November 2026 Windmill Way Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings Ends** **10am** **Church Service** **11am** Gaither Music **3pm** Community Visits **4pm** Is it Cake? (Netflix) **7pm** **Salvation Army Band Concert**	**2** **10am** Fun & Fitness **2pm** **Community Bingo** **3pm** Neighborhood Visits **6:45pm** Trivia Night	**3** **10am** Fun & Fitness **11am** Abby Board **2pm** Windmill Way Craft Club **3pm** Movie Hour- Our Planet **730pm** The Mattaniah Male Choir CH990	**4** **11am** Fun & Fitness **3pm** Neighborhood Visits **4pm** Relaxing Music	**5** **10am** Fun & Fitness **11am** Green Thumbs **2pm** Hymn Sing **2:30pm** Euchre Club Windmill Way	**6** **10am** Fun & Fitness **2pm** Windmill Way Craft Club **3pm** Movie Hour Ann With a 'E' **6:45pm** Hand/Nail Care	**7** **10am** Breakfast Club **11am** Christmas Décor Prep **2pm** Baking Club **3pm** Movie Hour– Our Planet
8 **Diwali** **10am** Church Service **2pm** Diwali Crafts Social **3pm** Relaxing Hymns **7pm** Church Service	**9** **11am** Fun & Fitness **3pm** Neighborhood Visits **4pm** Movie Hour– Little House on the Prairie	**10** **10am** Fun & Fitness **11am** Daily Chronicles **2pm** Bingo **3pm** Reading Club **6:45pm** Word Game **730pm** The Hosanna Choir CH990	**11** Remembrance Day **1030am** **Remembrance Day Service** /Moment of Silence **2pm** Mobility Class with Sheila **2:30pm** Bible Study **3pm** Relaxing Music **645pm** Trivia Night	**12** **Food Committee** **10am** Fun & Fitness **2pm** Hymn Sing **230pm** Euchre Club Windmill Way	**13** **Multi-Faith Service** **10am** **Multi-Faith** **10am** Fun & Fitness **2pm** Windmill Way Craft Club **3pm** Room Visits	**14** **11am** Active Games **3pm** Neighborhood Visits **4pm** Relaxing Music
15 **10am** **Church Service** **3pm** Abby Board **4pm** Movie Hour-Little House on the Prairie (Netflix) **7PM** Church Service	**16** **10am** Fun & Fitness **2pm** Windmill Way Craft Club **3pm** Relaxing Music **645pm** Room Visits	**17** **Celebration of Life (Horizon Hall)** **10am** Fun & Fitness **11am** Daily Chronicles **2pm** Bingo **3pm** Calendar Huddle **730pm** Circle of Harmony Ch990	**18** **11am** Fun & Fitness **3pm** Word Game **4pm** Movie Hour- I Love Lucy	**19** **10am** Fun & Fitness **2pm** Men's Billiards Club **2pm** Hymn Sing **230pm** Euchre Club- Windmill Way	**20** **10am** Fun & Fitness **2pm** Windmill Way Craft Club **3pm** Movie Hour Anne With an 'E' **6:45pm** Hand/Nail Care	**21** **Christmas Marketplace 10AM- 2PM (Heritage Hall 10-2)** **10am** Breakfast Club **11am** Neighborhood Visits **2pm** **High Tea Social** **3pm** Relaxing Music
22 **Lord's Supper** **10am** Lord's Supper Church Service **11am** Gaither's Band **2pm** Community Visits **3pm** Relaxing Music **7pm** Church Service	**23** **11am** Fun & Fitness **3pm** Abby Board **4pm** Movie Hour- Little House On The Prairie (Netflix)	**24** **10am** Fun & Fitness **11am** Christmas Decorating **2pm** Bingo **3pm** Movie Hour "is it Cake?" **6:45pm** Word Game **730pm** Heartland Singers- CH990	**25** **10am** Fun & Fitness **2pm** Baking Club **2:30pm** Bible Study **3pm** Calendar Huddle **645pm** Room Visits	**26** **10am** Fun & Fitness **11am** Coffee - The Snack Bar **2pm** Resident Council **2pm** Hymn Sing **230pm** Euchre Club- Windmill Way	**27** **10am** Fun & Fitness **2pm** Birthday Party! **3pm** Movie Hour Our Universe	**28** **11am** Active Games **3pm** Strolls **4pm** Movie Hour– I Love Lucy
29 **10am** Church Service **11am** Gaither Music **3pm** Community Visits **7pm** Church Service	**30** **Crazy Hat Day!!** **10am** Fun & Fitness **2pm** Crazy Hat Winners! **3pm** Abby Board **645pm** 1:1 Visits		**All group activities subject to modification into 1:1 visits according to public Health**	**Devotions Tues/Thurs 10am** **Catholic Service** Every Mon at 10:00 (Harmony Hall) **Spiritual Care Visits** Mon, Wed, Fri **Church Service** 10:00 Ch.990	**Resident Led Activities** • **Green Thumbs** • **Snap & Fold** • **Meal Time** • **Devotions** • **Coloring Club**	EDEN ALTERNATIVE® **St. John's Pet Visits Weekly**

Welcome to Windmill Way Neighborhood !

Life Enrichment Glossary

Neighborhood Visits– *Room Visits, 1:1 Visits*
Snap & Fold– *Folding meal protectors and placing them in the dining room*
Green Thumbs– *Taking Care of Plants in Neighborhood*
Community Strolls– *Residents leaving neighborhood on strolls Within HCH, Visiting other neighborhoods*
Reading Club- *Daily Chronical, Short Stories, Individual reading*
Breakfast Club– Tea and Coffee Morning gathering, Speaking on the news Etc
Active Games– Balloon Tennis, Ball Toss, Parachute Ball, Ring Toss

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Ten Principles

1. Loneliness, helplessness, and boredom are painful and destructive to our health and well-being.
2. A caring, inclusive and vibrant community enables all of us, regardless of age or ability, to experience well-being.
3. We thrive when we have easy access to the companionship we desire. This is the antidote to loneliness.
4. We thrive when we have purpose and the opportunity to give, as well as receive. This is the antidote to helplessness.
5. We thrive when we have variety, spontaneity, and unexpected happenings in our lives. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. Meaning is unique to each of us and is essential to health and well-being.
7. We are more than our medical diagnoses. Medical treatment should support and empower us to experience a life worth living.
8. Decision-making must involve those most impacted by the decision. Empowerment activates choice, autonomy, and influence.
9. Building a collaborative and resilient culture is a never-ending process. We need to keep learning, developing and adapting.
10. Wise leadership is the key to meaningful and lasting change. For it, there can be no substitute.