



December 2025 Sunshine Springs



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <i>Merry Christmas</i> GOD BLESS YOU	1 10AM Singalong 11AM Fun & Fitness 2PM 1:1 Visits 4PM Family Feud 7PM Table Games	2 10AM Word Game 11AM Physio Moves 2PM Christmas Decoration 3PM I Love Lucy	3 11AM Fun & Fitness 3PM 1:1 visits 4PM Andre Rieu	4 Smile Serenades! 10:30 Physio Moves 11AM Christmas Caroling! 1:15 Flower Arranging 2PM Bingo 3PM	5 10AM Bible Study 2PM Bean Bag Toss 4PM Country Gospels 7PM Singalong-Rainbow	6 10AM Fun & Fitness 2PM Connect 4 4PM Planet Earth
7 10AM Church Service (Ch.990) 11AM Gaither Gospel Tour 3PM Christmas Town 7PM Church Service (Ch.990) 	8 10AM Andre Rieu 11AM Fun & Fitness 2 PM Christmas Stories 4PM Mr. Bean Show	9 10AM Devotion 11AM Physio Moves 2PM Bingo 3PM Puzzle 7PM Movie Night 	10 10AM Fun & Fitness 2PM Christmas Card making 4PM Deal or No Deal 7PM Reindeer Reconnaissance	11 Christmas Carols with Tristan! 10 AM Physio Moves 10.30AM Christmas Show with Tristan 1:15PM Flower Arranging 2PM Bingo 3PM Netflix Movie Resident Choice 	12 10AM Bible Study 2PM Explore the World 3PM Relaxing Hymns	13 11AM Balloon Toss 3PM Men's Group 4PM Movie Hour-Christmas Chronicles 
14 U10 AA Youth Hockey Team Visits 10AM Church Service (Ch.990)  11AM Music and Memories 3PM Nature Show 7PM Church Service	15 10AM Singalong 11AM Fun & Fitness 3PM 1:1 Visits 4PM Family Feud 7PM Christmas Table Talk Tidbits	16 10AM Word Game 11AM Physio Move 2PM Virtual Reality 3PM Price Is Right	17 11AM Fun & Fitness 3PM Comedy Hour 4PM Andre Rieu	18 Multi Faith Service (10am) 10:30 Physio Moves 11AM Sing Along With Ray 1:15 Flower Arranging 2PM Bingo 	19 John Moorhouse Entertains! 10AM Bible Study 11AM Christmas Carolling John Moorhouse 2PM What I Am? 4PM Indoor Strolls 7PM Singalong-Rainbow	20 10AM Fun & Fitness 2PM Family Feud 3PM Pet Visit (Coco)
21 10AM Church Service (Ch.990)  11PM Dice Games 3PM Plant Care 7PM Church Service (Ch.990)	22 11AM Fun & Fitness 3PM Strolls 4PM The Lucy Show	23 10AM Balloon Toss 11AM Physio Moves 2PM Bingo 3PM Dominoes 7PM Movie Night 	24 Christmas Eve 11AM Fun & Fitness 2PM Christmas Table Talk Tidbits 4PM Comedy Corner 7PM Christmas Eve Service (CH.990)	25 Merry Christmas 10AM Fun & Fitness 11AM Sing Along With Ray 2PM Christmas Celebration	26 10AM Bible Study 2PM Baking Club 3pm Family Feud 	27 11AM Balloon Toss 2PM Women's Club 4PM Movie Hour
28 10AM Church Service (Ch.990)  2PM Google Earth 3PM Dominoes 7PM Church Service (Ch.990)	29 10AM Word Game 11AM Fun & Fitness 3PM Balloon Toss 4PM Movie Hour 7PM Sing Along	30 10AM Word Game 11AM Physio Moves 2PM Resident Council-Rainbow-5th 3PM I Love Lucy	31 New Year's Eve 11AM Fun & Fitness 3PM Ring Toss 4PM Midweek Movie 7PM New Years Eve Service Ch.990	All group activities subject to modification into 1:1 visits according to public Health directives.	 Catholic Service Every Mon at 10:00 (Harmony Hall) Devotions Tues/Thurs at 10:00 Ch.990 Spiritual Care Visits Mon, Wed & Friday	 St. Johns Pet Visits weekly

Sunshine Springs

Life Enrichment Programs

WINTER WORD SEARCH



Created by
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Grand Forks Herald
2010

W	E	A	T	H	E	R	W	G	S	F	P	S	F	M
O	H	J	V	O	L	J	O	N	J	V	H	N	J	J
K	F	R	A	C	S	M	E	O	K	O	L	O	M	G
D	R	H	B	P	T	T	D	P	V	B	P	W	W	N
I	E	L	J	Q	T	O	I	E	L	J	Q	F	O	I
W	E	P	N	I	W	K	L	I	P	N	S	L	K	T
S	Z	Q	M	W	Q	D	S	D	Q	M	F	A	D	A
N	I	A	K	S	B	I	U	W	A	K	F	K	I	K
A	N	S	L	I	D	E	I	S	S	L	U	E	W	S
M	G	W	J	C	D	L	L	A	W	J	M	D	S	W
W	W	X	I	D	S	N	O	W	X	I	R	B	U	X
O	C	C	U	F	D	D	P	C	C	U	A	D	D	C
N	V	D	O	M	G	G	N	I	D	D	E	L	S	D
S	B	E	P	I	C	C	R	E	T	N	I	W	C	E
F	S	L	I	P	P	E	R	Y	R	T	A	H	H	R

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

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|------------|--------------|--------------|--------------|
| 1. Snow | 5. Shovel | 9. Slippery | 13. Scarf |
| 2. Snowman | 6. Cold | 10. Slide | 14. Hat |
| 3. Winter | 7. Freezing | 11. Sledding | 15. Earmuffs |
| 4. Weather | 8. Snowflake | 12. Skating | 16. Mittens |



Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.