	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				9:30-11:00 1	9:30-11:00	2 9:30-11:00	3 9:30-11:00	4
_		_ 1		-Music & Relaxation	-Physio Moves	-Green Thumbs	-Music & Relaxation	
•		ober	ソハソス	-Calendar Distribution	-Bible Study	-Chair Zumba	-Snap & Fold	
			ZUZU	-Snap & Fold	12:00-8:00	-Scrapbooking	-Reading Club	1
				1:00-3:00	-Artful Moments	-Snap & Fold	-Artful Moments	
		/ Shores		-Artful Moments	-Seasonal Craft	1:00-3:00	1:00-3:00	
	Resident-Directed Programs			-Loops & Laughs Club	-Connect 4	-Artful Moments	-Table Games	
	9:30-11:00 5	12:00-8:00 6	9:30-11:00 7	9:30-11:00 8	9:30-11:00	9 9:30-11:00	10 9:30-11:00	11
	-Church Service	-Music & Relaxation	-Music & Relaxation	-Music & Relaxation	-Devotion	-Green Thumbs	-Chair Zumba	
	-Manicure Spa	-The Cookie Jar Club	-Breakfast Club	-Breakfast Club	-Physio Moves	-Chair Zumba	-Snap & Fold	
	-Snap & Fold	-Discussion Social	-Snap & Fold	-Snap & Fold	-Bible Study	-Scrapbooking	-Reading Club	
	1:00-7:00	-Table Games	1:00-3:00	1:00-7:00	-Snap & Fold	-Snap & Fold	-Artful Moments	
		-Vintage Film Evening	-Table Game	-Artful Moments	1:00-3:00	1:00-3:00	1:00-3:00	
	-Church Service	Sukkot Begins	-Seasonal Craft	-Loops & Laughs Club	-Seasonal Craft	-Artful Moments	-Table Games	
	9:30-11:00 12		9:30-11:00 14	9:30-11:00 15	9:30-11:00 1	6 9:30-11:00	17 9:30-11:00	18
	-Church Service	-Music & Relaxation	-Music & Relaxation	-Music & Relaxation	-Physio Moves	-Green Thumbs	-Chair Zumba	
	-Manicure Spa	-Church Service	-Breakfast Club	-Breakfast Club	-Bible Study	-Chair Zumba	-Snap & Fold	
	-Snap & Fold	-Snap & Fold	-Snap & Fold	-Snap & Fold	12:00-8:00	-Scrapbooking	-Reading Club	
	1:00-3:00	1:00-3:00	1:00-3:00	1:00-3:00	-Chair Zumba	-Snap & Fold	-Artful Moments	
	-Artful Moments	-Pumpkin Spice Social	-Active Games	-Artful Moments	-Seasonal Craft	1:00-3:00	1:00-3:00	
	-Loops & Laugh Club	Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	-Seasonal Craft Simchat Torah Begins	-Loops & Laughs Club	-Vintage Film Eveninç	-Artful Moments	-Table Games	
			9:30-11:00 21			3 9:30-11:00		25
	-Church Service	-Chair Zumba	-Music & Relaxation	-Music & Relaxation	-Music & Relaxation	-Green Thumbs	-Chair Zumba	
	-Snap & Fold		-Breakfast Club	-Snap & Fold	-Zamar Music	-Chair Zumba	-Snap & Fold	
	-Manicure Spa	O	-Snap & Fold	1:00-7:00	-Snap & Fold	-Scrapbooking	-Reading Club	
	1:00-3:00	-Loops & Laughs Club		-Bus Trip	1:00-3:00	-Snap & Fold	-Artful Moments	
	-Artful Moments		-Active Games	-Loops & Laughs Club		1:00-3:00	1:00-3:00	
	-Loops & Laugh Club		-Seasonal Craft	-Artful Moments	-Seasonal Craft	-Artful Moments	-Table Games	
	9:30-11:00 26	9:30-11:00 27	9:30-11:00 28	9:30-11:00 29	9:30-11:00	0 9:30-11:00	31	
4	-Church Service	-Music & Relaxation	-Music & Relaxation	-Music & Relaxation	-Music & Relaxation	-Green Thumbs		
	-Snap & Fold	-Chair Zumba	-Breakfast Club	-Breakfast Club	-Snap & Fold	-Chair Zumba		
~	-Manicure Spa	•	-Snap & Fold	-Snap & Fold	12:00-8:00	-Scrapbooking	Holland Christia	n
			1:00-3:00	1:00-3:00	-Chair Zumba	-Snap & Fold	Homes	111
7	,		-Table Games	-Artful Moments	-Seasonal Craft	1:00-3:00	Hollies	
	-Church Service	-Artful Moments	-Seasonal Craft	-Loops & Laughs Club	-Musical Melodies	-Artful Moments Halloween		
	Salty Shores Residents Di	rected Programs						1

Lifestyle & Leisure Moments

Mobility Stretches with Shelia

Thursday October 2 @2pm

Feathered Friends
with the Budgie Birds
Saturday October 4 @ 2pm

Pumpkin Spice Social
Thanksgiving Day October 13 @ 2pm

Welcome Tea Social

(Recently moved in neighbors)
Wednesday October 22@10am

Fall Bus Trip

4 wheelchair,4 ambulatory or (3X6 or 2X7) Wednesday October 22 @2pm

Zamar Music performs in the Atrium Thursday October 23@10am

Life Enrichment Glossary

Snap & Fold (with Shirley F., Starr & Jean)- Folding of Clothes Protector

Loops & Laughs Club (with Tina & Company)- Knitting, Crocheting or Embroidery

Breakfast Club (with Shirley W.)-Calendar Discussion, Resident Spotlight, News & Views

The Reading Club (with Jean & Magda)- Ties That Binds, Culture Change Chronical, Daily Bread, Daily Chronicle

The Cookie Jar Club (with Johnny or Florence)-Baking (Cupcakes, Cookie, Cake)

Artful Moment - Fall Coloring Pages, Water Painting, Canvas Painting, Arts & Craft

Scrapbooking- (Residents making their own Photo Books)

Green Thumbs (with Jolly)- Care of Neighborhood Plants

Music Melody- Sing Along, Karaoke, Drumming Circle, Piano Playing, Playing an Instrument

Seasonal Craft- (Residents making Craft for Christmas Bazaar)

Music & Relaxation - (Items on Snoezelen Cart or Activity Bins)

Virtual Games-Tovertafel or Obie, Virtual Headset, iPad

Chair Zumba-Exercise, ROM

Active Games-Balloon Tennis, Ball Toss, Badminton, Balloon Toss, Skee Ball, Parachute

Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss, Dice Game, Dominoes, Bingo