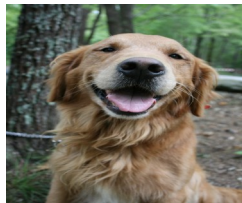




October 2026 Faith Manor Garden Grove

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	St. Johns Pet Visits Weekly  	 All group activities subject to 1:1 visits according to public health directives	Catholic Service Mon 10:00 Harmony Hall Devotions Tues/Thurs at 10am CH.990 Spiritual Care Visits Mon, Wed, Fri Church Service Sunday 10:00 Ch.990	1 10AM Suzy Q Sing Along 11AM 1-1 Visits 2PM Soup Making 3PM Andre Rieu Concert 4PM Indoor Strolls 6:15 Balloon Tennis	2 10AM Hymn Sing with Jim and Sadie 11AM Balloon Toss 2PM Travelogue 3PM TV Talent Show 4PM Abby Board 6:15 Autumn Music & Memories	3 10AM Indoor strolls 11AM Table Games 2PM Shuffle Board 3PM Movie Afternoon 4PM Beauty Corner 6:15 Balloon Toss
4 Lord's Supper 10AM Church Service 11AM 1-1 Visits 2PM Lets Make Tacos! 4PM 1:1 Montessori 6:15 Travelogue 7PM Church Service	5 10AM Beauty Corner 11AM Physio Moves 1PM 1-1 Visits 2PM Apple Pie Social 3PM I Dream of Jeanie 4PM Patio Visit 6:15 Balloon Tennis	6 10AM Indoor Strolls 11AM Balloon Toss 2PM Fall Sensory Social 3PM I Love Lucy 4PM 1-1 Montessori 6:15 Who Am I	7 10AM Bible Study Reflections 10:30 Indoor Strolls 11AM Physio Moves 2PM Beauty Corner 3:30 Table Games 4PM Abby Board 6:15 Movie Night	8 10AM Octoberfest- John Moorhouse 11AM 1-1 Visits 2PM Puzzles 3PM Andre Rieu Concert 4PM Indoor Strolls 6:15 Bowling	9 Multi-Faith 10AM Hymn Sing with Jim & Sadie 11AM Balloon Toss 2PM Travelogue 3PM TV Talent Show 4PM Abby Board 6:15 Music Evening	10 10AM Youth Group Visits 11AM 1-1 Visits 2PM Beauty Corner 3PM Movie Afternoon
11 Thanksgiving Sunday 10AM Church Service 11AM 1-1 Visits 2PM Balloon Tennis 3PM Afternoon Movie	12 Thanksgiving Day 10AM Thanksgiving Church Service 11AM Physio Moves 1PM 1:1 Visits 2PM Thanksgiving Tree 3PM I Dream of Jeanie 4PM Abby Board 6:15 Balloon Tennis	13 10AM Indoor Strolls 11AM Balloon Toss 2PM Craft Corner 3PM I Love Lucy 4PM 1-1 Montessori 6:15 Travelogue	14 Welcome Tea 10AM Bible Study/Reflections 10:30 Indoor Strolls 11AM Physio Moves 2PM Beauty Corner 3PM Craft Corner 4PM 1-1 Visits 6:15 Bowling	15 10AM Suzy Q Sing Along 11AM 1-1 Visits 2PM Men's Group- Billiards 3PM Andre Rieu Concert 4PM Indoor Strolls 6:15 Balloon Tennis	16 10AM Hymn Sing with Jim & Sadie 11AM Balloon Toss 2PM Travelogue 3PM TV Talent Show 4PM Abby Board 6:15 Music Evening	17 10AM Indoor strolls 11AM Table Games 2PM Shuffle Board 3PM Afternoon Movie 4PM Beauty Corner 6:15 Balloon Toss
18 10AM Church Service 11AM 1-1 Visits 2PM Balloon Tennis 4PM 1:1 Montessori 6:15 Travelogue 7PM Church Service	19 10AM Beauty Corner 11AM Physio Moves 1PM 1-1 Visits 2PM Pumpkin Spice Cake 3PM I Dream of Jeanie 4PM Abby Board 6:15 Balloon Tennis	20 10AM Indoor Strolls 11AM Balloon Toss 2PM Craft Corner 3PM I Love Lucy 4PM 1-1 Montessori 6:15 Who Am I	21 10AM Bible Study Reflections 10:30 Indoor Strolls 11AM Physio Moves 2PM Beauty Corner 3PM Table Games 4PM Abby Board 6:15 Movie Night	22 10AM Suzy Q Sing Along 11AM 1-1 Visits 2PM Mobility Class with Sheila 3PM Andre Rieu Concert 4PM Indoor Strolls 6:15 Bowling	23 10AM Hymn Sing with Jim & Sadie 11AM Balloon Toss 2PM Travelogue 3PM TV Talent Show 4PM Abby Board 6:15 Music Evening	24 10AM Indoor Strolls 11AM 1-1 Visits 2PM Beauty Corner 3:30 Movie Afternoon
25 10AM Church Service 11AM 1-1 Visits 2PM Balloon Tennis 3PM Afternoon Movie 7PM Church Service	26 10AM Beauty Corner 11AM Physio Moves 1PM 1:1 Visits 2PM Squash Soup Making 3PM I Dream of Jeanie 4PM Abby Board 6:15 Balloon Tennis	27 10AM Indoor Strolls 11AM Balloon Toss 2PM Craft Corner 3PM I Love Lucy 4PM 1-1 Montessori 6:15 Travelogue	28 10AM Bible Study/Reflections 10:30 Indoor Strolls 11am Physio Moves 2pm Beauty Corner 3pm Table Games 4pm Abby Board 6:15 Movie Night	29 10AM Suzy Q Sing Along 11AM 1-1 Visits 2PM Puzzles 3PM Andre Rieu Concert 4PM Indoor Strolls	30 10AM Hymn Sing with Jim and Sadie 11AM Balloon Toss 2PM Travelogue 3PM TV Talent Show 4PM Abby Board 6:15 Music Evening	31 10AM Indoor strolls 11AM Table Games 2PM Shuffle Board 3PM Afternoon Movie 4PM Beauty Corner 6:15 Balloon Toss

October 2026 Welcome to Garden Activity Calendar



Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.

Happenings:

Wondering where to go when on a visit with a loved one? Join us in the second floor corridor at the train simulator. We even have the Kids Zone right next door to the simulator, for the little ones to play when visiting loved ones

Catholic Mass– Catholic Mass will be in Harmony Hall every Monday at 10am.

Beauty Corner– Hand and Nail care has now changed its name to Beauty Corner. Whether its getting your hair curled or getting your nails done, we are here for you! Don't let the name fool you though, we take care of men as well as ladies. For men we do a light nail filing (as long as it is tolerated) and a hand massage.

Bible study/ Reflection: to add to our spiritual care, we will be having Mebratu our Spiritual Care Coordinator come by on Wednesday mornings for a 30 minute bible study/ reflection on 1st floor.

Coco The Rabbit: Coco is on FM5 neighborhood. She is very social, loves cuddles and visits; please feel free to visit her on 5th floor.



Genesis 2:15 (NLT) The Lord God placed the man in the Garden of Eden to tend and watch over it.

