vehicle.

The people inside will offer prayers and a free beaded necklace. When they place the beads around your neck, they steal your jewelry.

Please report any incidents immediately. Be alert and safe at all times!



## NOTE FROM MAINTENANCE

Please be reminded that for those buildings with garbage shoots, the only thing that should be put down the shoots is household garbage. Anything else – ie. small appliances, clothing, furniture, or anything larger than a breadbox, please bring those items down to the garbage room in your building. Please do not leave any bottles outside of the garbage shoots, they should also be brought down to the garbage rooms.

The garbage shoots and rooms are cleaned by HCH staff once a week. In addition, an outside company comes in once per month to spray the garbage shoots down with a disinfecting foam.

Thank you for your cooperation.

Tenants showing their competitive side!





## **Protect Yourself from e-Transfer Fraud**

Interac e-Transfers are a fast and easy way to send money, but if you're not careful or don't use the right security steps, your funds could be at risk. The good news? A few simple precautions can help you keep your money safe.

### How e-Transfer fraud can happen

If the person you're sending money to has a compromised email account, a fraudster could see your e-Transfer and deposit it before the real recipient has a chance. This is especially likely if there was an easy way to guess the password.

### Braeden's Story

"I sent an e-Transfer to my cousin – I even used the right email address. She didn't have Auto-Deposit, so I set a simple security question: 'What's my name?' Easy, right? Turns out her email was hacked – and someone guessed the answer and stole the money."

## **How to Protect Yourself**

### Set up Auto-Deposit

This is the safest option for receiving money. When you set up Auto-Deposit, any e-Transfer sent to your email address goes directly into your account automatically – no password needed. That means even if someone hacks your email, they can't redirect the money.

### Create a Strong Security Answer

If the person you are transferring money to does not have Auto-Deposit, choose a security question and answer that are hard to guess. Avoid using names, birthdays, or anything that could be found online or on social media.

### Double Check Email Addresses

One small typo can send money to the wrong person. Always confirm the email before you hit send.

### Stay Informed. Stay Alert.

Your security is our priority, and by staying informed, you can keep your money right where it belongs – safe and secure.

## Congratulations!

Charlie and Jane Douma celebrated their 35<sup>th</sup> wedding anniversary on September 8<sup>th</sup> during the Monday Coffee Social. We extend our congratulations to them and wish them many more happy years together!



We would like to thank John Versteeg (Hope Tower) for his years of service to the Tenant Advisory Committee. And thank you to everyone who took the time to vote in the recent TAC election for new members.

Terry and Fern Dunn

*Thank You...*

➤ Be ➤  
THE REASON  
Someone  
Smiles  
today



## Prison Of Pain

*(Ian J.Roberts, Providence Tower – September 2, 2025)*

Do you ever feel trapped in your body, a prison of pain,  
That you will never feel right ever again?  
You are not alone it's sad to say,  
Look around and you'll see folks in the very same way.

There's nowhere to run, nowhere to hide,  
You are trapped in your dungeon, no one by your side.  
Yet all is not lost, help is on the way,  
With the Lord as your focus you'll make it through the day.

There's a reason why you are exactly where you are,  
God knows all about it, He put you there.  
He knows your frame, how much you can endure,  
You just need to trust Him and He'll see you through.

We mutter and sputter, we grumble and groan,  
When all we need is time with Him alone,  
Through the medications, heating pads, the soothing balm,  
He brings us His comfort and makes our troubled nights calm.

Pain is a way of drawing us to the Lord.  
"Cast your cares upon Me", He says in His word.  
He won't leave you alone, He'll bring relief for your pain,  
Our trust in Him will no never, ever be in vain.

Dark is the dungeon of pains, seems we cannot ignore it.  
We're held by its chains, there's no escape route.  
It may not make sense but we must endure  
For He keeps us from danger, we're safe and secure.

This prison of pain we're in is just temporary,  
One day we'll be relieved of all our misery.  
God will set us free and take us to be in His home,  
Forever bask in His glory, joy in His presence, O Lord Jesus, come.

## Operation Mercy – Hat Gathering (2025)



*Ewa showing off all the hats!*

On September 17, 2025, all hats knitted by people in Holland Christian Homes were gathered.

This year there were 2,092 hats!!

