

Salty Shores Residents Directed Programs

Lifestyle & Leisure Moments

Mobility Stretches with Shelia

Thursday October 2 @2pm

Feathered Friends with the Budgie Birds

Saturday October 4 @ 2pm

Pumpkin Spice Social

Thanksgiving Day October 13 @ 2pm

Welcome Tea Social

(Recently moved in neighbors)

Wednesday October 22@10am

Fall Bus Trip

4 wheelchair,4 ambulatory or (3X6 or 2X7)

Wednesday October 22 @2pm

Zamar Music performs in the Atrium

Thursday October 23@10am

Life Enrichment Glossary

Snap & Fold (with Shirley F., Starr & Jean)- Folding of Clothes Protector

Loops & Laughs Club (with Tina & Company)- Knitting, Crocheting or Embroidery

Breakfast Club (with Shirley W.)-Calendar Discussion, Resident Spotlight, News & Views

The Reading Club (with Jean & Magda)- Ties That Binds, Culture Change Chronical, Daily Bread, Daily Chronicle

The Cookie Jar Club (with Johnny or Florence)-Baking (Cupcakes, Cookie, Cake)

Artful Moment - Fall Coloring Pages, Water Painting, Canvas Painting, Arts & Craft

Scrapbooking- (Residents making their own Photo Books)

Green Thumbs (with Jolly)- Care of Neighborhood Plants

Music Melody- Sing Along, Karaoke, Drumming Circle, Piano Playing, Playing an Instrument

Seasonal Craft- (Residents making Craft for Christmas Bazaar)

Music & Relaxation- (Items on Snoezelen Cart or Activity Bins)

Virtual Games-Tovertafel or Obie, Virtual Headset, iPad

Chair Zumba-Exercise, ROM

Active Games-Balloon Tennis, Ball Toss, Badminton, Balloon Toss, Skee Ball, Parachute

Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss, Dice Game, Dominoes, Bingo