

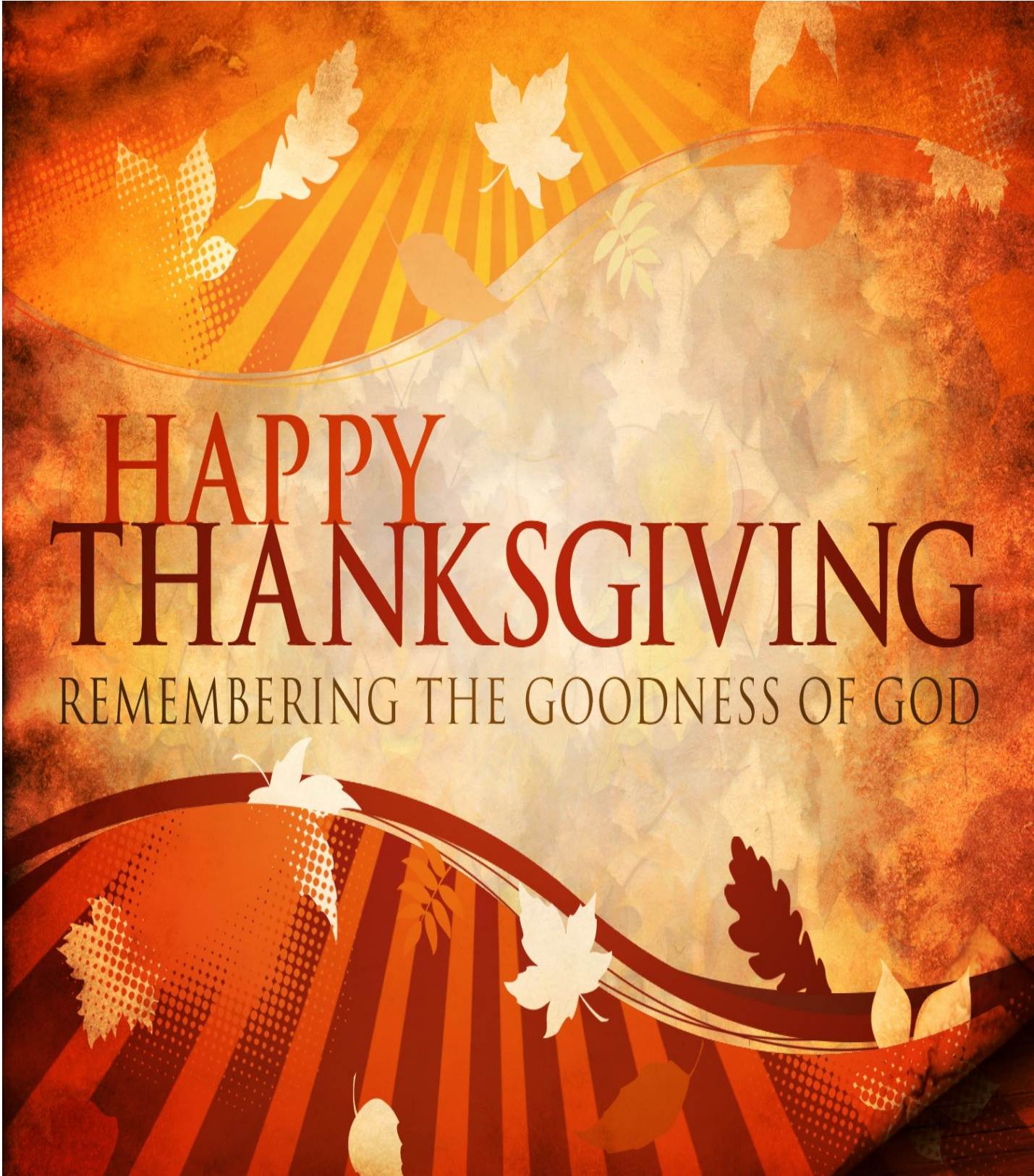


October Windmill Way Neighborhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Catholic Service Every Mon at 10:00 (Harmony Hall) Devotions Tues/Thurs at 10am CH.990 Spiritual Care Visits Mon, Tue, Thurs Mon, Tues & Thurs	All group activities subject to modification into 1:1 visits according to public Health directives	St. Johns Pet Visits weekly 	1 10am Fun & Fitness 2pm Word Game 2:30pm Bible Study 7pm Dominoes Night 	2 10am Flower Arranging 11am Fun & Fitness 2pm Hymn Sing With Eldon 3pm Relaxing in Nature	3 10am Fun & Fitness 2pm Bingo 3pm Relaxing Hymns 	4 11am Balloon Tennis 3pm Puzzles 4pm Movie Hour
5 10am Church Service Ch.990 3pm Train Simulator 4pm Movie Hour 7pm Church Service ch.990 	6 10am Fun & Fitness 2pm Windmill Way Bakery 3pm Room Visits 7pm Cards Night	7 10am Fun & Fitness 2pm Windmill Way Craft shop 3pm Movie Hour	8 11am Fun & Fitness 2:30pm Bible Study 3pm Indoor Strolls 	9 10:30am Zamar Music 11am Flower Arranging 2pm Hymn Sing With Eldon 2pm Mobility with Sheila	10 10am Fun & Fitness 2pm Bingo 3pm Room Visits 7pm Ladies Club-Manicures 	11 10am Breakfast Club 2pm Thanksgiving Tea & Pumpkin Pie Social 3pm Movie Hour
12 Thanksgiving Sunday  10am Church Service Ch. 990 2pm The Trues and False of Thanksgiving 3pm Relaxing in Nature	13 Happy Thanksgiving 10am Thanksgiving Service Ch.990 3pm Thanksgiving Traditions	14 10am Fun & Fitness 2pm Windmill Way Craft shop 3pm Shopping Trip 7pm Leafs Night!	