Thank you to the ladies who have faithfully knit for so many years. More ladies have joined Operation Mercy and that has been a beautiful sign of community, as some of the long-term

knitters have had to slow down. Also, a thank you to Jean de Beer and the ladies of the Saskatoon CRC community who have joined us in helping Operation Mercy.

Special mention has to be made about the knitting Ewa has done. She works at HCH in the laundry department and over the past five years, Ewa has knit 2,955 hats!! What a gift! In the 23 years since Jane Douma started Operation Mercy, a total of 94,555 hats have been knit.

We pray and hope that the receivers of the hats will be impacted by the love of others – just as we are for giving of our time and skills that it may all result in glorifying our Lord.

Thank you to all who contributed to this great cause!!

**Jennifer de Ruiter**



A beautiful moment from the Grace Manor hymn sing last month.

Charles, a Grace Manor resident, inspired by the music, raises his hands to praise the Lord. Thank you to volunteer Eldon Lehman (Providence Tower) on the piano and Mebratu Gebru (Spiritual Care Coordinator) for helping to bring this beautiful moment to life.



## Friendly Reminders

- Tenants are reminded to please dress appropriately when in the common areas of HCH. Some tenants are uncomfortable when others show too much skin, so please take care to dress modestly.
- When donating items to the Peace Tower “Leave a Little, Take a Little Swap Shop”, please be aware that NO sharp items are permitted.



## Tenant Notes

### **Warm Wishes to our Dear Pastor Eric:**

We recognize your years of ministry, your service to the Lord, your friendship and the difference you have made in the lives of so many, as a Pastor, a friend and a brother in Christ. Now, as the day dawns on the next chapter in your life, may the Lord's blessings be upon you as you follow in His way. May you find joy and peace as He inspires you every day.

### **Get Well Wishes to our Dear Tracy:**

Tender and caring you give us your time.

Radiating the love of God to all you meet.

Approachable to all at any time.

Compassionate to all in need.

Yielding to all concerns here at HCH.

Praying for God's mercy and a speedy recovery. You will be in our hearts and prayers until you return with that same beautiful smile.

Love and blessings,

**Peter and Winnie – Hope Tower**

After a visit to the dentist a few weeks ago, I returned with vertigo. The nurses in the TNO were wonderful, got me in a wheelchair and took me up to my apartment. And they checked on me every day for a few days to make sure I was ok.

For the next 3 weeks, the ladies in my building made sure I had food, took care of my cat, made sure I had my medication, etc. In fact, I kept my door open every day for weeks because so many kind people were coming in to my apartment to check on me and take care of me.

We have such a wonderful community here at HCH and I would like to thank everyone so much who checked on me and helped me out during this time. Remember, when you do something kind to others, it will come back to you triple-fold!

**Patricia – Covenant Tower**



## **Safety, Security & Respect at HCH**

Please do not remove any posters from the elevators around HCH. These posters include important information for our tenants.

In addition, if you push the emergency button in the elevator, please note that you will be connected to the external elevator company, NOT HCH Reception or TNO. This is not a way to reach an internal HCH contact. Please do not push this button unless there is an emergency in the elevator and you need assistance from the elevator company.



### ***Tenant Dinners***

**Tenant Christmas Dinner:** Saturday, December 20<sup>th</sup> at 4:30pm in Harmony Hall.

Entertainment will be provided by Conn Country. Call Patti Milne 365-866-5713 for tickets, they are going fast!

Please note that all tickets must be bought prior to the event, they will not be sold at the door.

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### **Community Thanksgiving Dinner:**

We need help with the set up on Saturday, October 11 between 3pm-4pm in Horizon Hall. We also need help with carving turkeys. If you are able to help please contact Lydia at 905-456-5284. For tickets to the dinner, call Carol at 905-459-7135

## Thanksgiving Word Scramble

The first Thanksgiving was celebrated in 1621 over three days. There is no record of turkey being eaten at the first Thanksgiving but other foods were eaten such as seal, lobster and swan! Today over 46 million turkeys will be eaten!

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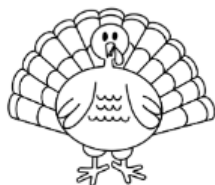
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This Thanksgiving themed Word Scramble features **10** Thanksgiving themed words which have been scrambled. See if you can unscramble them to see what they are.



## Greetings from the Volunteer Office!

Happy October Everyone! Welcome to the season of Thanksgiving and the beautiful harvest time! Enjoy this gorgeous season of magnificent color and join with us in being “Grateful, Thankful and Blessed”.

