

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 November 2025 Harmony House Life Enrichment Programs							9:30-11:00 1 -Feathered Friends -Snap & Fold -Chair Zumba 1:00-3:00 -Bingo
9:30-11:00 2 -Church Service -Snap & Fold 1:00-07:00 -Seasonal Craft -Church Service Daylight Saving Time Ends	12:00-8:00 3 -Chair Zumba -Snap & Fold -Seasonal Craft -Table Games -Manicure Spa	9:30-11:00 4 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -Chapel Service	9:30-11:00 5 -Chair Zumba -Word Game 1:00-8:00 -Men's Club -Bingo	9:30-11:00 6 -Active Games -Bible Study -Snap & Fold 1:00-3:00 -Seasonal Craft	9:30-11:00 7 -Chair Zumba -Snap & Fold 1:00-3:00 -Seasonal Craft -Hymn Sing	9:30-11:00 8 -Chair Zumba -Dominoes -Snap & Fold 1:00-3:00 -Poppy Craft	
9:30-11:00 9 -Church Service -Snap & Fold 1:00-03:00 -Poppy Craft -Church Service	9:30-11:00 10 -Active Games -Snap & Fold -Artful Moments 1:00-3:00 -Poppy Craft	9:30-11:00 11 -Catholic Mass -Church Service -Physio Moves 1:00-3:00 -Chapel Service Remembrance Day (Canada)	9:30-11:00 12 -Word Game -Snap & Fold 1:00-3:00 -Men's Club -Seasonal Craft	12:00-8:00 13 -Chair Zumba -Snap & Fold -Seasonal Craft -Table Games -Cinema Theatre	9:30-11:00 14 -Chair Zumba -Snap & Fold 1:00-3:00 -Seasonal Craft -Hymn Sing	9:30-11:00 15 -Chair Zumba -Seasonal Craft -Snap & Fold 1:00-3:00 -Children Church Choir	
9:30-11:00 16 -Church Service -Snap & Fold 1:00-3:00 -Seasonal Craft -Church Service	12:00-8:00 17 -Chair Zumba -Snap & Fold -Seasonal Craft -Table Games -Musical Melodies	9:30-11:00 18 -Catholic Mass -Snap & Fold -Physio Moves 1:00-3:00 -Chapel Service	9:30-11:00 19 -Word Games -Snap & Fold 1:00-8:00 -Men's Club -Bingo	9:30-11:00 20 -Zamar Music -Bible Study 1:00-3:00 -Active Games -Seasonal Craft	9:30-3:00 21 -The Cookie Jar Club (Bake & Chat) -Seasonal Craft -Bazaar Preparation -Hymn Sing	10:00-2:00 22 	
9:30-11:00 23 -Church Service -Snap & Fold 1:00-7:00 -Chocolate Tea Social -Church Service	9:30-11:00 24 -Active Games -Snap & Fold 1:00-3:00 -Table Games -Residents' Council	9:30-11:00 25 -Catholic Mass -Snap & Fold -Physio Moves 1:00-3:00 -Chapel Service	9:30-11:00 26 -Word Game -Snap & Fold 1:00-03:00 -Men's Club -Loops & Laugh Club	12:00-8:00 27 -Chair Zumba -Snap & Fold -Artful Moments -Help Mobility VR -Manicure Spa Thanksgiving Day (U.S.)	9:30-03:00 28 -The Cookie Jar Club (Bake & Chat) -Birthday Party -Eggnog -Hymn Sing	9:30-11:00 29 -Chair Zumba -Snap & Fold -Dominoes 1:00-3:00 -Bingo	
9:30-11:00 30 -Church Service -Communion -Snap & Fold 1:00-3:00 -Loops & Laugh Club	 Christmas Bazaar Saturday November 22nd 10-2pm Heritage Hall						



Life Enrichment Glossary

Snap & Fold- Folding of Clothes Protector

Scrapbooking- (Residents making their own Photo Books)

Sensory Stimulation- (Items on Snoezelen Cart or Activity Bins)

Chair Zumba-Exercise

Music & Relaxation- (Snoezelen Room/ Snoezelen Cart)

Seasonal Craft- (Christmas Bazaar/ Christmas Craft)

Loops & Laughs Club-Knitting, Crocheting or Embroidery

Discussion Circle- Resident Spotlight, Culture Change Chronical
(Open Discussion)

The Cookie Jar Club-Baking (Cupcakes, Cookie, Cake)

Active Games-Balloon Toss, Ball Toss, Skee Ball, Parachute

Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss

Artful Moments-Christmas Coloring Pages, Canvas Painting

Musical Melodies-Sing Along, Karaoke, Drumming Circle