15 10am Fun & Fitness 2pm Super Quiz 2:30pm Bible Study 3pm Movie Hour 7pm Room Visits 	16 10am Flower Arranging 11am Fun & Fitness 2pm Hymn Sing With Eldon 3pm Euchre Club—Rainbow Ridge	17 10am Fun & Fitness 2pm Bingo 3pm Relaxing Hymns 	18 11am Balloon Tennis 3pm Outdoor Strolls 4pm Movie Hour
19 10am Church Service Ch.990 3pm 1:1 Visits 4pm Relaxing Hymns 	20 10am Fun & Fitness 2pm Pumpkin Decorating 3pm Virtual Fun! 7pm Puzzle Night	21 10am Fun & Fitness 2pm Windmill Way Craft shop 3pm Movie Hour	22 Welcome Tea 10am Welcome Tea-Covenant Dining Room 11am Fun & Fitness 2:30pm Bible Study 3pm Room Visits 	23 Wendy's Luncheon 10am Flower Arranging 10am Multi-Faith Service—Harmony Hall 2pm Sing Along with Eldon 3pm 1:1 Visits	24 10am Fun & Fitness 2pm Bingo 3pm Windmill Way Book Club 7pm Ladies Club-Manicures 7:15pm Raptor's Game Night	25 10am Breakfast Club 2pm Wonders of the World—The Sphinx 3pm Room Visits
26 10am Church Service Ch.990 2pm Sunday Board Games 3pm Relaxing Hymns 7pm Church Service ch.990 	27 11am Fun & Fitness 3pm Relaxing in Nature 4pm Movie Hour	28 10am Fun & Fitness 2pm Windmill Way Craft shop 3pm Shopping Trip 6:15pm Leafs Night !	29 10am Fun & Fitness 2pm Hot Chocolate Social 2:30 Bible Study 7pm Evening Sing Along With Susie Q 	30 Resident Council 10am Flower Arranging 10:30am Virtual Reality Experience 2pm Hymn Sing with Eldon 2pm Resident Council Huddle	31 10am Fun & Fitness 2pm Bingo 3pm Movie Hour 	

Welcome to Windmill Way Neighborhood !



HAPPY
THANKSGIVING

REMEMBERING THE GOODNESS OF GOD



Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.