*The following **Volunteer Opportunities** are currently available:*

- Smile and Serve Team - helping to prepare & serve coffee/tea for events
- Meals on Wheels Delivery Team
- Library Team
- Faith Manor Hair Salon Assistant
- Volunteer Faith Manor Reception Team

Are you friendly and welcoming? Do you have reception experience? Would you like to join our **Volunteer Faith Manor Reception Team**? It is a great opportunity to meet new people and support our community. There are various time slots available.

Have you seen the chicks in Grace Manor Atrium? Would you like to be part of our new **Chick Hatching Program Support Team**? We need a few people to join us in caring for them. It is a 2-week commitment per session. We specifically need one back-up person for simple daily care, requiring only 15 minutes, as well as a few people to help with simple 5-minute daily checks. Training and support will be happily provided.

If you are interested in any of the volunteer assignments outlined here and would like a job description with more details, or if you have any questions, please contact Glenda (ext. 5225 or by email at [glenmc@hch.ca](mailto:glenmc@hch.ca)). Feel free to stop by for a chat or call if you would like to book an appointment. If you are new to our community and would like to join our volunteer team we would love to hear from you.

### **Annual Volunteer Training**

A very big THANK YOU to all our volunteers who completed the Annual Training Session. Your time and effort are very much appreciated!

If we missed you and you would like to return to active status, please call, we would love to hear from you!

# OCTOBER

## NEWS FROM TOWERS ACTIVITIES



## HAPPY THANKSGIVING!

### Communications/Events Board

All of our communications/events will now be on these boards, located by the mailboxes/elevators in each building. In addition, there is one by the Towers Nursing Office & Reception. We will no longer be putting posters in the elevators, so please check the boards for all the goings on here at HCH.

#### **Remember to Bring Your Mug!**

As part of good sustainability practices, this is a friendly reminder to please remember to **always** bring your mug across **designated activities with this mug indicator:**



#### **Amount of Walking**

All trips have indicators informing you how much walking is involved on the trips:



Minimal or no walking



Moderate walking



Lots of walking

### Trips and Event Sign

Sign up and make payments for programs, events, and trips at Front Reception during Reception's working hours. Please note that each trip must be paid for separately. Please address your cheques to "Holland Christian



Homes". **Please date cheques for the date of the event/trip. Reception only accepts exact cash amount or cheque. If you need change it will be given to you when Towers Activity Coordinator picks up money from Front Reception at the end of the week.**

### **Refund & Missed Activities**

If a tenant does not show up on time for a program, Towers Activities cannot guarantee there will be materials left for them once the activity has finished. Tenants cannot bring materials home for another tenant, unless Towers Activities has been given notice and approved this. **No refunds are given out for activities costing \$15 or less.** Rescheduling and alternate arrangements are done on a case-by-case basis, at the discretion of the Towers Activities Coordinator.

### **Billiards Room**

HCH has two lovely Billiard rooms that are available for use. One is located across from Anne's hair salon by Front Reception. The room is kept locked but you can get the key from Front Reception and return it when your done playing. There is a second Billiards room right beside Horizon Hall, it is kept locked and can be opened using your apartment key.

If we have any Billiards enthusiasts please feel free to utilize these rooms or get a group together to play.

### **Current Events**

You are invited to come to our current events group on Tuesdays at 10:30am. We meet in the King Tower Library with others who share interests in current events.

This includes a wide range of topics such as:

- Politics & Government
- Social Issues
- Local & International news
- Entertainment

### **Movie Matinee**

On Thursday, October 2nd at 1:30pm in Heritage Hall, you will have the opportunity to watch *The Queen*. *Winner of the Academy Award for best actress, Dame Helen Mirren gives a spellbinding performance in The Queen,*

*the provocative story behind one of the most public tragedies of our time – the sudden death of Princess Diana. In the wake of Diana’s death, the very private and tradition-bound Queen Elizabeth II (Mirren) finds herself in conflict with the new Prime Minister, the slickly modern and image-conscious Tony Blair. The Queen, also starring Academy Award nominee James Cromwell (Best Supporting Actor, Babe, 1995), takes you inside the private chambers of the Royal Family and the British government for a captivating look at a vulnerable human being in her darkest hour, as a nation grieving for its People’s Princess waits to see what its leaders will do. Suspenseful. Heartfelt, and riveting, it’s a fascinating story you won’t soon forget.*

**Cost: \$5 (includes coffee/tea/dessert and movie). Please pay at the door.**

### **Technology Support**

We are very lucky to have 2 students with us until April of 2026. Jashanpreet & Gurnoor will be with us on Thursdays & Fridays. They will be running this workshop, in the Providence Tower Meeting Room every other Friday from 2:00pm-3:30pm – October 3<sup>rd</sup>, October 17<sup>th</sup> and October 31<sup>st</sup>. You can bring your cellphones or tablets and they will be happy to assist you.

