



June - Salty Shores & Harmony House



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daily Life Enrichment Lounge Tranquil Moments Dinning Room Breakfast club Common area Snap & Fold	1 1pm Strolls 2pm Spill the Tea 3:30 Neighborhood Bingo 6:30pm Discussion Group	2 10am My Brag Book 10:30am Physio Moves-HH 1pm ABBY Board Time 3pm Relaxation & Therapeutic touch	3 10am Fun and Fitness 1pm Outdoor Strolls 3:30pm Word Games	4 10am Bible Study-SS 10:30am Physio Moves-SS	5 1pm Green Thumbs Club	6 10am Giggle and Wiggle 1pm Trivia 2:30pm Nail Care-SS
7 10am Church Service 1pm Outdoor Walks 2:30pm Nail Care-HH 7pm Church Service	8 10am Fun and Fitness 11am Name that Tune 2pm Spill the Tea	9 10am My Brag Book 10:30am Physio Moves-HH 1pm ABBY Board Time 3pm Relaxation & Therapeutic touch	National Iced Tea Day 10 10am Iced Tea on the Patio 1pm Cranium Crunches	11 10am Bible Study-SS 10:30am Physio Moves-SS 3:30pm Loop and Laugh 6:30pm Snakes and Ladders	12 10am Fact Talk 12pm Luncheon Club: Swiss Chalet 1pm Green Thumbs Club	13 1pm Strolls
14 10am Church Service 1pm Outdoor Walks 2:30pm Nail Care-HH 7pm Church Service	15 1pm Strolls 2pm Spill the Tea 3:30 Neighborhood Bingo 6:30pm Discussion Group	16 10am My Brag Book 10:30am Physio Moves-HH 1pm ABBY Board Time 3pm Relaxation & Therapeutic touch	17 1pm Outdoor Strolls	18 10am Bible Study-SS 10:30am Physio Moves-SS	19 10am Fact Talk 1pm Green Thumbs Club	20 10am Giggle and Wiggle 1pm Trivia 2:30pm Nail Care-SS
Father's Day 21 10am Church Service 1pm Outdoor Walks 2pm Root Beer Floats 7pm Church Service	22 10am Fun and Fitness 11am Name that Tune 2pm Spill the Tea	23 10am My Brag Book 10:30am Physio Moves-HH 1pm ABBY Board Time 3pm Relaxation & Therapeutic touch	King Of the Day 24 10am Fun and Fitness 1pm Math Time!	25 10am Bible Study-SS 10:30am Physio Moves-SS 3:30pm Loop and Laugh 6:30pm Dominoes	26 10am Cookie Jar Club 1pm Green Thumbs Club	27 10am Outdoor Walks 1pm Trivia 2:30pm Nail Care-SS
28 10am Church Service 1pm Outdoor Walks 2:30pm Nail Care-HH 7pm Church Service	29 1pm Strolls 3:30 Neighborhood Bingo 6:30pm Discussion Group	30 10am My Brag Book 10:30am Physio Moves-HH 1pm ABBY Board Time 3pm Relaxation & Therapeutic touch	Activities held on Sunday, Tuesday, Thursday, and Saturday will take place at Harmony House (HH)	Living Room Coloring Circle Puzzle Nook Tactile/Sensory Table Busy Bins	Activities held on Monday, Wednesday & Friday, will take place at Salty Shores (SS)	Movie Matinee's 1-3pm Daily in the Cozy Cove

Lifestyle & Leisure Moments

Stretching with Sheila

Thursday, June 4th at
2pm

Feathered Friends

Saturday, June 13th at
10am

Zumba with Sheila

Wednesday, June 17th
at 10:30am

John Moorehouse

Thursday, June 25th at
2pm

Life Enrichment Glossary

Snap & Fold (with Shirley F., Starr & Jean)- Folding of Clothes Protector

Loops & Laughs Club (with Tina & Company)- Knitting, Crocheting or Embroidery

Breakfast Club (with Shirley W.)-Calendar Discussion, Resident Spotlight, News & Views

The Reading Club (with Jean & Magda)- Ties That Binds, Culture Change Chronical, Daily Bread, Daily Chronicle

The Cookie Jar Club (with Johnny or Florence)-Baking (Cupcakes, Cookie, Cake)

Artful Moment - Fall Coloring Pages, Water Painting, Canvas Painting, Arts & Craft

Scrapbooking- (Residents making their own Photo Books)

Green Thumbs (with Jolly)- Care of Neighborhood Plants

Music Melody- Sing Along, Karaoke, Drumming Circle, Piano Playing, Playing an Instrument

Music & Relaxation- (Items on Snoezelen Cart or Activity Bins)

Virtual Games-Tovertafel or Obie, Virtual Headset, iPad

Chair Exercise-Exercise, ROM

Active Games-Balloon Tennis, Ball Toss, Badminton, Balloon Toss, Skee Ball, Parachute

Table Games-Ludo, Snake & Ladder, Card Games, Ring Toss, Dice Game, Dominoes, Bingo