

# JANUARY 2026 Faith Manor Garden Grove

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>St. Johns Pet Visits weekly</b> 	<b>All group activities subject to 1:1 visits according to public health directives</b> 	<b>Catholic Service Every Mon at 10am (Harmony Hall)</b> <b>Devotions</b> Tues/Thurs at 10am CH.990 <b>Spiritual Care Visits</b> Mon, Wed & Fri 		<b>1 Happy New Year</b> 10am New Year Hymns 11am Flower Arranging <b>2pm New Year Social</b> 3pm Andre Rieu Concert 4:15pm Board Games 6:15pm Bowling <b>7pm New Year's Eve Service</b> 	<b>2</b> 10am Christmas Sing Song with Jim and Sadie 11am Balloon Toss <b>2pm Let's bake a Chocolate Cake!</b> 3:30pm TV Game Show 4:15pm Parachute 6:15pm Music Evening 	<b>3</b> 10am Indoor strolls 11am Table Games 2pm Beauty Corner 3:30pm Movie Afternoon 
<b>4 Lord Supper</b> 10am Church Service CH #990 11am 1-1 Visits 2pm Balloon Tennis 3:30 pm Movie Afternoon 	<b>5</b> 10am Hymn Sing 11am Physio Moves 1pm 1-1 Visits 2pm Bingo  3pm I Dream of Jeanie <b>4:05pm Snoezelen</b> 6:15pm Balloon Tennis 	<b>6</b> <b>10am Indoor Strolls</b> 11am Balloon Toss <b>2pm Paint Afternoon</b> 3:30pm I Love Lucy  4:15pm 1-1 Montessori 6:15pm Who am I 	<b>7</b> <b>10:00am Bible Study/Reflections</b> <b>10:30am Indoor Strolls</b> 11am Physio Moves 2pm Beauty Corner 3:30pm 1-1 Plane Simulator 4:05 pm Table Golf 6:15 Horse Racing 	<b>8</b> 10am Hymn Sing 11am Flower Arranging 2pm Bingo 3pm Andre Rieu Concert 4:15pm 1-1 Visits 6:15pm Balloon Tennis 	<b>9</b> 10am Christmas Sing Song with Jim and Sadie 11am Balloon Toss <b>2pm Cookie Decorating</b> 3:30pm TV Game Show 4:15pm Parachute 6:15pm Music Evening 	<b>10</b> <b>10am Indoor Strolls</b> 11am Table Games 2pm Beauty Corner 3:30pm Movie 4:05pm Bracelet Making 6:15pm Balloon Tennis 
<b>11</b> 10am Church Service CH#990 11am 1:1 Visits 2pm Puzzle Afternoon 3:30pm Movie Afternoon 4:05pm 1:1 Montessori 6:15 pm Horse Racing 7pm Church Service CH#990 	<b>12</b> 10am Hymn Sing 11am Physio Moves 1pm 1-1 Visits 2pm Bingo 3pm I Dream of Jeanie <b>4:05pm Ladder Toss</b> 6:15pm Balloon Tennis 	<b>13</b> <b>10am Indoor Strolls</b> 11am Balloon Toss  2pm Craft Corner  3:30pm I Love Lucy 4:15pm 1-1 Montessori 6:15pm Travelogue 	<b>14</b> <b>10:00am Bible Study/Reflections</b> <b>10:30am Indoor Strolls</b> 11am Physio Moves 2pm Beauty Corner 3:30pm 1-1 Train Simulator 4:05 pm Mini Basketball 6:15 Horse Racing 	<b>15</b> 10am Hymn Sing 11am Flower Arranging 2pm Bingo 3pm Andre Rieu Concert 4:15pm Board Games 6:15pm Bowling 	<b>16</b> 10am Hymn Sing with Jim and Sadie 11am Balloon Toss  <b>2pm Let's Bake Apple Pie!</b> 3:30pm TV Game Show 4:15pm Parachute 6:15pm Music Evening 	<b>17</b> <b>10am Indoor strolls</b> 11am Table Games 2pm Beauty Corner 3:30pm Movie Afternoon 
