

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>12:00-8:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Calendar Distribution -Table Games -Manicure Spa	<b>2</b> <b>9:30-11:00</b> -Music & Relaxation - <i>Snap &amp; Fold</i> -Active Games <b>1:00-3:00</b> -Artful Moments	<b>3</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Word Game <b>1:00-8:00</b> -Christmas Movie	<b>4</b> <b>9:30-11:00</b> -Physio Moves -Bible Study - <i>Snap &amp; Fold</i> -Smile Serenades Performs	<b>5</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> <b>1:00-3:00</b> -Community Program -Artful Moment	<b>6</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Dominoes <b>1:00-3:00</b> -Bingo
<b>7</b> <b>9:30-11:00</b> -Church Service - <i>Snap &amp; Fold</i> <b>1:00-7:00</b> -Manicure Spa -Church Service	<b>8</b> <b>9:30-11:00</b> -Active Games - <i>Snap &amp; Fold</i> -Artful Moments <b>1:00-3:00</b> -Table Games	<b>9</b> <b>9:30-11:00</b> -The Breakfast Club - <i>Snap &amp; Fold</i> -Active Games <b>1:00-3:00</b> -Community Program	<b>10</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Word Game <b>1:00-8:00</b> -Community Program	<b>11</b> <b>9:30-11:00</b> -Physio Moves -Bible Study <b>12:00-8:00</b> -Community Program -Cinema Theatre	<b>12</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> <b>1:00-3:00</b> -Carol Sing Along -Artful Moment	<b>13</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Community Program -Bingo
<b>14</b> <b>9:30-11:00</b> -Church Service - <i>Snap &amp; Fold</i> <b>1:00-7:00</b> -Community Program -Church Service <small>Hanukkah Begins</small>	<b>15</b> <b>12:00-8:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Christmas Party -Christmas Music -Christmas Movie	<b>16</b> <b>9:30-11:00</b> -The Breakfast Club - <i>Snap &amp; Fold</i> -Active Games <b>1:00-3:00</b> -Community Program	<b>17</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Word Game <b>1:00-8:00</b> -Community Program	<b>18</b> <b>9:30-11:00</b> -Physio Moves -Bible Study - <i>Snap &amp; Fold</i> <b>1:00-3:00</b> -Artful Moments	<b>19</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> <b>1:00-3:00</b> -Community Program -Artful Moment	<b>20</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Dominoes <b>1:00-3:00</b> -Bingo
<b>21</b> <b>9:30-11:00</b> -Church Service - <i>Snap &amp; Fold</i> <b>1:00-7:00</b> -Manicure Spa -Church Service <small>Winter Begins</small>	<b>22</b> <b>9:30-11:00</b> -Active Games - <i>Snap &amp; Fold</i> -Artful Moments <b>1:00-3:00</b> -Artful Moments	<b>23</b> <b>9:30-11:00</b> -The Breakfast Club - <i>Snap &amp; Fold</i> -Active Games <b>1:00-3:00</b> -Community Program	<b>24</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Word Game <b>1:00-8:00</b> -Community Program	<b>25</b> <b>9:30-11:00</b> -Church Service -Snap & Fold <b>12:00-8:00</b> -Carol Sing Along -Christmas Movie <small>Christmas</small>	<b>26</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> <b>1:00-3:00</b> -Table Games -Artful Moment <small>Boxing Day (Canada) Kwanzaa Begins</small>	<b>27</b> <b>9:30-11:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Dominoes <b>1:00-3:00</b> -Bingo
<b>28</b> <b>9:30-11:00</b> -Church Service - <i>Snap &amp; Fold</i> <b>1:00-7:00</b> -Manicure Spa -Church Service	<b>29</b> <b>12:00-8:00</b> -Chair Zumba - <i>Snap &amp; Fold</i> -Table Games -Sing Along -Movie Hour	<b>30</b> <b>9:30-11:00</b> -The Breakfast Club - <i>Snap &amp; Fold</i> -Active Games <b>1:00-3:00</b> -Community Program	<b>31</b> <b>9:30-11:00</b> -Chair Zumba -Snap & Fold -Table Games -Community Program <small>New Year's Eve</small>	<div>December 2025</div> <div>Salty Shores Leisure Program</div>		

# Lifestyle & Leisure Moments

Smile Serenades  
4th

Sinterklaas Visit  
5th

Tristan Performs  
11th

Children's Choir  
13th

Youth Hockey Visit  
14th

John Moorehouse  
19th

# Life Enrichment Glossary

**Snap & Fold** (with Shirley F., Starr & Jean)- Folding of Clothes Protector

**Loops & Laughs Club** (with Tina & Company)- Knitting, Crocheting or Embroidery

**Breakfast Club** (with Shirley W.)-Calendar Discussion, Resident Spotlight, News & Views

**The Reading Club** (with Jean & Magda)- Ties That Binds, Culture Change Chronical, Daily Bread, Daily Chronicle

**The Cookie Jar Club** (with Johnny or Florence)-Baking (Cupcakes, Cookie, Cake)

**Artful Moment** - Fall Coloring Pages, Water Painting, Canvas Painting, Arts & Craft

**Scrapbooking**- (Residents making their own Photo Books)

**Green Thumbs** (with Jolly)- Care of Neighborhood Plants

**Music Melody**- Sing Along, Karaoke, Drumming Circle, Piano Playing, Playing an Instrument

**Music & Relaxation**- (Items on Snoezelen Cart or Activity Bins)

**Virtual Games**-Tovertafel or Obie, Virtual Headset, iPad

**Chair Zumba**-Exercise, ROM

**Active Games**-Balloon Tennis, Ball Toss, Badminton, Balloon Toss, Skee Ball, Parachute

**Table Games**-Ludo, Snake & Ladder, Card Games, Ring Toss, Dice Game, Dominoes, Bingo