

January Salty Shores

S U N D A Y	M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y	S A T U R D A Y	
 Holland Christian Homes	<u>Daily Life Enrichment</u> <u>Lounge</u> <u>Tranquil Moments</u>	<u>Cozy Cove</u> <u>Daily Matinee</u> <u>Dining Room</u> <u>Breakfast Club</u>	<u>Living Room</u> Coloring Circle Puzzle Nook Tactile/Sensory Table Busy Bins	1000 Bible Study 1030 Physio Moves 1:00-3:00 Matinee Movie OR Community Stroll	1	2	3 10AM Giggle & Wiggle 1PM Celeb of the day 3 pm Guess it Right
COMMUNION 10 AM Church Service 7 PM Church Service 1:00-3:00 Matinee Movie OR	4 10 AM Chair Zumba 11 AM Singing the Oldies 1PM Spill the tea 3PM Community Stroll	5 10AM My Brag Book 1PM Cookie Jar Club 3PM Relaxation and Therapeutic touch	6 10 AM Balloon Toss 1PM Let's Create 3PM Neighborhood Bingo	7 8 1000 Bible Study 1030 Physio Moves 1:00-3:00 Matinee Movie OR	9 9:30-11:00 -Chair Zumba -Snap & Fold 1:00-3:00 -Coloring circle	10 10AM Giggle & Wiggle 1PM Celeb of the day 3 pm Guess it Right	
10 AM Church Service 7 PM Church Service 1:00-3:00 Matinee Movie OR	11 10 AM Chair Zumba 11 AM Singing the Oldies 1PM Spill the tea 3PM Community Stroll	12 10AM My Brag Book 1PM Cookie Jar Club 3PM Relaxation and Therapeutic touch	13 10 AM Balloon Toss 1PM Let's Create 3PM Neighborhood Bingo	14 15 1000 Bible Study 1030 Physio Moves 1:00-3:00 Matinee Movie OR	16 9:30-11:00 -Chair Zumba -Snap & Fold 1:00-3:00 -Painting pictures	17 10AM Giggle & Wiggle 1PM Celeb of the day 3 pm Guess it Right	
18 10 AM Church Service 7 PM Church Service 1:00-3:00 Matinee Movie OR	19 10 AM Chair Zumba 11 AM Singing the Oldies 1PM Spill the tea 3PM Community Stroll	20 10AM My Brag Book 1PM Cookie Jar Club 3PM Relaxation and Therapeutic touch	21 10 AM Balloon Toss 1PM Let's Create 3PM Neighborhood Bingo	22 23 1000 Bible Study 1030 Physio Moves 1:00-3:00 Matinee Movie OR Community Stroll	9:30-11:00 -Chair Zumba -Snap & Fold 1:00-7:00 Relaxing Hands	24 10AM Giggle & Wiggle 1PM Celeb of the day 3 pm Guess it Right	
10 AM Church Service 7 PM Church Service 1:00-3:00 Matinee Movie OR	25 10 AM Chair Zumba 11 AM Singing the Oldies 1PM Spill the tea 3PM Community Stroll	26 10AM My Brag Book 1PM Cookie Jar Club 3PM Relaxation and Therapeutic touch	27 10 AM Balloon Toss 1PM Let's Create 3PM Neighborhood Bingo	28 29 1000 Bible Study 1030 Physio Moves 1:00-3:00 Matinee Movie OR	9:30-11:00 -Chair Zumba -Snap & Fold 1:00-3:00	30 10AM Giggle & Wiggle 1PM Celeb of the day 3 pm Guess it Right	

Lifestyle & Leisure Moments

Feathered Friends
3rd

Mobility Movements
With Sheila 8th

Resident Council 26th

Life Enrichment Glossary

Resident led activities: *Snap & Fold, table games, puzzles, coloring, loops & laughs, Loops & Laughs Club Knitting, Crocheting or Embroidery*
Breakfast Club (with Shirley W.)-Calendar Discussion, Resident Spotlight, News & Views
The Reading Nook Ties That Binds, Culture Change Chronical, Daily Bread, Daily Chronicle
The Cookie Jar Club (with Johnny or Florence)-Baking (Cupcakes, Cookie, Cake)
Artful Moment - Seasonal Art, Water Painting, Canvas Painting, Arts & Craft
Scrapbooking- (Residents making their own Photo Books)
Green Thumbs (with Jolly)- Care of Neighborhood Plants Weekly
Music Melody- Sing Along, Karaoke, Drumming Circle, Piano Playing, Playing an Instrument
Music & Relaxation-
Virtual Games-Tovertafel or Obie, Virtual Headset, iPad
Chair Zumba-Exercise, ROM
Active Games-Balloon Tennis, Ball Toss, Badminton, Balloon Toss, Skee Ball, Parachute
Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss, Dice Game, Dominoes, Bingo