### **Free Grocery/Shopping Bus Trip**



Tuesday, October 7<sup>th</sup> - No Frills

Thursday, October 23<sup>rd</sup> – Food Basics

This trip operates on a first-come, first-served basis, so be sure to sign up soon! The bus will depart at 9:30am sharp, pick-up will be at the CT Entrance at 9:15am, and we will return to HCH around noon. To sign-up, please visit Front Reception during working hours. **A heartfelt thanks to our wonderful fundraising ladies, Audrey and Ann, for making these free bus trips possible.**

### **Music & Movement**

Get ready to move and groove with Music & Movement! Follow the lead of Frances Chiappetta, as she guides you through short, upbeat songs, with lively dance moves, and some fun facts about the songs and artists. Feel free to do your own thing when the music inspires you, whether you’re dancing on your feet or swaying in your seat, this class is all about feeling the music in a way

that works for you. It will take place Tuesday, October 7<sup>th</sup> & 21<sup>st</sup> at 10am in Horizon Hall. **Due to the government grant being finished, the cost of this program will be \$5. If attendance continues to be low, this class is at risk of being cancelled.**

### **Speakers Corner**

Jennifer Webster will be presenting on “healthy legs for life” on Tuesday, October 7<sup>th</sup> in Harmony Hall at 1:30pm. Jennifer is a Registered Nurse who will educate tenants on the importance of wearing compression stockings. She will present solutions on donning and doffing options for compression stockings. She will also discuss edema (swelling) in the legs and potential skin integrity compromises which could lead to weeping of the leg, ulceration and infection.

### **Travelogue with the Zinkwegs**

Please join us on Wednesday, October 8<sup>th</sup> in Harmony Hall at 7pm. We will have the opportunity to join the Zinkwegs as they show us the beautiful sites of Portugal (Porto) & Scotland (Isle of Sky, Sterling Castle, Grange Over Sands and Windsor).

### **The Chairman of the Board & The King of Instruments**

On Thursday, October 9<sup>th</sup> at 2pm in Heritage Hall, join us for the enduring music of Frank Sinatra performed by singer Alexander McTaggart with familiar and majestic organ music played by Robert Hennig. Tunes such as "Fly Me to The Moon, and I Did It My Way" as well as organ standards by Handel and Purcell will round out a program to delight and inspire. Robert has a masters of music in organ and is the conductor for the Cardinals Choir. Alexander is well known in the Toronto jazz scene and has a degree in music from York University. The music will take you to another time and place when you can spend some time having fun and remembering the good times.

***There will be an open offering at the end of this performance***

### **Movie Night**

On Thursday, October 16<sup>th</sup> at 7pm in Heritage Hall, you will have the opportunity to watch Sarah Plain and Tall. *“Just Plain Wonderful” raved the New York Daily News about this eight-time Emmy-nominated gem and*

*Glenn Close “is thoroughly beguiling” (The New York Times) as the mail-order bride who teaches a lonely family to love again. When Kanas farmer Jacob Witting (Christopher Walken) advertises for a “kind woman” to take care of his two motherless children. Sarah Wheaton travels from Maine to the Prairies to start a new life. Sarah’s lively devotion to her motherly duties soon overcomes the children’s distrust by bringing love into their daily life. But Jacob can’t let go of his late wife’s memory...until a determined Sarah opens the door of his lonely heart and takes their family over the threshold to a bright new beginning. From the universally acclaimed best-seller by Patricia MacLachlan comes a tender, heartwarming, classic that will be treasured by the whole family for years to come.*

### **Community Karaoke Afternoon**

Join us for an unforgettable afternoon of music, connection, and joy at this month’s Community Karaoke Afternoon! This event will take place on Friday, October 24<sup>th</sup>, at 1:30 PM in Harmony Hall. Whether you’re ready to belt out your favourite tune or prefer to sit back and enjoy the performances, this event is for everyone. **Light refreshments will be provided.**

