

JANUARY 2026 Faith Manor Garden Grove

SUNDAY

St. Johns Pet Visits weekly



MONDAY

All group activities subject to 1:1 visits according to public health directives

TUESDAY

Catholic Service
Every Mon at 10am
(Harmony Hall)
Devotions
Tues/Thurs at 10am CH.990



Spiritual Care Visits
Mon, Wed & Fri

WEDNESDAY



THURSDAY

1 Happy New Year
10am New Year Hymns
11am Flower Arranging
2pm New Year Social
3pm Andre Rieu Concert
4:15pm Board Games
6:15pm Bowling
7pm New Year's Eve Service

FRIDAY

2 10am Christmas Sing Song with Jim and Sadie
11am Balloon Toss
2pm Let's bake a Chocolate Cake!
3:30pm TV Game Show
4:15pm Parachute
6:15pm Music Evening



SATURDAY

3 10am Indoor strolls
11am Table Games
2pm Beauty Corner
3:30pm Movie Afternoon



4 Lord Supper

10am Church Service
CH #990
11am 1-1 Visits
2pm Balloon Tennis
3:30 pm Movie Afternoon



5

10am Hymn Sing
11am Physio Moves
1pm 1-1 Visits
2pm Bingo
3pm I Dream of Jeanie
4:05pm Snoezelen
6:15pm Balloon Tennis



6

10am Indoor Strolls
11am Balloon Toss
2pm **Paint Afternoon**
3:30pm I Love Lucy
4:15pm 1-1 Montessori
6:15pm Who am I



7

10:00am Bible Study/Reflections
10:30am Indoor Strolls
11am Physio Moves
2pm Beauty Corner
3:30pm 1-1
Plane Simulator
4:05 pm Table Golf
6:15 Horse Racing



8

10am Hymn Sing
11am Flower Arranging
2pm Bingo
3pm Andre Rieu Concert
4:15pm 1-1 Visits
6:15pm Balloon Tennis



9

10am Christmas Sing Song with Jim and Sadie
11am Balloon Toss
2pm Cookie Decorating
3:30pm TV Game Show
4:15pm Parachute
6:15pm Music Evening



10

10am Indoor Strolls
11am Table Games
2pm Beauty Corner
3:30pm Movie
4:05pm Bracelet Making
6:15pm Balloon Tennis



11 10am Church Service
CH#990

11am 1:1 Visits
2pm Puzzle Afternoon
3:30pm Movie Afternoon
4:05pm 1:1 Montessori
6:15 pm Horse Racing
7pm Church Service CH#990



12

10am Hymn Sing
11am Physio Moves
1pm 1-1 Visits
2pm Bingo
3pm I Dream of Jeanie
4:05pm Ladder Toss
6:15pm Balloon Tennis

13

10am Indoor Strolls
11am Balloon Toss
2pm Craft Corner
3:30pm I Love Lucy
4:15pm 1-1 Montessori
6:15pm Travelogue



14

10:00am Bible Study/Reflections
10:30am Indoor Strolls
11am Physio Moves
2pm Beauty Corner
3:30pm 1-1 Train Simulator
4:05 pm Mini Basketball
6:15 Horse Racing

15

10am Hymn Sing
11am Flower Arranging
2pm Bingo
3pm Andre Rieu Concert
4:15pm Board Games
6:15pm Bowling



16

10am Hymn Sing with Jim and Sadie
11am Balloon Toss
2pm Let's Bake Apple Pie!
3:30pm TV Game Show
4:15pm Parachute
6:15pm Music Evening



17

10am Indoor strolls
11am Table Games
2pm Beauty Corner
3:30pm Movie Afternoon



18 10am Church Service
CH #990

11am 1-1 Visits
2pm Balloon Tennis
3:30 pm Movie Afternoon



19

10am Hymn Sing
11am Physio Moves
1pm 1:1 Visits
2pm Bingo
3pm I Dream of Jeanie
4:05pm Snoezelen
6:15pm Balloon Tennis



20

10am Indoor Strolls
11am Balloon Toss
2pm Craft Corner
3:30pm I Love Lucy
4:15pm 1-1 Montessori
6:15pm Bowling



21

10:00am Bible Study/Reflections
10:30am Indoor Strolls
11am Physio Moves
2pm Beauty Corner
3:30pm 1-1
Plane Simulator
4:05pm Table Golf
6:15pm Mini Basketball



22

10:30am Mobility Class with Sheila
11 am Flower Arranging
2pm Bingo
3pm Andre Rieu Concert
4:15pm 1-1 Visits
6:15pm Balloon Tennis

23

10am Birthday Party with Jim and Sadie
11am Balloon Toss
2pm Hot Chocolate Social !
3:30pm TV Game Show
4:15pm Parachute
6:15pm Music Evening



24

10am Indoor Strolls
11am Table Games
2pm Beauty Corner
3:30pm Movie
4:05pm Bracelet Making
6:15pm Balloon Tennis

25 10am Church Service
CH#990

11am 1-1 Visits
2pm Discussion Group
3:30pm Movie Afternoon
4:05pm 1:1 Montessori
6:15 pm Horse Racing
7pm Church Service CH#990



26

10am Hymn Sing
11am Physio Moves
1pm 1-1 Visits
2pm Bingo
3pm I Dream of Jeanie
4:05pm Ladder Toss
6:15pm Balloon Tennis



27

10am Indoor Strolls
11am Balloon Toss
2pm Craft Corner
3:30pm I Love Lucy
4:15pm 1-1 Montessori
6:15pm Travelogue

28

10:00am Bible Study/Reflections
10:30am Indoor Strolls
11am Physio Moves
2pm Beauty Corner
3:30pm 1-1
Plane Simulator
4:05pm Table Golf
6:15pm Horse Racing



29

10am Hymn Sing
11am Flower Arranging
2pm Bingo
3pm Andre Rieu Concert
4:15pm Board Games
6:15pm Bowling

30

10am Hymn Sing with Jim and Sadie
11am Balloon Toss
2pm Popcorn Social
3:30pm TV Game Show
4:15pm Parachute
6:15pm Music Evening



31

10am Indoor strolls
11am Table Games
2pm Beauty Corner
3:30pm Movie Afternoon

January 2026 Welcome to Garden Activity Calendar



Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.

Happenings:

Wondering where to go when on a visit with a loved one? Join us in the second floor corridor at the train simulator. We even have the Kids Zone right next door to the simulator, for the little ones to play when visiting loved ones

Catholic Mass– Catholic Mass will be in Harmony Hall every Monday at 10am.

Beauty Corner– Hand and Nail care has now changed its name to Beauty Corner. Whether its getting your hair curled or getting your nails done, we are here for you! Don't let the name fool you though, we take care of men as well as ladies. For men we do a light nail filing (as long as it is tolerated) and a hand massage.

Bible study/ Reflection: to add to our spiritual care, we will be having Mebratu our Spiritual Care Coordinator come by on Wednesday mornings for a 30 minute bible study/ reflection on 1st floor.

Coco The Rabbit: Coco is on FM5 neighborhood. She is very social, loves cuddles and visits; please feel free to visit her on 5th floor.



Genesis 2:15 (NLT) The Lord God placed the man in the Garden of Eden to tend and watch over it.