<b>18</b> 10am Church Service CH #990 11am 1-1 Visits 2pm Balloon Tennis 3:30 pm Movie Afternoon 	<b>19</b> 10am Hymn Sing 11am Physio Moves 1pm 1:1 Visits  2pm Bingo 3pm I Dream of Jeanie <b>4:05pm Snoezelen</b> 6:15pm Balloon Tennis 	<b>20</b> <b>10am Indoor Strolls</b> 11am Balloon Toss 2pm Craft Corner 3:30pm I Love Lucy 4:15pm 1-1 Montessori 6:15pm Bowling 	<b>21</b> <b>10:00am Bible Study/Reflections</b> <b>10:30am Indoor Strolls</b> 11am Physio Moves 2pm Beauty Corner 3:30pm 1-1 Plane Simulator 4:05pm Table Golf 6:15pm Mini Basketball 	<b>22</b> <b>10:30am Mobility Class with Sheila</b> 11 am Flower Arranging 2pm Bingo 3pm Andre Rieu Concert 4:15pm 1-1 Visits 6:15pm Balloon Tennis 	<b>23</b> 10am Birthday Party with Jim and Sadie 11am Balloon Toss  <b>2pm Hot Chocolate Social !</b> 3:30pm TV Game Show 4:15pm Parachute 6:15pm Music Evening 	<b>24</b> <b>10am Indoor Strolls</b> 11am Table Games 2pm Beauty Corner 3:30pm Movie 4:05pm Bracelet Making 6:15pm Balloon Tennis 
<b>25</b> 10am Church Service CH#990 11am 1-1 Visits 2pm Discussion Group 3:30pm Movie Afternoon 4:05pm 1:1 Montessori 6:15 pm Horse Racing 7pm Church Service CH#990 	<b>26</b> 10am Hymn Sing 11am Physio Moves 1pm 1-1 Visits  2pm Bingo 3pm I Dream of Jeanie <b>4:05pm Ladder Toss</b> 6:15pm Balloon Tennis 	<b>27</b> <b>10am Indoor Strolls</b> 11am Balloon Toss 2pm Craft Corner 3:30pm I Love Lucy 4:15pm 1-1 Montessori 6:15pm Travelogue 	<b>28</b> <b>10:00am Bible Study/Reflections</b> <b>10:30am Indoor Strolls</b> 11am Physio Moves 2pm Beauty Corner 3:30pm 1-1 Plane Simulator 4:05pm Table Golf 6:15pm Horse Racing 	<b>29</b> 10am Hymn Sing 11am Flower Arranging 2pm Bingo 3pm Andre Rieu Concert 4:15pm Board Games 6:15pm Bowling 	<b>30</b> 10am Hymn Sing with Jim and Sadie 11am Balloon Toss <b>2pm Popcorn Social</b> 3:30pm TV Game Show 4:15pm Parachute 6:15pm Music Evening 	<b>31</b> <b>10am Indoor strolls</b> 11am Table Games 2pm Beauty Corner 3:30pm Movie Afternoon 

# January 2026 Welcome to Garden Activity Calendar



## Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.

### Happenings:

Wondering where to go when on a visit with a loved one? Join us in the second floor corridor at the train simulator. We even have the Kids Zone right next door to the simulator, for the little ones to play when visiting loved ones

**Catholic Mass**— Catholic Mass will be in Harmony Hall every Monday at 10am.

**Beauty Corner**— Hand and Nail care has now changed its name to Beauty Corner. Whether its getting your hair curled or getting your nails done, we are here for you! Don't let the name fool you though, we take care of men as well as ladies. For men we do a light nail filing (as long as it is tolerated) and a hand massage.

**Bible study/ Reflection**: to add to our spiritual care, we will be having Mebratu our Spiritual Care Coordinator come by on Wednesday mornings for a 30 minute bible study/ reflection on 1st floor.

**Coco The Rabbit**: Coco is on FM5 neighborhood. She is very social, loves cuddles and visits; please feel free to visit her on 5th floor.



Genesis 2:15 (NLT) The Lord God placed the man in the Garden of Eden to tend and watch over it.