### **Circle of Harmony**

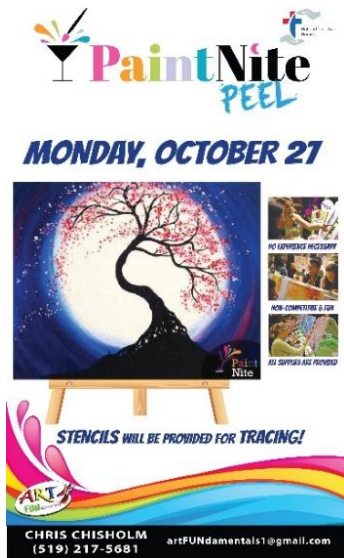
On Friday, October 24<sup>th</sup> at 7pm in Heritage Hall you will have the opportunity to watch Circle of Harmony perform. Doors open at 6:30pm. This event will have an open offering collected at the end of the performance. Light refreshments will be provided.

*Circle of Harmony is an a cappella chorus based in Oakville, the chorus’ signature 4-part harmony sound, musical variety, and passionate singing have earned them a reputation for professionalism in their many performances.*

*Under the direction of Master Director Barbara Hodge*

### **Paint Night Comes to HCH**

On Monday, October 27<sup>th</sup> at 7pm in Harmony Hall paint night comes to HCH, and the team from ART FUNDamentals will be here to help. You’ll enjoy some good music, snacks, refreshments and share some laughs & new memories with your friends and guests around you.



There's absolutely NO EXPERIENCE NECESSARY & all supplies are provided - so you can focus on just having a good time!

This event is designed to be fun, non-competitive and stress-free. We don't take ourselves too seriously here and you'll be amazed at what you can create with a little guidance and encouragement! The cost of this event is \$30 per person. This includes everything you will need to create the picture above and snacks & refreshments. Sign up at Front Reception. Staff/Families welcome to sign up as well.

## Coffee Social ☕

On Thursday, October 30<sup>th</sup> in Harmony Hall at 1:30pm the HCH coffee social partnered with Encore to present the Encore Thrift Boutique Fashion Show. The cost will be \$4, which will get you a sweet treat + warm beverage and the chance to see this wonderful show. Hope to see you there!

## OCTOBER VENDORS

**Wednesday, October 1<sup>st</sup>** – Solomon's Clothing ~ **Location:** Across from the Faith Manor elevators

**Thursday, October 2<sup>nd</sup>** – Simply Pretty Jewellery ~ **Location:** Across from the Faith Manor elevators

**Tuesday, October 7<sup>th</sup>** – Traditions Alive ~ **Location:** Across from the Faith Manor elevators

**Thursday, October 9<sup>th</sup>** – Avon ~ **Location:** Across from the Faith Manor elevators

**Tuesday, October 14<sup>th</sup>** – Kip's Scrubs ~ **Location:** Across from the Faith Manor elevators

**Thursday, October 16<sup>th</sup>** – Nelly's Comfort Shoes ~ **Location:** Outside Horizon Hall



**Tuesday, October 21st** – Bedding & More ~ **Location:** Across from the Faith Manor elevators

**Thursday, October 23<sup>rd</sup>** – Origami Owl Jewellery ~ **Location:** Across from the Faith Manor elevators

**Tuesday, October 28<sup>th</sup>**– Comfort Shoe Haven ~ **Location:** Across from the Faith Manor elevators

### Reoccurring Programs

| <b>Event</b>                          | <b>Date &amp; Time</b>       | <b>Location</b>                                     |
|---------------------------------------|------------------------------|-----------------------------------------------------|
| Peace Tower<br>Coffee Social          | Mondays<br>10:30am           | Horizon Hall                                        |
| Roman Catholic Mass                   | Mondays<br>10am              | Harmony Hall                                        |
| BINGO                                 | Mondays 2pm<br>& Fridays 7pm | Harmony Hall                                        |
| Let's Sing                            | Mondays<br>7pm               | Heritage Hall                                       |
| Hope & Trinity Tower<br>Coffee Social | Tuesdays<br>10am             | Harmony Hall                                        |
| Current Events                        | Tuesdays<br>10:30am          | King Tower Library                                  |
| Fun + Fitness                         | Tuesdays & Fridays<br>11am   | Heritage Hall                                       |
| Bridge Club                           | Tuesdays<br>1pm              | King Tower Library                                  |
| Covenant Tower Coffee<br>Social       | Tuesdays<br>2:30pm           | Covenant Tower<br>Lounge                            |
| Bid Euchre                            | Tuesdays<br>6:30pm           | Providence Tower<br>Meeting Room                    |
| Busy Hands                            | Wednesdays<br>9am            | Trinity Tower<br>Meeting Room                       |
| Nordic Pole Walking                   | Wednesday<br>9am             | Meet at Billiards<br>Room across Front<br>Reception |

