

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12:00-8:00 -Chair Zumba -Snap & Fold -Calendar Distribution -Table Games -Manicure Spa	2 9:30-11:00 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -Chapel Service	3 9:30-11:00 -Chair Zumba -Word Game 1:00-8:00 -Men's Club -Movie Matinee	4 9:30-11:00 -Active Games -Bible Study -Snap & Fold 1:00-3:00 -Smile Theatre	5 9:30-11:00 -Chair Zumba -Snap & Fold -Sinterklaas Visit 1:00-3:00 -Hymn Sing	6 9:30-11:00 -Chair Zumba -Artful Moments -Snap & Fold 1:00-3:00 -Bingo
7 9:30-11:00 -Church Service -Snap & Fold 1:00-07:00 -Manicure Spa -Church Service	8 9:30-11:00 -Active Games -Snap & Fold -Artful Moments 1:00-3:00 -Table Games	9 9:30-11:00 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -Chapel Service	10 9:30-11:00 -Word Game -Snap & Fold 1:00-3:00 -Men's Club -Movie Matinee	11 12:00-8:00 -Chair Zumba -Snap & Fold -Tristan Sings 2PM -Table Games -Cinema Theatre	12 9:30-11:00 -Chair Zumba -Snap & Fold -Artful Moments 1:00-3:00 -Hymn Sing	13 9:30-11:00 -Chair Zumba -Artful Moments -Snap & Fold 1:00-3:00 -Children's Choir
14 9:30-11:00 -Church Service -Snap & Fold 1:00-07:00 -Youth Hockey Visit -Church Service Hanukkah Begins	15 12:00-8:00 -Chair Zumba -Snap & Fold -Christmas Party 2S -Table Games -Manicure Spa	16 9:30-11:00 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -VR Headset	17 9:30-11:00 -Chair Zumba -Word Game 1:00-8:00 -Christmas Party 2N -Movie Matinee	18 9:30-11:00 -Active Games -Bible Study -Snap & Fold 1:00-3:00 -Christmas Movie	19 9:30-11:00 -Chair Zumba -Table Games -Snap & Fold 1:00-3:00 -John Moorehouse	20 9:30-11:00 -Chair Zumba -Artful Moments -Snap & Fold 1:00-3:00 -Bingo
21 9:30-11:00 -Church Service -Snap & Fold 1:00-07:00 -Manicure Spa -Church Service Winter Begins	22 9:30-11:00 -Active Games -Snap & Fold -Artful Moments 1:00-3:00 -Table Games	23 9:30-11:00 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -Chapel Service	24 9:30-11:00 -Word Game -Snap & Fold 1:00-3:00 -Neighborhood Social -Church Service	25 12:00-8:00 -10am Church Service -Snap & Fold -Christmas Movie -Gift Giving -Music & Relaxation Christmas	26 9:30-11:00 -Chair Zumba -Snap & Fold -Artful Moments 1:00-3:00 -Table Games Buziway (Canada) Kwanzaa Begins	27 9:30-11:00 -Chair Zumba -Active Games -Snap & Fold 1:00-3:00 -Bingo
28 9:30-11:00 -Church Service -Snap & Fold 1:00-07:00 -Manicure Spa -Church Service	29 12:00-8:00 -Chair Zumba -Snap & Fold -Artful Moments -Table Games -Movie Hour	30 9:30-11:00 -Catholic Mass -Snap & Fold -Physio Moves 1:00-03:00 -Chapel Service	31 9:30-11:00 -Active Games -Snap & Fold 1:00-8:00 -New Year's Social -Church Service New Year's Eve	December 2025 Harmony House Leisure Program		



Life Enrichment Glossary

Snap & Fold- *Folding of Clothes Protector*

Scrapbooking- *(Residents making their own Photo Books)*

Sensory Stimulation- *(Items on Snoezelen Cart or Activity Bins)*

Chair Zumba-*Exercise*

Music & Relaxation- *(Snoezelen Room/ Snoezelen Cart)*

Loops & Laughs Club-*Knitting, Crocheting or Embroidery*

Discussion Circle- *Resident Spotlight, Culture Change Chronical
(Open Discussion)*

The Cookie Jar Club-*Baking (Cupcakes, Cookie, Cake)*

Active Games-*Balloon Toss, Ball Toss, Skee Ball, Parachute*

Table Games-*Ludo, Snake & Ladder, Card Games, Ring Toss*

Artful Moments-*Christmas Coloring Pages, Canvas Painting*

Musical Melodies-*Sing Along, Karaoke, Drumming Circle*

