

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2025 Harmony House Life Enrichment			9:30-11:00 1 -Active Games -Snap & Fold -Calendar Distribution 1:00-3:00 <i>-Men's Club</i> -Loops & Laughs Club Yom Kippur Begins	9:30-11:00 2 -Devotion -Bible Study 12:00-8:00 <i>-Mobility Stretches</i> -Seasonal Craft -Connect 4	9:30-11:00 3 -Sensory Stimulation -Chair Zumba -Snap & Fold -Scrapbooking 1:00-3:00 <i>-Hymn Sing</i>	9:30-11:00 4 <i>-Feathered Friends</i> -Dominoes -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 5 -Church Service -Snap & Fold 1:00-7:00 -Manicure Spa -Loops & Laugh Club -Church Service	12:00-8:00 6 -Cookie Jar Club -Discussion Circle -Table Games -Music & Relaxation -Movie under the Star Sukkot Begins	9:30-11:00 7 <i>-Catholic Mass</i> -Devotion -Physio Moves 1:00-3:00 -Table Games <i>-Chapel Service</i>	9:30-11:00 8 -Active Games -Word Game 1:00-7:00 <i>-Bus Trip</i> -Artful Moments <i>-Bingo</i>	9:30-11:00 9 -Devotion -Bible Study -Snap & Fold 1:00-3:00 -Seasonal Craft -Shuffleboard	9:30-11:00 10 -Sensory Stimulation -Chair Zumba -Scrapbooking -Snap & Fold 1:00-3:00 <i>-Hymn Sing</i>	9:30-11:00 11 -Chair Zumba -Dominoes -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 12 -Sensory Stimulation -Church Service -Snap & Fold 1:00-3:00 -Manicure Spa -Loops & Laugh Club	9:30-11:00 13 -Active Games -Church Service -Snap & Fold 1:00-3:00 <i>-Pumpkin Spice Social</i> Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	9:30-11:00 14 <i>-Catholic Mass</i> -Devotion -Physio Moves 1:00-3:00 -Active Games <i>-Chapel Service</i> Simchat Torah Begins	9:30-11:00 15 -Active Games -Word Game -Snap & Fold 1:00-3:00 <i>-Men's Club</i> -Loops & Laughs Club	9:30-11:00 16 -Devotion -Bible Study 12:00-8:00 -Chair Zumba -Seasonal Craft -Movie under the Star	9:30-11:00 17 -Sensory Stimulation -Chair Zumba -Scrapbooking -Snap & Fold 1:00-3:00 <i>-Hymn Sing</i>	9:30-11:00 18 -Chair Zumba -Dominoes -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 19 -Sensory Stimulation -Church Service -Snap & Fold 1:00-3:00 -Manicure Spa -Loops & Laugh Club	12:00-8:00 20 -Chair Zumba -Table Games -Artful Moments -Loops & Laughs Club -Musical Melodies	9:30-11:00 21 <i>-Catholic Mass</i> -Devotion -Physio Moves 1:00-3:00 -Table Games <i>-Chapel Service</i>	9:30-11:00 22 <i>-Welcome Tea Social</i> -Snap & Fold 1:00-7:00 <i>-Men's Club</i> -Loops & Laughs Club <i>-Bingo</i>	9:30-11:00 23 -Sensory Stimulation <i>-Zamar Music</i> -Bible Study 1:00-3:00 -Active Games -Seasonal Craft	9:30-11:00 24 -Sensory Stimulation -Chair Zumba -Scrapbooking -Snap & Fold 1:00-3:00 <i>-Hymn Sing</i>	9:30-11:00 25 -Chair Zumba -Dominoes -Snap & Fold 1:00-3:00 -Bingo -Netflix Movie Hour
9:30-11:00 26 -Sensory Stimulation -Church Service -Snap & Fold 1:00-7:00 -Loops & Laugh Club -Church Service	9:30-11:00 27 -Active Games -Snap & Fold -Artful Moments 1:00-3:00 -Table Games <i>-Residents' Council</i>	9:30-11:00 28 <i>-Catholic Mass</i> -Devotion -Physio Moves 1:00-3:00 -Active Games <i>-Chapel Service</i>	9:30-11:00 29 -Active Games -Word Game -Snap & Fold 1:00-3:00 <i>-Men's Club</i> -Loops & Laugh Club	9:30-11:00 30 -Devotion -Bible Study 12:00-8:00 -Chair Zumba -Seasonal Craft -Musical Melodies	9:30-11:00 31 -Sensory Stimulation -Chair Zumba -Scrapbooking -Snap & Fold 1:00-3:00 <i>-Hymn Sing</i> Halloween	



Life Enrichment Glossary

Snap & Fold- Folding of Clothes Protector

Scrapbooking- (Residents making their own Photo Books)

Sensory Stimulation- (Items on Snoezelen Cart or Activity Bins)

Chair Zumba-Exercise

Music & Relaxation- (Snoezelen Room/ Snoezelen Cart)

Seasonal Craft- (Making Crafts for Christmas Bazaar)

Loops & Laughs Club-Knitting, Crocheting or Embroidery

Discussion Circle- Resident Spotlight, Culture Change Chronical (Open Discussion)

The Cookie Jar Club-Baking (Cupcakes, Cookie, Cake)

Active Games-Balloon Toss, Ball Toss, Skee Ball, Parachute

Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss

Artful Moments-Fall Coloring Pages, Painting, Canvas Painting

Musical Melodies-Sing Along, Karaoke, Drumming Circle