|                                   |                                  |                                  |
|-----------------------------------|----------------------------------|----------------------------------|
| Hymn Sing and Bible Study         | Wednesdays<br>10am               | Horizon Hall                     |
| Art Expressions                   | Wednesdays<br>1:30pm             | Trinity Tower<br>Meeting room    |
| Cribbage Club                     | Wednesdays<br>1:30pm             | Providence Tower<br>Meeting Room |
| Operation Mercy Yarn Pick<br>up   | Every other<br>Wednesdays<br>2pm | Harmony Hall                     |
| Tai Chi                           | Thursdays<br>10:30am             | Horizon Hall                     |
| Klaverjassen                      | Thursdays<br>1pm                 | King Tower Library               |
| KTEE Euchre                       | Thursdays<br>7pm                 | Horizon Hall                     |
| Games Night                       | Friday 7pm                       | Horizon Hall                     |
| Providence Tower<br>Coffee Social | Saturdays<br>10am                | Providence Tower<br>Meeting Room |
| King Tower<br>Coffee Social       | Saturdays<br>10am                | Horizon Hall                     |

## Upcoming Events

### **Toronto Sinfonia comes to HCH**

On Friday, December 12<sup>th</sup> at 7pm in Heritage Hall you will have the opportunity to watch The Toronto Sinfonia Orchestra perform. Doors open at 6:15pm. This event is a ticketed event (Performance will NOT be on Channel 990), and can be purchased at Front Reception (\$45 a ticket). Light refreshments will be provided.

*"Sinfonia Toronto has toured twice in Europe, South America, China, United States and Canada. In Canada it tours regularly throughout its home province of Ontario. Sinfonia Toronto has enjoyed great critical acclaim both at home and in international tours. The Toronto Star noted "a remarkable range of colour," "ample eloquence" and "gripping authority," La Scena Musicale wrote "Nurhan Arman and his orchestra literally*

conquered us." Its 2008 tour in Germany drew headlines like "A world-class ensemble", and "Sinfonia Toronto Thrilled the Audience." Its 2010 tour of Spain was greeted with calls for encores at every concert, including a thrilling four encores demanded by the audience at the renowned hall l'Auditori in Barcelona. The orchestra's every concert in South America received standing ovations, demands for multiple encores, superb reviews and requests to return. The Musical Tribune in Buenos Aires hailed Sinfonia Toronto's performances in the Centro Cultural Kirchner as "definitive performances" and went on to say, "Here we were able to appreciate not only the high technical quality of the instrumentalists but also the unity of phrasing the director has achieved and his musicality." **Deadline for tickets will be October 15<sup>th</sup>. With Christmas being a busy time for the orchestra, we need to give them lots of notice.**

### **Towers Nursing News**

**\*\*Dates are subject to change. Announcements for date/time changes will be posted on CH990.**

- ❖ For Denturist clinic please call (905) 453-3393 to send your information in for appointment. CARRS will contact you with an appointment time.
- ❖ **Mobility Clinic:** October 15th, Clinic starts at 1pm.
- ❖ **Hearing Aid Clinic:** Call 905-793-3962 or 416-843-1986 to book an appointment with Wendy Caswell.
- ❖ **Foot Care Nurse:** October 8<sup>th</sup> & 22<sup>nd</sup>. Please sign up on the list at TNO.
- ❖ Dr. Douglas Vlaskamp's **Chiropractic** open Friday afternoons 1:30-3:40pm, please call his office for an appointment at 905-451-3963
- ❖ **Physiotherapy Department:** Open. Please call 647-717-3422 to book an appointment



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If you are a Veteran living in our community, we would like to honour you.

We will be holding a Remembrance Day service and during the service would like to acknowledge all the Veterans that we have living at HCH as a way to recognize you for your service to your country. We will also be sharing this list in the November Tie that Binds.

Please contact Ashley at Ext. 5262 to get your name on this list.

## **Brampton Senior Citizens Club 106**

*(Adults over 50 are welcome)*

**Come and join our**

# ***Cardinals Choir***

**We sing in 4 part harmony and perform Concerts twice a year  
Practices are held Mondays, 9:30 to 11:30am weekly**

**in the Auditorium at the Flower City Senior's Centre (8870 McLaughlin Rd South)**

**A knowledge of choral singing is helpful**

**Next session starts Mon. 8th September**

**For more info please contact:**

**Sandy (Chair) 905-791-9806 or Liz (Co-Chair) 416-660-0557**

## **FROM THE DESK OF THE ADMISSIONS OFFICE**

Following you will find the changes that have taken place at Holland Christian Homes during the month of September.

### **We welcome to the Towers:**

|                                    |         |
|------------------------------------|---------|
| Mrs. Edelgard Hecke                | TT 514  |
| Mrs. Hendrika Koffyberg            | TT 106  |
| Mrs. Rosemary Dubyk                | TT 219  |
| Mr. Andrew & Mrs. Diana Adema      | HT 310  |
| Mrs. Felicity Alexander            | KT 608  |
| Mr. Sandy & Mrs. Kathleen Iacoucci | CT 1207 |

### **We welcome to Faith Manor:**

|                         |          |
|-------------------------|----------|
| Mrs. Sherry Lynn Romijn | FM 225-2 |
|-------------------------|----------|

### **We welcome to Grace Manor:**

|                   |         |
|-------------------|---------|
| Mrs. Dorothy Monk | GM 116S |
| Mr. Ronald Taylor | GM 316  |

### **Changes within the facility:**

|                  |                  |
|------------------|------------------|
| Mrs. Lena Venema | KT 907 to FM 310 |
|------------------|------------------|

### **We had to say Good-Bye to:**

|                        |        |
|------------------------|--------|
| Mrs. Hildegard Weidner | TT 605 |
| Mrs. Laura Sas         | CT 703 |
| Mrs. Betty Greydanus   | HT 107 |

Our thoughts and prayers are with the loved ones of those that have passed away:

### **We remember:**

|                       |        |
|-----------------------|--------|
| Mrs. Maria Bulario    | GM 116 |
| Mrs. Deolinda Moniz   | FM 310 |
| Mrs. Zulmira Carreiro | GM 316 |
| Mr. Robert Young      | GM 206 |

*Sincerely,  
Gifty Adjei  
Tenant Business Services*



## October Birthdays

|          |                   |        |
|----------|-------------------|--------|
| PeT 1604 | Hermina Morsink   | 01-Oct |
| TT 414   | Linda DiFiore     | 02-Oct |
| PT 1007  | Fernande Tremblay | 03-Oct |
| KT 508   | Jean Pypker       | 03-Oct |
| HT 606   | Mohinder Johal    | 04-Oct |
| CT 410   | Diane Heary       | 05-Oct |
| HT 211   | Betty Thomson     | 06-Oct |
| HT 505   | Eda Klompmaker    | 06-Oct |
| TT 412   | Peta Karges       | 06-Oct |
| KT 208   | Hennie Tenhage    | 08-Oct |
| PeT 508  | Gertrude Poland   | 10-Oct |
| HT 709   | Hilda Lenstra     | 10-Oct |
| PeT 1204 | Maria Wieringa    | 11-Oct |
| PT 304   | Lydia Fletcher    | 12-Oct |
| PT 307   | Maria Ward        | 12-Oct |
| PT 908   | Frank Dinardo     | 13-Oct |
| PeT 1704 | John Huibers      | 14-Oct |
| PT 1105  | Deborah Oliver    | 14-Oct |
| PT 1002  | Wilhelmus Vanveen | 20-Oct |
| PeT 1101 | George VanDyk     | 20-Oct |
| CT 701   | Roderick Clue     | 21-Oct |
| TT 419   | Sue Anne Smith    | 22-Oct |
| TT 617   | Donald Wynne      | 23-Oct |
| HT 409   | Inge Vandenberg   | 25-Oct |
| PT 1001  | Beverley Carkner  | 26-Oct |
| KT 1502  | Cecil Bechamp     | 26-Oct |
| PeT 1002 | Glen Mast         | 27-Oct |
| PeT 1306 | Wilhelm Kastein   | 28-Oct |
| HT 104   | James Sleeth      | 31-Oct |







## November Birthdays

|         |                     |        |
|---------|---------------------|--------|
| PT 706  | Renee Robertson     | 01-Nov |
| PeT 907 | Helena Wilson       | 04-Nov |
| PeT 407 | Everdina Knor       | 05-Nov |
| KT 703  | Heather Campbell    | 06-Nov |
| KT 1204 | Daniel J. Vanbeilen | 08-Nov |
| KT 1002 | Alice Stassen       | 08-Nov |
| PeT1506 | Dicky Bronsveld     | 09-Nov |
| PeT1601 | Ann Deruiter        | 10-Nov |
| KT1303  | Stien Ligterink     | 10-Nov |
| HT611   | Sonya Kalverda      | 11-Nov |
| PeT1002 | Rosemary Mast       | 14-Nov |
| PT301   | Antonio Baptista    | 15-Nov |
| HT512   | John Smele          | 17-Nov |
| CT1105  | Joanne Maan         | 18-Nov |
| KT1003  | Deborah O'Rourke    | 18-Nov |
| CT1003  | Eda Steringa        | 19-Nov |
| CTPH06  | Helen Steinke       | 21-Nov |
| HT501   | Gurinder Grewal     | 23-Nov |
| CT412   | Joan Suggett        | 23-Nov |
| CT902   | Rose Daley          | 23-Nov |
| KT509   | Lia Boonstra        | 25-Nov |
| HT503   | Jean Kisby          | 27-Nov |
| PeT402  | Joan Knobl          | 28-Nov |
| PeT1103 | Marian Speelman     | 28-Nov |
| PT301   | Maria Baptista      | 29-Nov |



## *Editor's Note*

Dear Tenants,

Welcome to October!

The fall weather is here again, my favourite time of year:) I hope you are all able to get out and see the fall colours over this next month.

Please enjoy this issue of the Tie that Binds. As always, if you have anything you would like me to include in future issues, please don't hesitate to reach out to me or stop by my office.

Thanks,

Trish Krale

### **Tie that Binds Feedback Form**

Name:

Comments:

# Weather

Find and circle all of the words that are hidden in the grid.  
The remaining letters spell an additional weather word.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | O | R | E | C | A | S | T | Y | W | F | O | G | R | T | O |
| D | P | C | W | N | T | R | T | I | N | V | T | E | B | H | D |
| R | I | T | H | O | T | E | N | H | E | N | T | S | L | E | A |
| I | S | H | G | O | N | D | M | R | U | E | U | F | I | R | N |
| Z | U | G | N | H | Y | S | C | P | M | N | A | S | Z | M | R |
| Z | I | U | I | P | E | A | H | O | E | H | D | C | Z | O | O |
| L | S | O | N | Y | S | I | R | U | R | R | I | E | A | M | T |
| E | L | R | T | T | R | A | E | E | M | M | A | L | R | E | P |
| I | E | D | H | S | B | U | N | N | A | I | L | T | D | T | F |
| E | C | O | G | R | O | H | O | N | A | A | D | I | U | E | R |
| N | O | O | I | A | E | R | U | P | U | C | M | I | A | R | E |
| O | L | L | L | I | T | S | F | Q | N | T | I | R | T | H | E |
| L | D | F | T | N | T | A | S | H | O | W | E | R | O | Y | Z |
| C | Y | T | I | L | I | B | I | S | I | V | O | E | R | T | E |
| Y | T | I | M | O | N | S | O | O | N | O | N | D | L | U | S |
| C | C | L | O | U | D | S | E | I | R | R | U | L | F | S | H |

|            |           |           |             |
|------------|-----------|-----------|-------------|
| BAROMETER  | FLOOD     | ICE       | STORM       |
| BLIZZARD   | FLURRIES  | LIGHTNING | SUNNY       |
| CELSIUS    | FOG       | MIST      | TEMPERATURE |
| CLOUDS     | FORECAST  | MONSOON   | THERMOMETER |
| COLD       | FREEZE    | OVERCAST  | THUNDER     |
| CYCLONE    | FROST     | RAIN      | TORNADO     |
| DOWNPOUR   | HAIL      | SHOWER    | TSUNAMI     |
| DRIZZLE    | HOT       | SLEET     | TYPHOON     |
| DROUGHT    | HUMIDITY  | SNOW      | VISIBILITY  |
| FAHRENHEIT | HURRICANE | SQUALL    | WINDY       |